

## Chapter 11

### Quality of Life

Quality of life refers to a subjective evaluation which is embedded in a cultural, social and environmental context. This Chapter reports on the population's quality of life scores using the World Health Organization Quality of Life - Brief Questionnaire (WHOQOL-BREF) on their satisfaction with different aspects of life.

Very briefly, the WHOQOL-BREF is a generic quality of life measure stemmed from the WHOQOL-100 which allows detailed assessment of each individual facet relating to quality of life. The original WHOQOL-BREF contains two overall questions on quality of life and general well-being and 24 questions and produces scores for four domains related to quality of life, including physical health, psychological health, social relationships and environment domain. As the psychological domain has been culturally adjusted with inclusion of two national questions, the incorporated Hong Kong Chinese version of World Health Organization Quality of Life – Brief Questionnaire (WHOQOL-BREF (HK)) in the PHS is composed of a total of 28 questions.<sup>1</sup>

#### Snapshot of Population's Quality of Life

Indicator	Overall %	% in female	% in male
Self-rated quality of life “good” or “very good”	41.8%	41.8%	41.6%
Satisfied or very satisfied with general well-being	53.2%	49.4%	57.9%

## 11.1 Self-Rated Quality of Life and General Well-Being

Respondents were asked how they would rate their quality of life and satisfaction with their health in the 2 weeks preceding the survey. Overall, over two-fifths of the persons (41.8%) rated “good” or “very good” to the question (41.8% for females and 41.6% for males) regarding their quality of life. On the other hand, 53.2% (49.4% for females and 57.9% for males) rated “satisfied” or “very satisfied” to the question regarding their satisfaction with their health (Table 11.1a).

The proportion of persons rated their quality of life “good” or “very good” decreased with age, from 54.1% for people aged 15-24 to 33.3% for people aged 75 and above. The proportion of people felt “satisfied” or “very satisfied” with their well-being also decreased with age from 62.2% for people in the 15-24 age group to 37.6% for people in the 75 and above age group (Table 11.1b).

**Table 11.1a: Self-rated quality of life and general well-being by Gender**

	Female		Male		Total	
	No. of persons (' 000)	%	No. of persons (' 000)	%	No. of persons (' 000)	%
<b>Quality of life</b>						
Very poor	12.8	0.4%	13.8	0.5%	26.5	0.5%
Poor	210.1	6.8%	184.4	7.2%	394.5	6.9%
Neither poor nor good	1 575.9	50.7%	1 297.5	50.4%	2 873.4	50.6%
Good	1 252.4	40.3%	1 032.2	40.1%	2 284.6	40.2%
Very good	48.9	1.6%	39.6	1.5%	88.5	1.6%
Unknown/Missing	9.7	0.3%	6.6	0.3%	16.3	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>General well-being</b>						
Very dissatisfied	26.6	0.9%	16.1	0.6%	42.6	0.7%
Dissatisfied	377.2	12.1%	219.6	8.5%	596.8	10.5%
Neither satisfied nor dissatisfied	1 159.0	37.3%	839.5	32.6%	1 998.5	35.2%
Satisfied	1 477.4	47.5%	1 418.4	55.1%	2 895.8	50.9%
Very satisfied	57.7	1.9%	72.2	2.8%	129.9	2.3%
Unknown/Missing	11.9	0.4%	8.4	0.3%	20.3	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 11.1b: Self-rated quality of life and general well-being by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Quality of life</b>																
Very poor	7.0	0.8%	2.8	0.3%	2.5	0.2%	3.9	0.3%	8.4	1.3%	1.3	0.3%	0.7	0.2%	26.5	0.5%
Poor	50.2	5.6%	55.5	6.0%	87.6	6.7%	98.6	8.7%	46.1	7.2%	42.8	8.4%	13.7	4.9%	394.5	6.9%
Neither poor nor good	351.1	39.1%	456.4	49.5%	670.9	51.6%	598.2	52.5%	340.2	53.5%	288.8	56.5%	168.0	60.6%	2 873.4	50.6%
Good	459.9	51.2%	394.5	42.8%	521.9	40.1%	425.5	37.4%	230.6	36.3%	163.9	32.0%	88.5	31.9%	2 284.6	40.2%
Very good	26.2	2.9%	9.5	1.0%	15.9	1.2%	10.3	0.9%	9.9	1.6%	12.9	2.5%	3.9	1.4%	88.5	1.6%
Unknown/Missing	3.5	0.4%	2.6	0.3%	2.5	0.2%	2.6	0.2%	0.6	0.1%	1.9	0.4%	2.6	1.0%	16.3	0.3%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>General well-being</b>																
Very dissatisfied	5.3	0.6%	3.1	0.3%	7.8	0.6%	8.4	0.7%	8.9	1.4%	2.5	0.5%	6.6	2.4%	42.6	0.7%
Dissatisfied	66.9	7.5%	63.5	6.9%	108.5	8.3%	132.3	11.6%	71.9	11.3%	91.5	17.9%	62.2	22.4%	596.8	10.5%
Neither satisfied nor dissatisfied	263.2	29.3%	337.5	36.6%	450.9	34.7%	398.3	35.0%	245.6	38.6%	201.4	39.4%	101.6	36.6%	1 998.5	35.2%
Satisfied	530.9	59.1%	500.7	54.4%	699.1	53.7%	576.2	50.6%	294.6	46.3%	194.4	38.0%	99.9	36.0%	2 895.8	50.9%
Very satisfied	27.5	3.1%	13.2	1.4%	30.2	2.3%	20.6	1.8%	14.1	2.2%	19.8	3.9%	4.3	1.6%	129.9	2.3%
Unknown/Missing	4.0	0.4%	3.2	0.4%	4.8	0.4%	3.2	0.3%	0.6	0.1%	1.9	0.4%	2.6	1.0%	20.3	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

## **11.2 Physical Domain**

For the physical health domain, the WHOQOL-BREF (HK) includes seven questions asking the respondents in the two weeks preceding the survey to what extent they felt that physical pain prevented them from doing what they needed to do; how much medical treatment they needed to maintain function in their daily life; whether they had enough energy for everyday life; how well they were able to get around; how satisfied they were with their sleep, ability to perform their daily living activities and their capacity for work (including all paid and unpaid jobs, volunteer works, full-time studying, child caring and home making).

In the two weeks preceding the survey, 79.3% of people had no or a little physical pain that prevented them from doing what they needed to do; 84.8% required a little medications and medical aid to function or did not need any at all. About three-fifths (60.9%) reported that they “mostly” or “completely” had enough energy for everyday life and 84.1% regarded their ability to get around as “good” or “very good”. While 56.6% being “satisfied” or “very satisfied” with their sleep, about two-thirds of people felt “satisfied” or “very satisfied” with their ability to perform daily living activities (68.4%) and capacity for work (65.3%) (Table 11.2a).

Except for the items regarding enough energy for everyday life and satisfaction with sleep in which a comparatively higher proportion of males than females reported that they “mostly” or “completely” had enough energy (65.3% for males and 57.2% for females) and felt “satisfied” or “very satisfied” with their sleep (61.6% of males and 52.5% for females), there were not much differences in proportions (less than 5.0%) between males and females in giving positive responses to other physical health items (Table 11.2a) .

Not surprisingly, people in the older age groups (aged 65-74 and 75 and above age groups) were higher in proportion than the other age groups to have more “negative” responses to most of the facets of physical health (Table 11.2b).

**Table 11.2a: Self-rated quality of life - physical health domain by Gender**

	Female		Male		Total	
	No. of persons (' 000)	%	No. of persons (' 000)	%	No. of persons (' 000)	%
<b>Physical pain that prevents the person from doing what they need to do</b>						
Not at all	1 526.9	49.1%	1 484.4	57.7%	3 011.3	53.0%
A little	893.2	28.7%	600.5	23.3%	1 493.6	26.3%
Moderately	516.6	16.6%	352.2	13.7%	868.8	15.3%
Very much	132.6	4.3%	107.3	4.2%	239.8	4.2%
Extremely	26.2	0.8%	16.6	0.6%	42.8	0.8%
Unknown/Missing	14.4	0.5%	13.1	0.5%	27.5	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Dependency on medications and medical aids</b>						
Not at all	2 218.4	71.3%	1 929.7	75.0%	4 148.1	73.0%
A little	423.3	13.6%	250.9	9.7%	674.2	11.9%
Moderately	312.6	10.1%	263.8	10.2%	576.4	10.1%
Very much	109.0	3.5%	89.3	3.5%	198.3	3.5%
Extremely	30.9	1.0%	23.3	0.9%	54.3	1.0%
Unknown/Missing	15.5	0.5%	17.1	0.7%	32.6	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Enough energy for everyday life</b>						
Not at all	72.1	2.3%	45.4	1.8%	117.5	2.1%
A little	240.0	7.7%	139.8	5.4%	379.7	6.7%
Moderately	997.7	32.1%	694.4	27.0%	1 692.1	29.8%
Mostly	1 548.4	49.8%	1 369.1	53.2%	2 917.5	51.3%
Completely	230.9	7.4%	312.6	12.1%	543.5	9.6%
Unknown/Missing	20.7	0.7%	12.8	0.5%	33.5	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Mobility</b>						
Very poor	44.7	1.4%	26.1	1.0%	70.8	1.2%
Poor	133.4	4.3%	75.6	2.9%	209.0	3.7%
Neither poor nor good	306.4	9.9%	182.8	7.1%	489.2	8.6%
Good	1 189.5	38.2%	940.7	36.5%	2 130.2	37.5%
Very good	1 366.3	43.9%	1 282.2	49.8%	2 648.5	46.6%
Unknown/Missing	69.5	2.2%	66.6	2.6%	136.1	2.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

**Table 11.2a: Self-rated quality of life - physical health domain by Gender (continued)**

	Female		Male		Total	
	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%
<b>Sleep and rest</b>						
Very dissatisfied	77.1	2.5%	39.9	1.6%	117.0	2.1%
Dissatisfied	609.3	19.6%	358.7	13.9%	967.9	17.0%
Neither satisfied nor dissatisfied	784.7	25.2%	584.7	22.7%	1 369.5	24.1%
Satisfied	1 453.9	46.8%	1 399.0	54.3%	2 852.9	50.2%
Very satisfied	178.3	5.7%	185.8	7.2%	364.0	6.4%
Unknown/Missing	6.5	0.2%	6.0	0.2%	12.5	0.2%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Ability to perform daily living activities</b>						
Very dissatisfied	13.0	0.4%	8.4	0.3%	21.3	0.4%
Dissatisfied	174.4	5.6%	110.0	4.3%	284.4	5.0%
Neither satisfied nor dissatisfied	834.3	26.8%	640.5	24.9%	1 474.8	25.9%
Satisfied	1 939.8	62.4%	1 678.1	65.2%	3 618.0	63.7%
Very satisfied	135.5	4.4%	130.1	5.1%	265.7	4.7%
Unknown/Missing	12.8	0.4%	6.9	0.3%	19.7	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Working capacity</b>						
Very dissatisfied	18.7	0.6%	13.5	0.5%	32.2	0.6%
Dissatisfied	188.8	6.1%	140.9	5.5%	329.6	5.8%
Neither satisfied nor dissatisfied	887.9	28.6%	694.6	27.0%	1 582.5	27.8%
Satisfied	1 842.3	59.2%	1 580.0	61.4%	3 422.3	60.2%
Very satisfied	154.1	5.0%	134.0	5.2%	288.0	5.1%
Unknown/Missing	18.0	0.6%	11.2	0.4%	29.2	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 11.2b: Self-rated quality of life – physical health domain by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Physical pain that prevents the person from doing what they need to do</b>																
Not at all	499.4	55.6%	505.3	54.9%	744.9	57.2%	617.1	54.2%	291.4	45.8%	250.8	49.0%	102.2	36.9%	3 011.3	53.0%
A little	221.7	24.7%	247.6	26.9%	339.7	26.1%	304.3	26.7%	194.8	30.6%	119.4	23.3%	66.0	23.8%	1 493.6	26.3%
Moderately	138.1	15.4%	127.5	13.8%	174.5	13.4%	159.0	14.0%	110.8	17.4%	98.8	19.3%	60.0	21.6%	868.8	15.3%
Very much	30.4	3.4%	30.4	3.3%	35.0	2.7%	41.2	3.6%	29.0	4.6%	37.3	7.3%	36.6	13.2%	239.8	4.2%
Extremely	2.2	0.2%	5.6	0.6%	3.8	0.3%	10.2	0.9%	7.2	1.1%	4.0	0.8%	9.9	3.6%	42.8	0.8%
Unknown/Missing	6.0	0.7%	4.7	0.5%	3.3	0.3%	7.2	0.6%	2.5	0.4%	1.2	0.2%	2.6	0.9%	27.5	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Dependency on medications and medical aids</b>																
Not at all	736.9	82.1%	743.9	80.7%	1 041.7	80.1%	855.7	75.1%	385.4	60.6%	274.1	53.6%	110.4	39.8%	4 148.1	73.0%
A little	59.3	6.6%	102.7	11.2%	119.2	9.2%	126.6	11.1%	107.4	16.9%	95.5	18.7%	63.4	22.9%	674.2	11.9%
Moderately	77.6	8.6%	58.0	6.3%	99.9	7.7%	101.0	8.9%	98.2	15.4%	85.2	16.7%	56.5	20.4%	576.4	10.1%
Very much	15.4	1.7%	11.4	1.2%	28.0	2.2%	39.3	3.5%	29.1	4.6%	41.7	8.2%	33.3	12.0%	198.3	3.5%
Extremely	1.7	0.2%	1.7	0.2%	9.2	0.7%	8.2	0.7%	12.4	1.9%	10.7	2.1%	10.4	3.7%	54.3	1.0%
Unknown/Missing	7.0	0.8%	3.5	0.4%	3.3	0.3%	8.0	0.7%	3.3	0.5%	4.3	0.8%	3.2	1.2%	32.6	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Enough energy for everyday life</b>																
Not at all	9.8	1.1%	9.6	1.0%	20.0	1.5%	23.6	2.1%	20.0	3.1%	13.1	2.6%	21.4	7.7%	117.5	2.1%
A little	56.4	6.3%	53.1	5.8%	49.8	3.8%	70.3	6.2%	37.9	6.0%	67.8	13.2%	44.5	16.1%	379.7	6.7%
Moderately	246.4	27.4%	260.8	28.3%	360.3	27.7%	326.8	28.7%	215.6	33.9%	178.8	35.0%	103.4	37.3%	1 692.1	29.8%
Mostly	463.0	51.6%	523.7	56.8%	711.0	54.6%	603.7	53.0%	311.5	49.0%	214.9	42.0%	89.8	32.4%	2 917.5	51.3%
Completely	117.2	13.1%	68.7	7.5%	151.8	11.7%	109.0	9.6%	48.8	7.7%	35.1	6.9%	12.9	4.6%	543.5	9.6%
Unknown/Missing	5.0	0.6%	5.3	0.6%	8.4	0.6%	5.7	0.5%	1.9	0.3%	1.8	0.4%	5.3	1.9%	33.5	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Mobility</b>																
Very poor	1.0	0.1%	1.8	0.2%	15.4	1.2%	19.2	1.7%	11.4	1.8%	10.1	2.0%	11.9	4.3%	70.8	1.2%
Poor	9.4	1.1%	18.9	2.0%	38.0	2.9%	22.1	1.9%	29.9	4.7%	41.9	8.2%	48.8	17.6%	209.0	3.7%
Neither poor nor good	37.4	4.2%	43.6	4.7%	75.6	5.8%	81.2	7.1%	77.7	12.2%	98.8	19.3%	75.0	27.0%	489.2	8.6%
Good	206.0	22.9%	362.1	39.3%	506.0	38.9%	482.2	42.3%	261.1	41.1%	214.5	41.9%	98.3	35.4%	2 130.2	37.5%
Very good	618.3	68.9%	473.9	51.4%	634.0	48.7%	511.4	44.9%	245.2	38.6%	133.6	26.1%	32.0	11.5%	2 648.5	46.6%
Unknown/Missing	25.7	2.9%	20.9	2.3%	32.1	2.5%	22.9	2.0%	10.4	1.6%	12.6	2.5%	11.5	4.1%	136.1	2.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

**Table 11.2b: Self-rated quality of life - physical health domain by Age group (continued)**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Sleep and rest</b>																
Very dissatisfied	20.5	2.3%	19.9	2.2%	17.3	1.3%	19.0	1.7%	14.6	2.3%	13.3	2.6%	12.3	4.4%	117.0	2.1%
Dissatisfied	149.6	16.7%	161.9	17.6%	197.2	15.2%	233.4	20.5%	93.5	14.7%	75.9	14.8%	56.5	20.4%	967.9	17.0%
Neither satisfied nor dissatisfied	207.2	23.1%	216.1	23.5%	338.2	26.0%	242.7	21.3%	168.9	26.6%	128.1	25.0%	68.1	24.6%	1 369.5	24.1%
Satisfied	457.0	50.9%	483.1	52.4%	652.8	50.2%	567.2	49.8%	318.8	50.2%	250.5	49.0%	123.4	44.5%	2 852.9	50.2%
Very satisfied	60.7	6.8%	37.6	4.1%	92.5	7.1%	75.3	6.6%	38.6	6.1%	42.4	8.3%	17.0	6.1%	364.0	6.4%
Unknown/Missing	2.9	0.3%	2.6	0.3%	3.1	0.2%	1.4	0.1%	1.3	0.2%	1.2	0.2%	-	-	12.5	0.2%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Ability to perform daily living activities</b>																
Very dissatisfied	4.4	0.5%	2.4	0.3%	2.2	0.2%	2.0	0.2%	3.5	0.6%	2.5	0.5%	4.3	1.6%	21.3	0.4%
Dissatisfied	41.1	4.6%	32.9	3.6%	44.0	3.4%	54.2	4.8%	37.0	5.8%	36.5	7.1%	38.7	14.0%	284.4	5.0%
Neither satisfied nor dissatisfied	258.5	28.8%	236.3	25.7%	285.0	21.9%	250.8	22.0%	171.3	26.9%	160.9	31.5%	112.0	40.4%	1 474.8	25.9%
Satisfied	552.7	61.6%	615.5	66.8%	898.4	69.0%	765.7	67.2%	393.1	61.8%	281.4	55.0%	111.2	40.1%	3 618.0	63.7%
Very satisfied	37.7	4.2%	31.6	3.4%	67.7	5.2%	64.3	5.6%	28.8	4.5%	27.8	5.4%	7.7	2.8%	265.7	4.7%
Unknown/Missing	3.3	0.4%	2.6	0.3%	4.0	0.3%	2.0	0.2%	2.0	0.3%	2.4	0.5%	3.4	1.2%	19.7	0.3%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Working capacity</b>																
Very dissatisfied	6.3	0.7%	3.5	0.4%	4.7	0.4%	3.3	0.3%	2.9	0.5%	4.1	0.8%	7.4	2.7%	32.2	0.6%
Dissatisfied	79.2	8.8%	37.7	4.1%	44.6	3.4%	49.7	4.4%	38.2	6.0%	39.4	7.7%	40.9	14.8%	329.6	5.8%
Neither satisfied nor dissatisfied	260.8	29.0%	259.2	28.1%	310.8	23.9%	266.2	23.4%	189.2	29.8%	168.2	32.9%	128.1	46.2%	1 582.5	27.8%
Satisfied	504.9	56.2%	587.3	63.8%	861.4	66.2%	738.3	64.8%	371.0	58.4%	271.0	53.0%	88.6	31.9%	3 422.3	60.2%
Very satisfied	42.1	4.7%	31.0	3.4%	74.1	5.7%	76.2	6.7%	30.9	4.9%	25.4	5.0%	8.3	3.0%	288.0	5.1%
Unknown/Missing	4.6	0.5%	2.6	0.3%	5.7	0.4%	5.3	0.5%	3.5	0.5%	3.4	0.7%	4.0	1.5%	29.2	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

### **11.3 Psychological Domain**

For the psychological health domain, the WHOQOL-BREF (HK) includes a total of eight questions, in which six questions asking the respondents in the two weeks preceding the survey “How much do you enjoy life?”, “To what extent do you feel your life to be meaningful?”, “How well are you able to concentrate?”, “Are you able to accept your bodily appearance?”, “How satisfied are you with yourself?”, and “How often do you have negative feelings such as blue mood, despair, anxiety, depression?”. Two culturally adjusted questions, “Do you think people accept you?” and “Is the food you desire easily available to you?” were also included in this domain.

In the two weeks preceding the survey, 37.4% of people reported that they enjoyed their life “very much” or “extremely”; over two-fifths (42.6%) felt their life to be very much or extremely meaningful and about three-fifths (59.7%) said they were very much and extremely able to concentrate. While two-thirds “mostly” or “completely” accepted their own body appearance (66.3%) and felt “satisfied” or “very satisfied” with themselves (66.6%), 54.7% felt that they were “quite” or “very much” accepted by other people. On the subject of the presence of negative feelings, a majority of people (66.8%) claimed that they “never” or “seldom” had such feelings in the two weeks preceding the survey. Regarding the availability of food that they desired, 68.9% found it “quite” or “very easy” to obtain the food they wanted (Table 11.3a).

Analyzed by sex, females were twice of males in proportion to indicate that they were not at all accepting their body appearance (1.8% vs. 0.9%). Also, females (6.2%) had the higher proportion to indicate that they “very often” or “always” had negative feelings than males (4.2%). Otherwise, there were no remarkable variation between males and females (Table 11.3a).

As shown in Table 11.3b, people in the 15-24 age group (6.5%) had the highest proportion of people reported that they “very often” or “always” had negative feelings when compared to the older age groups. On the other hand, people in the 75 and above age group had the smallest proportion of people reporting that they could “very much” or “extremely” enjoy life; felt life be “very much” or “extremely” meaningful; felt “very much” or “extremely” able to concentrate; “mostly” or “completely” accepted their bodily appearance; felt “satisfied” or “very satisfied” with themselves; thought being “quite” or “very much” accepted by others; and found it “quite” or “very easy” to obtain the food they wanted.

**Table 11.3a: Self-rated quality of life – psychological health domain by Gender**

	Female		Male		Total	
	No. of persons (' 000)	%	No. of persons (' 000)	%	No. of persons (' 000)	%
<b>Enjoying life</b>						
Not at all	140.7	4.5%	122.7	4.8%	263.4	4.6%
A little	449.2	14.4%	365.8	14.2%	815.0	14.3%
Moderately	1 346.5	43.3%	1 110.2	43.1%	2 456.7	43.2%
Very much	1 025.5	33.0%	848.4	33.0%	1 873.9	33.0%
Extremely	136.7	4.4%	117.5	4.6%	254.2	4.5%
Unknown/Missing	11.1	0.4%	9.5	0.4%	20.7	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Feeling life to be meaningful</b>						
Not at all	120.8	3.9%	129.6	5.0%	250.4	4.4%
A little	391.5	12.6%	311.1	12.1%	702.6	12.4%
Moderately	1 257.4	40.4%	1 025.4	39.8%	2 282.8	40.2%
Very much	1 128.3	36.3%	929.6	36.1%	2 057.9	36.2%
Extremely	194.5	6.3%	168.1	6.5%	362.6	6.4%
Unknown/Missing	17.4	0.6%	10.1	0.4%	27.5	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Ability to concentrate</b>						
Not at all	51.1	1.6%	34.0	1.3%	85.1	1.5%
A little	215.0	6.9%	136.3	5.3%	351.4	6.2%
Moderately	1 051.2	33.8%	774.7	30.1%	1 825.9	32.1%
Very much	1 531.1	49.2%	1 334.8	51.9%	2 865.9	50.4%
Extremely	246.1	7.9%	280.2	10.9%	526.3	9.3%
Unknown/Missing	15.2	0.5%	14.1	0.5%	29.4	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Bodily image and appearance</b>						
Not at all	54.4	1.8%	22.8	0.9%	77.2	1.4%
A little	134.0	4.3%	76.0	3.0%	210.0	3.7%
Moderately	866.1	27.9%	731.2	28.4%	1 597.2	28.1%
Mostly	1 691.6	54.4%	1 383.2	53.7%	3 074.9	54.1%
Completely	345.7	11.1%	348.4	13.5%	694.1	12.2%
Unknown/Missing	17.9	0.6%	12.4	0.5%	30.4	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

**Table 11.3a: Self-rated quality of life – psychological health domain by Gender (continued)**

	Female		Male		Total	
	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%
<b>Satisfy with themselves</b>						
Very dissatisfied	10.7	0.3%	7.6	0.3%	18.3	0.3%
Dissatisfied	184.6	5.9%	122.5	4.8%	307.1	5.4%
Neither satisfied nor dissatisfied	874.3	28.1%	678.2	26.3%	1 552.5	27.3%
Satisfied	1 856.5	59.7%	1 605.3	62.4%	3 461.8	60.9%
Very satisfied	169.5	5.5%	152.1	5.9%	321.6	5.7%
Unknown/Missing	14.2	0.5%	8.3	0.3%	22.6	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>People's acceptance</b>						
Not accept	26.7	0.9%	25.1	1.0%	51.8	0.9%
A little	158.5	5.1%	115.9	4.5%	274.4	4.8%
Somewhat	1 176.8	37.8%	1 017.7	39.5%	2 194.5	38.6%
Quite	1 565.1	50.3%	1 277.6	49.6%	2 842.7	50.0%
Very much	152.0	4.9%	112.3	4.4%	264.3	4.6%
Unknown/Missing	30.6	1.0%	25.5	1.0%	56.2	1.0%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Negative feelings such as blue mood, despair, anxiety, depression</b>						
Never	854.1	27.5%	833.2	32.4%	1 687.3	29.7%
Seldom	1 115.9	35.9%	991.5	38.5%	2 107.4	37.1%
Quite often	929.9	29.9%	625.3	24.3%	1 555.2	27.4%
Very often	167.7	5.4%	89.7	3.5%	257.4	4.5%
Always	24.2	0.8%	18.1	0.7%	42.3	0.7%
Unknown/Missing	18.0	0.6%	16.2	0.6%	34.2	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Availability of the food that is desired</b>						
Not easy	37.8	1.2%	34.2	1.3%	72.0	1.3%
A little	110.4	3.5%	75.9	2.9%	186.2	3.3%
Somewhat	763.3	24.5%	693.2	26.9%	1 456.5	25.6%
Quite	1 708.9	55.0%	1 443.0	56.1%	3 151.8	55.5%
Very easy	461.3	14.8%	300.9	11.7%	762.2	13.4%
Unknown/Missing	28.2	0.9%	26.9	1.0%	55.1	1.0%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 11.3b: Self-rated quality of life – psychological health domain by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Enjoying life</b>																
Not at all	21.8	2.4%	30.2	3.3%	65.9	5.1%	67.3	5.9%	35.0	5.5%	29.7	5.8%	13.5	4.9%	263.4	4.6%
A little	99.4	11.1%	120.6	13.1%	181.6	14.0%	189.1	16.6%	94.3	14.8%	83.4	16.3%	46.6	16.8%	815.0	14.3%
Moderately	352.1	39.2%	422.8	45.9%	578.3	44.4%	467.9	41.1%	278.9	43.9%	224.5	43.9%	132.4	47.7%	2 456.7	43.2%
Very much	360.4	40.1%	314.5	34.1%	416.8	32.0%	357.8	31.4%	202.7	31.9%	152.9	29.9%	68.7	24.8%	1 873.9	33.0%
Extremely	60.7	6.8%	30.5	3.3%	57.1	4.4%	52.9	4.6%	21.7	3.4%	19.7	3.9%	11.6	4.2%	254.2	4.5%
Unknown/Missing	3.5	0.4%	2.6	0.3%	1.6	0.1%	4.1	0.4%	3.1	0.5%	1.2	0.2%	4.7	1.7%	20.7	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Feeling life to be meaningful</b>																
Not at all	32.8	3.7%	31.4	3.4%	42.7	3.3%	34.2	3.0%	37.8	5.9%	43.7	8.5%	27.9	10.1%	250.4	4.4%
A little	97.4	10.8%	124.3	13.5%	138.3	10.6%	142.3	12.5%	75.7	11.9%	81.8	16.0%	42.8	15.4%	702.6	12.4%
Moderately	322.4	35.9%	362.9	39.4%	489.5	37.6%	486.0	42.7%	273.8	43.1%	200.9	39.3%	147.4	53.1%	2 282.8	40.2%
Very much	355.2	39.6%	366.3	39.8%	519.4	39.9%	406.2	35.7%	213.7	33.6%	148.0	28.9%	49.2	17.8%	2 057.9	36.2%
Extremely	86.2	9.6%	30.2	3.3%	104.4	8.0%	66.2	5.8%	34.1	5.4%	33.5	6.5%	8.1	2.9%	362.6	6.4%
Unknown/Missing	4.0	0.4%	6.2	0.7%	7.0	0.5%	4.0	0.4%	0.6	0.1%	3.7	0.7%	2.0	0.7%	27.5	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Ability to concentrate</b>																
Not at all	16.8	1.9%	11.1	1.2%	18.0	1.4%	13.5	1.2%	12.7	2.0%	6.7	1.3%	6.2	2.3%	85.1	1.5%
A little	53.7	6.0%	46.1	5.0%	43.4	3.3%	78.4	6.9%	39.3	6.2%	50.5	9.9%	39.9	14.4%	351.4	6.2%
Moderately	291.4	32.5%	284.2	30.8%	381.7	29.3%	328.6	28.9%	216.3	34.0%	200.0	39.1%	123.8	44.6%	1 825.9	32.1%
Very much	451.2	50.3%	511.8	55.6%	703.6	54.1%	590.4	51.8%	313.5	49.3%	208.3	40.7%	87.1	31.4%	2 865.9	50.4%
Extremely	79.2	8.8%	65.4	7.1%	147.5	11.3%	123.3	10.8%	52.5	8.3%	40.5	7.9%	17.8	6.4%	526.3	9.3%
Unknown/Missing	5.5	0.6%	2.6	0.3%	7.0	0.5%	4.7	0.4%	1.4	0.2%	5.5	1.1%	2.6	0.9%	29.4	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Bodily image and appearance</b>																
Not at all	16.6	1.8%	5.2	0.6%	11.5	0.9%	18.3	1.6%	9.6	1.5%	12.3	2.4%	3.7	1.3%	77.2	1.4%
A little	49.5	5.5%	30.0	3.3%	28.6	2.2%	43.5	3.8%	23.5	3.7%	17.6	3.4%	17.4	6.3%	210.0	3.7%
Moderately	277.4	30.9%	252.9	27.5%	322.1	24.8%	290.8	25.5%	198.0	31.1%	162.3	31.7%	93.8	33.8%	1 597.2	28.1%
Mostly	470.1	52.4%	543.8	59.0%	731.3	56.2%	620.9	54.5%	316.3	49.7%	262.9	51.4%	129.5	46.7%	3 074.9	54.1%
Completely	79.9	8.9%	84.5	9.2%	199.5	15.3%	161.7	14.2%	87.1	13.7%	54.6	10.7%	26.9	9.7%	694.1	12.2%
Unknown/Missing	4.4	0.5%	4.8	0.5%	8.2	0.6%	3.9	0.3%	1.3	0.2%	1.8	0.4%	6.0	2.2%	30.4	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

**Table 11.3b: Self-rated quality of life – psychological health domain by Age group (continued)**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Satisfy with themselves</b>																
Very dissatisfied	1.2	0.1%	3.2	0.4%	1.3	0.1%	8.4	0.7%	0.6	0.1%	2.5	0.5%	1.0	0.4%	18.3	0.3%
Dissatisfied	62.4	6.9%	51.4	5.6%	49.4	3.8%	55.8	4.9%	35.2	5.5%	35.6	7.0%	17.4	6.3%	307.1	5.4%
Neither satisfied nor dissatisfied	273.2	30.4%	251.4	27.3%	329.0	25.3%	281.2	24.7%	175.5	27.6%	144.9	28.3%	97.2	35.0%	1 552.5	27.3%
Satisfied	498.7	55.5%	579.0	62.8%	837.4	64.4%	721.4	63.3%	382.5	60.2%	298.2	58.3%	144.7	52.2%	3 461.8	60.9%
Very satisfied	58.2	6.5%	32.3	3.5%	79.5	6.1%	70.2	6.2%	39.4	6.2%	29.0	5.7%	13.0	4.7%	321.6	5.7%
Unknown/Missing	4.2	0.5%	3.9	0.4%	4.6	0.4%	2.0	0.2%	2.5	0.4%	1.2	0.2%	4.0	1.5%	22.6	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>People's acceptance</b>																
Not accept	7.8	0.9%	3.7	0.4%	14.0	1.1%	13.0	1.1%	6.9	1.1%	4.5	0.9%	1.9	0.7%	51.8	0.9%
A little	34.7	3.9%	42.3	4.6%	55.4	4.3%	61.4	5.4%	26.9	4.2%	33.4	6.5%	20.3	7.3%	274.4	4.8%
Somewhat	305.6	34.0%	357.1	38.8%	485.0	37.3%	448.2	39.3%	263.4	41.4%	213.4	41.7%	121.9	43.9%	2 194.5	38.6%
Quite	492.9	54.9%	481.7	52.3%	675.9	51.9%	546.1	47.9%	303.6	47.8%	220.7	43.2%	121.9	43.9%	2 842.7	50.0%
Very much	50.4	5.6%	27.1	2.9%	57.1	4.4%	58.4	5.1%	31.2	4.9%	31.5	6.1%	8.7	3.2%	264.3	4.6%
Unknown/Missing	6.5	0.7%	9.4	1.0%	13.8	1.1%	12.0	1.1%	3.7	0.6%	8.1	1.6%	2.6	1.0%	56.2	1.0%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Negative feelings such as blue mood, despair, anxiety, depression</b>																
Never	183.5	20.4%	208.9	22.7%	339.9	26.1%	381.3	33.5%	230.1	36.2%	224.4	43.9%	119.1	42.9%	1 687.3	29.7%
Seldom	378.0	42.1%	355.8	38.6%	502.0	38.6%	398.7	35.0%	216.4	34.0%	160.1	31.3%	96.4	34.7%	2 107.4	37.1%
Quite often	273.2	30.4%	307.3	33.4%	381.2	29.3%	301.8	26.5%	147.4	23.2%	102.7	20.1%	41.7	15.0%	1 555.2	27.4%
Very often	48.7	5.4%	36.3	3.9%	64.6	5.0%	39.0	3.4%	36.0	5.7%	19.7	3.9%	13.1	4.7%	257.4	4.5%
Always	9.5	1.1%	6.7	0.7%	4.6	0.4%	12.1	1.1%	3.2	0.5%	2.6	0.5%	3.6	1.3%	42.3	0.7%
Unknown/Missing	4.9	0.6%	6.2	0.7%	8.9	0.7%	6.1	0.5%	2.6	0.4%	1.9	0.4%	3.6	1.3%	34.2	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Availability of the food that is desired</b>																
Not easy	11.2	1.3%	2.4	0.3%	14.9	1.1%	12.8	1.1%	12.7	2.0%	13.0	2.5%	5.0	1.8%	72.0	1.3%
A little	31.6	3.5%	15.2	1.7%	32.6	2.5%	31.4	2.8%	19.3	3.0%	26.0	5.1%	30.0	10.8%	186.2	3.3%
Somewhat	236.3	26.3%	210.1	22.8%	298.5	22.9%	275.3	24.2%	202.1	31.8%	141.1	27.6%	93.2	33.6%	1 456.5	25.6%
Quite	501.7	55.9%	573.8	62.3%	750.4	57.7%	625.3	54.9%	322.2	50.7%	258.2	50.5%	120.2	43.3%	3 151.8	55.5%
Very easy	108.7	12.1%	109.5	11.9%	191.1	14.7%	183.3	16.1%	74.4	11.7%	68.3	13.3%	27.0	9.7%	762.2	13.4%
Unknown/Missing	8.4	0.9%	10.2	1.1%	13.8	1.1%	10.9	1.0%	5.0	0.8%	4.9	1.0%	2.0	0.7%	55.1	1.0%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

#### ***11.4 Social Relationships Domain***

The WHOQOL-BREF (HK) included three questions in the social relationships domain, asking the respondents in the two weeks preceding the survey how satisfied they were with their personal relationships, the support they got from their friends and their sex life in the two weeks preceding the survey. Of note, the question concerning satisfaction with sexual life has been included in the self-administered questionnaire since this is a potentially sensitive topic.

Overall, close to two-thirds of people were “satisfied” or “very satisfied” with their personal relationships with others (64.3%) or the support they received from their friends (64.9%). Regarding the issue of satisfaction with sex lives, about one-third (32.4%) felt either “satisfied” or “very satisfied”. Over 29% were not satisfied with sex life. It should be noted that 30.7% thought this item was not applicable to them. Also, the differences in proportion between males and females reporting “satisfied” or “very satisfied” with the three facets of social relationships were modest (<4.0 percentage points) (Table 11.4a).

Analyzed by age, people aged 15-24 (67.7%) and 45-54 (67.0%) were higher in proportion to report that they were “satisfied” or “very satisfied” with their personal relationships with others, while a higher proportion of people aged 35-64 (range from 37.5% to 38.8%) reported feeling “satisfied” or “very satisfied” with their sex life. People in the 15-24 age group were the highest in proportion to report that they were “satisfied” and “very satisfied” with the support that they got from friends (73.6%); the proportion of people reporting so decreased with age (Table 11.4b).

**Table 11.4a: Self-rated quality of life – social relationships domain by Gender**

	Female		Male		Total	
	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%
<b>Satisfied with their personal relationships with others</b>						
Very dissatisfied	13.4	0.4%	11.7	0.5%	25.1	0.4%
Dissatisfied	172.0	5.5%	129.2	5.0%	301.2	5.3%
Neither satisfied nor dissatisfied	916.4	29.5%	762.7	29.6%	1 679.2	29.5%
Satisfied	1 832.1	58.9%	1 528.8	59.4%	3 360.9	59.1%
Very satisfied	164.7	5.3%	131.9	5.1%	296.6	5.2%
Unknown/Missing	11.2	0.4%	9.7	0.4%	20.8	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Satisfied with the support that they get from friends</b>						
Very dissatisfied	12.4	0.4%	17.1	0.7%	29.5	0.5%
Dissatisfied	171.7	5.5%	121.9	4.7%	293.7	5.2%
Neither satisfied nor dissatisfied	852.9	27.4%	792.9	30.8%	1 645.8	29.0%
Satisfied	1 893.0	60.9%	1 512.0	58.7%	3 404.9	59.9%
Very satisfied	165.0	5.3%	120.5	4.7%	285.5	5.0%
Unknown/Missing	14.8	0.5%	9.7	0.4%	24.5	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Satisfied with their sex life</b>						
Very dissatisfied	27.6	0.9%	25.8	1.0%	53.4	0.9%
Dissatisfied	802.8	25.8%	813.3	31.6%	1 616.1	28.4%
Neither satisfied nor dissatisfied	130.8	4.2%	128.7	5.0%	259.4	4.6%
Satisfied	88.5	2.8%	90.7	3.5%	179.2	3.2%
Very satisfied	865.6	27.8%	798.7	31.0%	1 664.3	29.3%
Not applicable	1 100.7	35.4%	643.5	25.0%	1 744.3	30.7%
Unknown/Missing	93.7	3.0%	73.4	2.9%	167.2	2.9%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 11.4b: Self-rated quality of life – social relationships domain by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Satisfied with their personal relationships with others</b>																
Very dissatisfied	5.4	0.6%	6.7	0.7%	2.3	0.2%	6.7	0.6%	1.0	0.2%	2.1	0.4%	0.9	0.3%	25.1	0.4%
Dissatisfied	52.1	5.8%	60.2	6.5%	77.3	5.9%	53.7	4.7%	25.3	4.0%	21.1	4.1%	11.5	4.1%	301.2	5.3%
Neither satisfied nor dissatisfied	228.6	25.5%	279.0	30.3%	361.4	27.8%	314.9	27.6%	209.1	32.9%	169.9	33.2%	116.4	42.0%	1 679.2	29.5%
Satisfied	533.4	59.4%	537.7	58.4%	793.4	61.0%	707.6	62.1%	366.9	57.7%	288.8	56.5%	133.1	48.0%	3 360.9	59.1%
Very satisfied	74.9	8.3%	35.1	3.8%	61.8	4.8%	55.5	4.9%	29.6	4.7%	27.7	5.4%	12.1	4.4%	296.6	5.2%
Unknown/Missing	3.5	0.4%	2.6	0.3%	5.0	0.4%	0.7	0.1%	3.8	0.6%	1.9	0.4%	3.4	1.2%	20.8	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Satisfied with the support that they get from friends</b>																
Very dissatisfied	4.3	0.5%	7.6	0.8%	6.3	0.5%	2.7	0.2%	2.9	0.5%	2.8	0.5%	2.9	1.1%	29.5	0.5%
Dissatisfied	35.6	4.0%	50.1	5.4%	67.2	5.2%	60.2	5.3%	32.0	5.0%	29.9	5.8%	18.6	6.7%	293.7	5.2%
Neither satisfied nor dissatisfied	192.8	21.5%	242.6	26.3%	367.9	28.3%	325.8	28.6%	215.9	34.0%	176.6	34.5%	124.2	44.8%	1 645.8	29.0%
Satisfied	580.1	64.6%	580.0	63.0%	809.7	62.2%	694.3	61.0%	351.0	55.2%	271.0	53.0%	118.8	42.9%	3 404.9	59.9%
Very satisfied	80.9	9.0%	38.4	4.2%	45.2	3.5%	53.4	4.7%	29.0	4.6%	29.3	5.7%	9.4	3.4%	285.5	5.0%
Unknown/Missing	4.2	0.5%	2.6	0.3%	4.8	0.4%	2.7	0.2%	5.0	0.8%	1.8	0.4%	3.4	1.2%	24.5	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Satisfied with their sex life</b>																
Very dissatisfied	7.9	0.9%	6.0	0.7%	13.8	1.1%	16.6	1.5%	2.7	0.4%	5.1	1.0%	1.3	0.5%	53.4	0.9%
Dissatisfied	103.8	11.6%	314.2	34.1%	528.2	40.6%	435.1	38.2%	149.8	23.6%	74.0	14.5%	11.1	4.0%	1 616.1	28.4%
Neither satisfied nor dissatisfied	22.3	2.5%	41.4	4.5%	77.3	5.9%	65.4	5.7%	24.2	3.8%	20.7	4.0%	8.2	3.0%	259.4	4.6%
Satisfied	22.6	2.5%	21.6	2.3%	63.6	4.9%	49.4	4.3%	17.6	2.8%	3.7	0.7%	0.7	0.2%	179.2	3.2%
Very satisfied	137.7	15.3%	286.0	31.0%	434.4	33.4%	393.1	34.5%	221.1	34.8%	141.3	27.6%	50.7	18.3%	1 664.3	29.3%
Not applicable	575.8	64.1%	220.6	23.9%	153.2	11.8%	150.3	13.2%	201.0	31.6%	250.7	49.0%	192.6	69.4%	1 744.3	30.7%
Unknown/Missing	27.8	3.1%	31.4	3.4%	30.7	2.4%	29.1	2.6%	19.3	3.0%	16.0	3.1%	12.8	4.6%	167.2	2.9%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

## **11.5 Environment Domain**

The WHOQOL-BREF (HK) consisted of eight questions on various environmental issues, asking the respondents in the two weeks preceding the survey “How safe do you feel in your daily life?”, “How healthy is your physical environment?”, “Have you enough money to meet your needs?”, “How available to you is the information that you need in your day-to-day life?”, “To what extent do you have the opportunity for leisure activity?”, “How satisfied are you with the conditions of your living place?”, “How satisfied are you with your access to health services?” and “How satisfied are you with your transport?”.

In general, 57.3% of people commented that they felt “very much” or “extremely” safe in their daily life and 32.2% found their living environment “very much” or “extremely” healthy in the two weeks preceding the survey. While 38.4% of people agreed that they had enough money to meet their needs “mostly” or “completely”, 61.4% reported that they “mostly” or “completely” had an adequate amount of information necessary for their daily lives. About half (45.7%) claimed that they “mostly” or “completely” had the opportunity of leisure activity. The proportion of people felt “satisfied” or “very satisfied” with their existing living place, access to health services and transport were 61.6%, 58.8% and 63.5% respectively (Table 11.5a).

Analyzed by sex, a relatively higher proportion of males (64.2%) than females (59.1%) reported that they “mostly” or “completely” had an adequate amount of information necessary for their day-to-day lives. For other environmental facets, there were not much differences in proportion of males and females giving a comparatively positive response (<5.0 percentage points) (Table 11.5a).

Across the age groups, the proportion of people who “mostly” or “completely” had enough money to meet their needs and an adequate amount of information necessary for their daily lives decreased with age. Otherwise, the differences across age groups for other environment issues were relatively small (Table 11.5b).

**Table 11.5a: Self-rated quality of life – environment domain by Gender**

	Female		Male		Total	
	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%
<b>Feeling safe in daily life</b>						
Not at all	82.6	2.7%	68.1	2.6%	150.7	2.7%
A little	279.5	9.0%	177.8	6.9%	457.4	8.0%
Moderately	1 022.0	32.9%	779.8	30.3%	1 801.8	31.7%
Very much	1 484.8	47.7%	1 284.4	49.9%	2 769.3	48.7%
Extremely	232.4	7.5%	254.7	9.9%	487.1	8.6%
Unknown/Missing	8.4	0.3%	9.2	0.4%	17.6	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Healthiness of physical environment</b>						
Not at all	307.5	9.9%	285.4	11.1%	592.9	10.4%
A little	632.3	20.3%	500.5	19.4%	1 132.8	19.9%
Moderately	1 148.6	36.9%	957.8	37.2%	2 106.4	37.1%
Very much	900.2	28.9%	729.9	28.4%	1 630.1	28.7%
Extremely	107.7	3.5%	90.7	3.5%	198.4	3.5%
Unknown/Missing	13.5	0.4%	9.7	0.4%	23.3	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Having enough money to meet their needs</b>						
Not at all	269.5	8.7%	258.9	10.1%	528.3	9.3%
A little	405.4	13.0%	329.3	12.8%	734.7	12.9%
Moderately	1 194.9	38.4%	1 017.1	39.5%	2 212.1	38.9%
Mostly	1 072.2	34.5%	831.1	32.3%	1 903.3	33.5%
Completely	152.1	4.9%	126.7	4.9%	278.8	4.9%
Unknown/Missing	15.7	0.5%	10.9	0.4%	26.6	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Availability of the information needed for day-to-day life</b>						
Not at all	67.2	2.2%	50.4	2.0%	117.7	2.1%
A little	238.2	7.7%	146.0	5.7%	384.2	6.8%
Moderately	945.6	30.4%	706.9	27.5%	1 652.5	29.1%
Mostly	1 582.4	50.9%	1 379.9	53.6%	2 962.3	52.1%
Completely	255.1	8.2%	271.9	10.6%	527.0	9.3%
Unknown/Missing	21.2	0.7%	18.9	0.7%	40.2	0.7%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

**Table 11.5a: Self-rated quality of life – environment domain by Gender (continued)**

	Female		Male		Total	
	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%	No. of persons (‘ 000)	%
<b>Opportunity for leisure activity</b>						
Not at all	300.9	9.7%	227.6	8.8%	528.5	9.3%
A little	530.1	17.0%	439.2	17.1%	969.3	17.1%
Moderately	873.1	28.1%	684.2	26.6%	1 557.3	27.4%
Mostly	1 174.7	37.8%	1 011.2	39.3%	2 186.0	38.5%
Completely	212.8	6.8%	197.7	7.7%	410.5	7.2%
Unknown/Missing	18.2	0.6%	14.1	0.5%	32.3	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Satisfaction with the conditions of living place</b>						
Very dissatisfied	59.4	1.9%	52.1	2.0%	111.5	2.0%
Dissatisfied	348.5	11.2%	253.2	9.8%	601.7	10.6%
Neither satisfied nor dissatisfied	793.5	25.5%	650.3	25.3%	1 443.8	25.4%
Satisfied	1 747.4	56.2%	1 466.6	57.0%	3 214.0	56.5%
Very satisfied	150.6	4.8%	137.7	5.3%	288.2	5.1%
Unknown/Missing	10.4	0.3%	14.2	0.5%	24.6	0.4%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Satisfaction with access to health services</b>						
Very dissatisfied	24.5	0.8%	19.5	0.8%	44.0	0.8%
Dissatisfied	259.9	8.4%	183.3	7.1%	443.2	7.8%
Neither satisfied nor dissatisfied	1 035.6	33.3%	786.0	30.5%	1 821.6	32.0%
Satisfied	1 669.9	53.7%	1 460.7	56.7%	3 130.6	55.1%
Very satisfied	101.8	3.3%	109.9	4.3%	211.8	3.7%
Unknown/Missing	18.0	0.6%	14.7	0.6%	32.7	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>Satisfaction with transport</b>						
Very dissatisfied	25.2	0.8%	22.6	0.9%	47.8	0.8%
Dissatisfied	226.6	7.3%	187.7	7.3%	414.3	7.3%
Neither satisfied nor dissatisfied	904.0	29.1%	687.1	26.7%	1 591.1	28.0%
Satisfied	1 805.4	58.1%	1 543.3	60.0%	3 348.7	58.9%
Very satisfied	135.4	4.4%	127.7	5.0%	263.1	4.6%
Unknown/Missing	13.2	0.4%	5.8	0.2%	18.9	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 11.5b: Self-rated quality of life – environment domain by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Feeling safe in daily life</b>																
Not at all	21.4	2.4%	28.6	3.1%	26.5	2.0%	31.3	2.7%	23.1	3.6%	10.9	2.1%	9.0	3.2%	150.7	2.7%
A little	62.9	7.0%	68.5	7.4%	101.1	7.8%	117.3	10.3%	43.0	6.8%	39.4	7.7%	25.1	9.0%	457.4	8.0%
Moderately	247.2	27.5%	305.3	33.1%	411.9	31.7%	343.3	30.1%	205.0	32.2%	184.5	36.1%	104.6	37.7%	1 801.8	31.7%
Very much	466.0	51.9%	460.7	50.0%	658.7	50.6%	533.4	46.8%	304.4	47.9%	233.4	45.6%	112.6	40.6%	2 769.3	48.7%
Extremely	96.3	10.7%	54.3	5.9%	101.3	7.8%	111.8	9.8%	59.7	9.4%	39.6	7.7%	24.1	8.7%	487.1	8.6%
Unknown/Missing	4.0	0.4%	3.8	0.4%	1.6	0.1%	2.0	0.2%	0.6	0.1%	3.7	0.7%	2.0	0.7%	17.6	0.3%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Healthiness of physical environment</b>																
Not at all	99.6	11.1%	105.5	11.4%	147.0	11.3%	120.7	10.6%	56.7	8.9%	41.5	8.1%	21.9	7.9%	592.9	10.4%
A little	199.3	22.2%	184.8	20.1%	277.0	21.3%	219.1	19.2%	120.5	19.0%	83.6	16.3%	48.5	17.5%	1 132.8	19.9%
Moderately	301.1	33.5%	381.8	41.4%	484.7	37.2%	415.5	36.5%	223.6	35.2%	190.5	37.2%	109.2	39.4%	2 106.4	37.1%
Very much	257.1	28.6%	228.9	24.8%	352.4	27.1%	329.5	28.9%	206.6	32.5%	173.0	33.8%	82.5	29.7%	1 630.1	28.7%
Extremely	37.3	4.2%	17.6	1.9%	37.2	2.9%	46.6	4.1%	24.6	3.9%	21.7	4.2%	13.3	4.8%	198.4	3.5%
Unknown/Missing	3.5	0.4%	2.6	0.3%	2.9	0.2%	7.4	0.7%	3.7	0.6%	1.2	0.2%	2.0	0.7%	23.3	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Having enough money to meet their needs</b>																
Not at all	85.2	9.5%	49.0	5.3%	113.7	8.7%	133.9	11.8%	63.1	9.9%	50.3	9.8%	33.2	12.0%	528.3	9.3%
A little	111.6	12.4%	105.3	11.4%	148.6	11.4%	155.4	13.6%	87.3	13.7%	78.1	15.3%	48.4	17.5%	734.7	12.9%
Moderately	322.9	36.0%	377.5	41.0%	516.4	39.7%	430.1	37.8%	254.1	40.0%	209.6	41.0%	101.5	36.6%	2 212.1	38.9%
Mostly	326.5	36.4%	354.1	38.4%	436.1	33.5%	362.4	31.8%	197.5	31.1%	149.3	29.2%	77.3	27.9%	1 903.3	33.5%
Completely	46.4	5.2%	32.7	3.6%	80.6	6.2%	54.6	4.8%	32.4	5.1%	20.6	4.0%	11.5	4.2%	278.8	4.9%
Unknown/Missing	5.4	0.6%	2.6	0.3%	5.8	0.4%	2.7	0.2%	1.3	0.2%	3.5	0.7%	5.3	1.9%	26.6	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Availability of the information needed for day-to-day life</b>																
Not at all	11.9	1.3%	8.6	0.9%	22.0	1.7%	35.0	3.1%	16.5	2.6%	10.7	2.1%	13.0	4.7%	117.7	2.1%
A little	42.4	4.7%	43.8	4.8%	55.6	4.3%	80.3	7.1%	51.5	8.1%	65.1	12.7%	45.5	16.4%	384.2	6.8%
Moderately	230.3	25.6%	248.1	26.9%	365.2	28.1%	321.2	28.2%	217.6	34.2%	172.3	33.7%	97.7	35.2%	1 652.5	29.1%
Mostly	502.8	56.0%	533.6	57.9%	731.9	56.2%	582.2	51.1%	292.5	46.0%	219.3	42.9%	100.1	36.1%	2 962.3	52.1%
Completely	106.1	11.8%	80.0	8.7%	115.4	8.9%	114.2	10.0%	55.7	8.8%	41.6	8.1%	13.9	5.0%	527.0	9.3%
Unknown/Missing	4.3	0.5%	7.0	0.8%	11.1	0.9%	6.1	0.5%	1.9	0.3%	2.5	0.5%	7.2	2.6%	40.2	0.7%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

**Table 11.5b: Self-rated quality of life – environment domain by Age group (continued)**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Opportunity for leisure activity</b>																
Not at all	25.9	2.9%	53.7	5.8%	122.1	9.4%	158.3	13.9%	60.9	9.6%	57.4	11.2%	50.3	18.1%	528.5	9.3%
A little	86.6	9.6%	138.9	15.1%	223.3	17.2%	215.8	18.9%	125.8	19.8%	109.9	21.5%	69.0	24.9%	969.3	17.1%
Moderately	223.0	24.8%	251.2	27.3%	369.8	28.4%	325.4	28.6%	188.4	29.6%	129.4	25.3%	70.0	25.2%	1 557.3	27.4%
Mostly	456.2	50.8%	414.3	45.0%	494.1	38.0%	359.9	31.6%	214.8	33.8%	178.6	34.9%	68.1	24.6%	2 186.0	38.5%
Completely	102.3	11.4%	57.5	6.2%	84.8	6.5%	72.9	6.4%	44.0	6.9%	34.4	6.7%	14.6	5.3%	410.5	7.2%
Unknown/Missing	3.8	0.4%	5.5	0.6%	7.1	0.5%	6.8	0.6%	1.9	0.3%	1.8	0.4%	5.3	1.9%	32.3	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Satisfaction with the conditions of living place</b>																
Very dissatisfied	21.1	2.4%	26.8	2.9%	30.9	2.4%	12.1	1.1%	8.5	1.3%	8.9	1.7%	3.2	1.2%	111.5	2.0%
Dissatisfied	97.4	10.8%	111.1	12.1%	133.2	10.2%	145.9	12.8%	58.4	9.2%	36.2	7.1%	19.5	7.0%	601.7	10.6%
Neither satisfied nor dissatisfied	236.1	26.3%	244.5	26.5%	334.7	25.7%	259.3	22.8%	175.2	27.6%	120.5	23.6%	73.4	26.5%	1 443.8	25.4%
Satisfied	478.3	53.3%	501.8	54.5%	729.4	56.1%	663.4	58.2%	361.6	56.9%	311.2	60.8%	168.3	60.7%	3 214.0	56.5%
Very satisfied	59.8	6.7%	28.0	3.0%	67.6	5.2%	56.3	4.9%	30.1	4.7%	33.5	6.5%	12.9	4.7%	288.2	5.1%
Unknown/Missing	5.1	0.6%	9.0	1.0%	5.4	0.4%	2.0	0.2%	1.9	0.3%	1.2	0.2%	-	-	24.6	0.4%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Satisfaction with access to health services</b>																
Very dissatisfied	4.8	0.5%	9.4	1.0%	8.6	0.7%	8.9	0.8%	4.4	0.7%	5.2	1.0%	2.7	1.0%	44.0	0.8%
Dissatisfied	66.5	7.4%	68.5	7.4%	110.1	8.5%	92.6	8.1%	49.8	7.8%	35.7	7.0%	20.1	7.2%	443.2	7.8%
Neither satisfied nor dissatisfied	350.8	39.1%	310.6	33.7%	446.9	34.3%	340.6	29.9%	176.0	27.7%	109.3	21.4%	87.3	31.5%	1 821.6	32.0%
Satisfied	438.3	48.8%	510.3	55.4%	686.7	52.8%	645.1	56.6%	366.1	57.6%	328.4	64.2%	155.6	56.1%	3 130.6	55.1%
Very satisfied	32.3	3.6%	16.7	1.8%	37.3	2.9%	47.1	4.1%	37.5	5.9%	29.2	5.7%	11.6	4.2%	211.8	3.7%
Unknown/Missing	5.1	0.6%	5.7	0.6%	11.6	0.9%	4.7	0.4%	1.9	0.3%	3.7	0.7%	-	-	32.7	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
<b>Satisfaction with transport</b>																
Very dissatisfied	7.9	0.9%	7.5	0.8%	16.8	1.3%	5.6	0.5%	4.4	0.7%	5.1	1.0%	0.7	0.2%	47.8	0.8%
Dissatisfied	71.1	7.9%	70.5	7.7%	110.2	8.5%	73.5	6.5%	43.9	6.9%	31.1	6.1%	14.1	5.1%	414.3	7.3%
Neither satisfied nor dissatisfied	301.9	33.6%	287.7	31.2%	346.2	26.6%	278.7	24.5%	165.0	26.0%	114.7	22.4%	96.9	34.9%	1 591.1	28.0%
Satisfied	461.7	51.4%	534.8	58.1%	762.0	58.6%	718.9	63.1%	387.6	61.0%	328.2	64.2%	155.4	56.0%	3 348.7	58.9%
Very satisfied	51.2	5.7%	18.0	2.0%	60.3	4.6%	61.0	5.4%	31.0	4.9%	31.3	6.1%	10.2	3.7%	263.1	4.6%
Unknown/Missing	4.1	0.5%	2.6	0.3%	5.7	0.4%	1.4	0.1%	3.9	0.6%	1.2	0.2%	-	-	18.9	0.3%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

## ***11.6 Quality of Life (WHOQOL-BREF) Scores***

Following the scoring protocol, the summary WHOQOL-BREF (HK) scores for each domain are calculated. All four transformed domain scores ranged from 4 to 20 – the higher the scores, the better the quality of life.

### Physical Health Domain

The median physical health domain scores for both females and males were similar at 16.0. In general, a negative association was apparent with age. Younger (15-24) persons had highest scores (median score=16.6) while older persons (75 and above) reported the lowest scores (median=13.7) (Tables 11.6a and 11.6b).

### Psychological Health Domain (culturally adjusted)

Overall, the median score was 14.5. Females had the same score as males (median=14.5). A general negative gradient was noted in association with age. The median score for those aged 15-64 was 14.5 as compared to 14.0 and 13.7 for those aged 65-74 and aged 75 or above respectively (Tables 11.6a and 11.6b).

### Social Relationships Domain

The median score for both females and males was 14.7. The youngest age group (15-24) had the highest score (median=16.0). However, the lowest score was noted among those aged 35-44 (median=13.3) (Tables 11.6a and 11.6b).

### Environment Domain

Again, both females and male had the same median scores (median=13.5). The median score was fairly invariant between age groups. It was 14.0 for 15-24 and 13.5 for the rest of age groups (Tables 11.6a and 11.6b).

To sum up, males and females reported the same median scores at all domains (Table 11.6a). Analyzed by age, older persons (aged 75 and above) reported the lowest scores in all domains except for Social Relationship domain and young persons (aged 15-24) reported the highest scores in all domains (Table 11.6b)

**Table 11.6a: WHOQOL-BREF (HK) scores by Gender**

	Female		Male		Total	
	No. of persons (' 000)	%	No. of persons (' 000)	%	No. of persons (' 000)	%
<b>Physical health domain</b>						
10 and below	63.0	2.0%	40.2	1.6%	103.2	1.8%
Greater than 10 but less than or equal to 15	1 069.2	34.4%	709.0	27.5%	1 778.3	31.3%
Greater than 15	1 954.1	62.8%	1 805.4	70.1%	3 759.5	66.1%
Unknown/Missing	23.5	0.8%	19.4	0.8%	42.9	0.8%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
Mean	15.5		15.9		15.7	
Median	16.0		16.0		16.0	
Standard Deviation	2.1		2.1		2.1	
<b>Psychological health domain (culturally adjusted)</b>						
10 and below	114.2	3.7%	59.4	2.3%	173.6	3.1%
Greater than 10 but less than or equal to 15	1 946.4	62.6%	1 581.3	61.4%	3 527.7	62.1%
Greater than 15	1 026.6	33.0%	914.5	35.5%	1 941.1	34.2%
Unknown/Missing	22.6	0.7%	18.9	0.7%	41.5	0.7%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
Mean	14.3		14.4		14.3	
Median	14.5		14.5		14.5	
Standard Deviation	2.1		2.0		2.0	
<b>Social relationships domain</b>						
10 and below	127.9	4.1%	112.1	4.4%	240.0	4.2%
Greater than 10 but less than or equal to 15	1 601.6	51.5%	1 449.6	56.3%	3 051.3	53.7%
Greater than 15	1 361.3	43.8%	994.9	38.7%	2 356.3	41.5%
Unknown/Missing	19.0	0.6%	17.4	0.7%	36.4	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
Mean	14.5		14.3		14.4	
Median	14.7		14.7		14.7	
Standard Deviation	2.4		2.4		2.4	

**Table 11.6a: WHOQOL-BREF (HK) scores by Gender (continued)**

	Female		Male		Total	
	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%	No. of persons ( ' 000)	%
<b>Environment domain</b>						
10 and below	209.8	6.7%	159.6	6.2%	369.4	6.5%
Greater than 10 but less than or equal to 15	2 310.5	74.3%	1 870.8	72.7%	4 181.3	73.6%
Greater than 15	570.8	18.4%	528.3	20.5%	1 099.1	19.3%
Unknown/Missing	18.7	0.6%	15.4	0.6%	34.1	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
Mean	13.4		13.6		13.5	
Median	13.5		13.5		13.5	
Standard Deviation	2.1		2.1		2.1	

Base: All respondents.

Notes: Figures may not add up to the total due to rounding.

Range of domain score = 4 (worst) to 20 (best).

**Table 11.6b: WHOQOL-BREF (HK) scores by Gender by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Physical health domain</b>																
10 and below	2.6	0.3%	3.1	0.3%	5.6	0.4%	14.5	1.3%	19.9	3.1%	26.3	5.1%	31.1	11.2%	103.2	1.8%
Greater than 10 but less than or equal to 15	265.1	29.5%	257.6	28.0%	332.4	25.5%	344.2	30.2%	229.9	36.2%	202.9	39.7%	146.2	52.7%	1 778.3	31.3%
Greater than 15	623.2	69.4%	655.0	71.1%	955.4	73.4%	771.2	67.7%	383.3	60.3%	278.0	54.3%	93.5	33.7%	3 759.5	66.1%
Unknown/Missing	6.9	0.8%	5.5	0.6%	7.8	0.6%	9.1	0.8%	2.5	0.4%	4.3	0.8%	6.6	2.4%	42.9	0.8%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	16.0		15.9		16.0		15.8		15.3		14.9		13.7		15.7	
Median	16.6		16.0		16.0		16.0		15.4		15.4		13.7		16.0	
Standard Deviation	1.9		1.8		1.8		2.0		2.3		2.6		3.0		2.1	
<b>Psychological health domain (culturally adjusted)</b>																
10 and below	26.2	2.9%	24.8	2.7%	20.0	1.5%	35.5	3.1%	21.6	3.4%	28.4	5.6%	17.0	6.1%	173.6	3.1%
Greater than 10 but less than or equal to 15	565.3	63.0%	578.6	62.8%	803.0	61.7%	680.5	59.7%	402.1	63.3%	305.7	59.8%	192.4	69.4%	3 527.7	62.1%
Greater than 15	301.5	33.6%	313.1	34.0%	468.5	36.0%	415.6	36.5%	208.8	32.9%	173.0	33.8%	60.6	21.8%	1 941.1	34.2%
Unknown/Missing	4.9	0.6%	4.7	0.5%	9.8	0.7%	7.4	0.6%	3.1	0.5%	4.3	0.8%	7.3	2.6%	41.5	0.7%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	14.4		14.3		14.5		14.4		14.2		14.1		13.7		14.3	
Median	14.5		14.5		14.5		14.5		14.5		14.0		13.7		14.5	
Standard Deviation	2.1		1.9		1.9		2.0		2.1		2.3		2.1		2.0	
<b>Social relationships domain</b>																
10 and below	51.6	5.7%	43.8	4.8%	45.6	3.5%	38.0	3.3%	25.3	4.0%	19.9	3.9%	15.8	5.7%	240.0	4.2%
Greater than 10 but less than or equal to 15	321.2	35.8%	513.4	55.7%	800.0	61.5%	672.7	59.1%	344.8	54.2%	254.0	49.7%	145.1	52.3%	3 051.3	53.7%
Greater than 15	519.4	57.9%	360.2	39.1%	449.2	34.5%	423.0	37.1%	261.4	41.1%	233.2	45.6%	109.8	39.6%	2 356.3	41.5%
Unknown/Missing	5.6	0.6%	3.8	0.4%	6.4	0.5%	5.4	0.5%	4.3	0.7%	4.3	0.8%	6.6	2.4%	36.4	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	14.9		14.2		14.2		14.3		14.5		14.5		14.1		14.4	
Median	16.0		14.0		13.3		14.0		14.7		14.7		14.0		14.7	
Standard Deviation	2.5		2.5		2.4		2.4		2.4		2.4		2.5		2.4	

**Table 11.6b: WHOQOL-BREF (HK) scores by Gender by Age group (continued)**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Environment domain</b>																
10 and below	40.9	4.6%	46.1	5.0%	78.7	6.0%	81.8	7.2%	47.8	7.5%	42.8	8.4%	31.3	11.3%	369.4	6.5%
Greater than 10 but less than or equal to 15	634.9	70.7%	701.7	76.2%	988.5	76.0%	832.6	73.1%	468.1	73.6%	353.2	69.1%	202.2	72.9%	4 181.3	73.6%
Greater than 15	216.3	24.1%	169.6	18.4%	227.7	17.5%	218.6	19.2%	118.5	18.6%	111.1	21.7%	37.2	13.4%	1 099.1	19.3%
Unknown/Missing	5.7	0.6%	3.8	0.4%	6.4	0.5%	6.0	0.5%	1.3	0.2%	4.3	0.8%	6.6	2.4%	34.1	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	13.8		13.5		13.5		13.4		13.5		13.5		13.1		13.5	
Median	14.0		13.5		13.5		13.5		13.5		13.5		13.5		13.5	
Standard Deviation	2.1		2.0		2.0		2.1		2.1		2.3		2.4		2.1	

Base: All respondents.

Notes: Figures may not add up to the total due to rounding.

Range of domain score = 4 (worst) to 20 (best).

## Reference

1. Leung KF, Tay M, Cheng S and Lin F. Hong Kong Chinese Version World Health Organisation Quality of Life Measure – abbreviated version WHOQOL-BREF (HK). Hospital Authority, December 1997.