

預防人類豬型流感

Prevention of Human Swine Influenza

1. 經常清潔雙手。
Clean hands frequently.
2. 注意咳嗽禮儀。
Maintain cough manners.
3. 保持環境衛生。
Maintain environmental hygiene.
4. 有呼吸道感染徵狀或發燒，應戴上口罩，並及早求醫。切勿自行服藥。不要上班或上學。
If respiratory symptoms or fever develop, wear a mask, see a doctor right away. Do not self-medicate. Do not go to work or school.
5. 必須前往受影響地方的人士，在旅途中和返港後七日內，應佩戴口罩。
People who must travel to affected places should wear a mask during the trip, and continue to do so for 7 days after returning home.

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