

Guidelines on Prevention of Respiratory Infections for Participants of Public Functions

When attending a public function, the Department of Health advises the public to pay attention to the following points to protect themselves against respiratory infections:

Before the function:

- If you do not feel well, especially when you have a fever and/or respiratory symptoms such as coughing or sneezing, do not attend the function. Consult a doctor promptly.
- Always keep your hands clean. Wash hands after touching public objects or facilities.
- Bring a handkerchief or tissues with you.

During the function:

- Maintain good personal hygiene. Cover your nose and mouth when sneezing or coughing, and wash your hands immediately afterwards to avoid spreading germs via respiratory droplets.
- Wash hands before touching your eyes, mouth or nose, before meals, and after going to the toilet.
- Wash hands with liquid soap for at least 20 seconds, then dry with a disposable towel or a hand drier.
- If handwashing facilities are not available, and when hands are not visibly soiled, disinfect hands with a 70-80% alcohol handrub.
- Do not spit or litter. Use a tissue to hold your spit and discard it into a bin with a lid. Always put rubbish in a bin. Spitting or littering in public is an offence and the offender is liable to a fixed penalty of \$1,500.
- Do not smoke.

After the function:

- Keep your hands clean.
- Take a shower or bath and wash your hair when you return home to remove any dirt and germs that you might have come across.

Organisers and participants are advised to take heed of government announcements with respect to the risk of spread of infections and take appropriate precautionary measures.

Wish you a joyful and fantastic gathering!

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