



感染控制處

衛生防護中心
Centre for Health Protection

Infection Control Branch

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Dear Principal,

Vigilance against influenza season in summer

With the first confirmed cluster of local cases of human swine influenza (HSI) (Influenza A/H1N1), Hong Kong has entered the mitigation phase for HSI. At the same time, there are indications that the traditional summer peak for seasonal influenza is approaching in Hong Kong. I would therefore like to urge your vigilance in prevention against both HSI and seasonal influenza outbreaks during the summer season.

To prevent outbreaks in the school setting, staff and students with fever and respiratory symptoms are strongly advised not to attend school and affected students should be promptly isolated. The following measures are important:

- ◆ Maintain good indoor ventilation.
- ◆ Enhance environment cleansing and disinfect with 1 in 99 diluted household bleach (mixing one part of 5.25% hypochlorite solution with 99 parts of water) or use 70% alcohol for metallic surface.
- ◆ Support students in adopting good personal hygiene (e.g. proper hand hygiene, maintain cough etiquette) by providing liquid soap, alcohol-based handrub and face-mask.



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- ◆ Encourage students to build up good body immunity by having a proper diet, regular exercise and adequate rest and reducing stress.
- ◆ Advise students who develop flu-like symptoms during school to wear face masks and consult doctor promptly.

If you notice an increase in respiratory illnesses or absenteeism, please report to our Central Notification Office (Tel: 2477-2772; Fax: 2477-2770).

Our latest disease information and guidelines are available at the Center for Health Protection website www.chp.gov.hk

Yours faithfully,



(Dr TY WONG)
Head, Infection Control Branch
Centre for Health Protection
Department of Health



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