

本署檔號    Our Ref. : (199) in DH SEB CD/8/6/1 Pt.32

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Dear Managers / Infection Control Officers,

**A Confirmed Imported Case of Human Infection with Avian Influenza A(H7N9) Virus**

I would like to draw your attention to the third confirmed imported case of human infection with avian influenza A(H7N9) virus in Hong Kong this year affecting an 80-year-old man.

The patient, with underlying illnesses, travelled to Dongguan, Guangdong from April 1 to 5. He presented with cough with sputum, headache and gouty attack on April 6 and consulted a private doctor on April 7. He sought medical consultation from another private doctor on April 14 and was found to have fever. He developed confusion and refused eating on April 17, and was sent to the Accident and Emergency Department of United Christian Hospital by ambulance for treatment on the same day. He was subsequently admitted to isolation ward. The patient's sputum specimen tested positive for avian influenza A(H7N9) virus upon laboratory testing by the Public Health Laboratory Services Branch of the Centre for Health Protection (CHP). The patient is currently in stable condition.

Initial investigations by the CHP revealed that the patient visited a wet market near his residence in Dongguan on April 2. He bought a live chicken from the wet market and slaughtered it on April 3. His two travel collaterals and another three close contacts have remained asymptomatic so far. Tracing of the patient's contacts in Hong Kong is ongoing.

This is the 16th imported human case of avian influenza A(H7N9) infection confirmed in Hong Kong. From 2013 to date, 738 human cases of avian influenza A(H7N9) infection have been reported by the Mainland health authorities.



衛生防護中心乃衛生署  
轄下執行疾病預防  
及控制的專業架構  
The Centre for Health  
Protection is a  
professional arm of the  
Department of Health for  
disease prevention and  
control

To prevent avian influenza and other respiratory illnesses, please kindly remind your clients / staff to observe strict hand hygiene, avoid touching their mouth, nose or eyes and **avoid visiting wet markets with live poultry or contacting poultry** especially when travelling to affected areas of avian influenza. Besides, they should wash hands frequently with liquid soap, especially before handling food or eating, after going to toilet,

or when hands are dirtied by respiratory secretion after coughing or sneezing. In addition, the following measures are also advised:

- Avoid touching poultry/birds/animals or their droppings;
- Wash hands thoroughly with liquid soap and water immediately in case of contact with poultry/birds/animals or their droppings;
- Build up good body resistance and have a healthy lifestyle. This can be achieved through a balanced diet, regular exercise, adequate rest, reducing stress and no smoking;
- Cook poultry and eggs thoroughly before eating;
- Maintain good environmental hygiene;
- Maintain good indoor ventilation;
- Avoid going to crowded places with poor ventilation if feeling unwell; and
- Clean and disinfect frequently touched surfaces, furniture, commonly shared items and floor at least daily by using appropriate disinfectant. For non-metallic surface, disinfect with 1 part of household bleach in 99 parts of water, wait until dry and then rinse with water. For metallic surface, disinfect with 70% alcohol.

Clients / staff with recent history of contact with poultry or history of visiting wet markets with live poultry in affected areas of avian influenza should wear a mask and consult doctors promptly if they have respiratory symptoms, and inform the doctor of their exposure history. The affected clients / staff should avoid returning to the institution. You may wish to note that the CHP has issued guidelines on prevention of communicable diseases for residential care homes for the elderly and residential care homes for persons with disabilities, which can be accessed at [http://www.chp.gov.hk/files/pdf/guidelines\\_on\\_prevention\\_of\\_communicable\\_diseases\\_in\\_rche\\_eng.pdf](http://www.chp.gov.hk/files/pdf/guidelines_on_prevention_of_communicable_diseases_in_rche_eng.pdf) and [http://chp.gov.hk/files/pdf/guideline\\_prevention\\_of\\_communicable\\_diseases\\_rchd.pdf](http://chp.gov.hk/files/pdf/guideline_prevention_of_communicable_diseases_rchd.pdf) respectively.

If you notice any increase in respiratory illnesses or absenteeism among your clients or staff, please report to our Central Notification Office (Tel: 2477 2772; Fax: 2477 2770) for immediate epidemiological investigations and outbreak control. Further information on avian influenza is available at the CHP website ([http://www.chp.gov.hk/en/view\\_content/24244.html](http://www.chp.gov.hk/en/view_content/24244.html)).

Yours faithfully,



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