

Advice for Inbound Travellers/Returnees to Hong Kong on Prevention of Human Swine Influenza (Influenza A/H1N1)

Human Swine Influenza (Influenza A / H1N1)

The World Health Organization has declared the human swine influenza (swine flu) outbreak a global pandemic. Confirmed cases of swine flu have been reported in many parts of the world, including Hong Kong.

Human-to-human transmission has occurred in the present swine flu outbreak. The symptoms of swine flu include fever, cough, sore throat, runny nose, muscle pain and headache. Some people infected with swine flu may also have vomiting and diarrhoea.

Advice

The Hong Kong Special Administrative Region Government appeals to all inbound travellers/returnees to Hong Kong to observe the following:

- While overseas, exercise good personal hygiene, e.g. observe hand hygiene and cough manners, and
 - pay attention to announcements from the local government
 - follow local public health guidelines, including any movement restrictions and preventive recommendations
 - avoid contact with sick people
- Before returning, do not get on board an airplane when influenza-like symptoms develop. Put on a mask and seek medical attention where you are.
- If you develop symptoms while on board, put on a mask and notify the crew right away. The crew will in turn follow established procedures and alert ground control. Port health team will board the airplane to assess and follow up on landing.
- Upon landing, present yourself to staff of Department of Health stationed at all boundary control points if you have a health concern.
- After returning, avoid going to crowded places and pay close attention to your health. Seek medical consultation from public clinics or hospitals right away if influenza-like symptoms appear.

Department of Health

21 December 2009