

預防禽流感

Prevention of Avian Influenza



避免接觸
禽鳥或其糞便

Avoid contact
with poultry and birds,
or their droppings



出外旅遊時
避免到訪
家禽市場及農場

Avoid visiting
poultry markets and farms
when travelling



徹底煮熟
家禽和蛋類食物

Poultry and egg products
must be cooked
thoroughly



保持
雙手清潔

Keep
hands clean



如有不適，
戴上外科口罩、
盡快求診
並告知醫生外遊紀錄

Wear a surgical mask,
seek medical
advice promptly
and inform doctor of travel
details if feeling unwell