

# **Guidelines on Prevention of Respiratory Infections for Participants of Public Functions**

When attending a public function, the Department of Health advises the public to pay attention to the following points to protect themselves against respiratory infections:

## ***Before the function:***

- If you do not feel well, especially when you have a fever and/or respiratory symptoms such as coughing or sneezing, do not attend the function. Consult a doctor promptly.
- Always keep your hands clean. Wash hands after touching public objects or facilities.
- Bring a handkerchief or tissues with you.

## ***During the function:***

- Maintain good personal hygiene. Cover your nose and mouth when sneezing or coughing, and wash your hands immediately afterwards to avoid spreading germs via respiratory droplets.
- Wash hands before touching your eyes, mouth or nose, before meals, and after going to the toilet.
- Wash hands with liquid soap for at least 20 seconds, then dry with a disposable towel or a hand drier.
- If handwashing facilities are not available, and when hands are not visibly soiled, disinfect hands with a 70-80% alcohol handrub.
- Do not spit or litter. Use a tissue to hold your spit and discard it into a bin with a lid. Always put rubbish in a bin. Spitting or littering in public is an offence and the offender is liable to a fixed penalty of \$1,500.
- Do not smoke.

## ***After the function:***

- Keep your hands clean.
- Take a shower or bath and wash your hair when you return home to remove any dirt and germs that you might have come across.

**Organisers and participants are advised to take heed of government announcements with respect to the risk of spread of infections and take appropriate precautionary measures.**

**Wish you a joyful and fantastic gathering!**

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