

流感大流行 多留心 多關心

During a flu pandemic
Be smart and considerate



患者應留家休息
The patient should stay at home and rest.



打噴嚏和咳嗽要遮掩口鼻
Cover nose and mouth when sneezing or coughing.



照顧病人時應戴上口罩
Wear a mask when caring for the patient.



接觸患者後要潔手
Perform hand hygiene after contact with the patient.



保持室內空氣流通
Maintain good indoor ventilation.



保持家居清潔衛生
Maintain household hygiene.



健康教育熱線 : 2833 0111
Health Education Hotline

網址 : www.chp.gov.hk
Website



衛生署
Department of Health