

## Chapter 3

### General Health Status

The survey aims to assess the general health and well being of the local population aged 15 and above. Self-rated health is a fundamental measure of health status that is believed to reflect physical functioning and health problems. This Chapter reports on the population's self-rated physical and psychological health status, the level of limitations in physical activity and their perception of health.

#### Snapshot of Population's General Health Status

<b>Indicator</b>	<b>Overall %</b>	<b>% in female</b>	<b>% in male</b>
Self-rated health status – excellent, very good or good	58.7%	53.5%	64.9%
No limitation in physical functioning of moderate activities at all	84.1%	81.3%	87.5%
Feels better or much better than people of same age	30.0%	26.9%	33.7%

### 3.1 Short Form 12 (SF-12)<sup>1</sup>

The SF-12 health status measure was developed in the United States and is a subset of the SF-36 and a valid measure of health status. It consists of 12 questions measuring two domains of health which were aggregated into the physical component summary scale and the mental component summary scale. Both scores ranged from 0 to 100, with greater scores indicating better physical and mental health.

Tables 3.1a and 3.1b show the mean and median scores for the two summary scales of the SF-12 by sex and age group. On the whole, the median physical health score was 51.8 while the median mental health score was 53.1. Males reported higher scores in both physical and mental health scales. For physical health scale, the median scores were 51.4 and 52.4 for females and males respectively. The mental health scores were 52.0 and 53.3 for females and males respectively (Table 3.1a).

**Table 3.1a: SF-12 scores by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Physical health summary scale</b>						
Below 35.0	281.3	9.0%	135.2	5.3%	416.5	7.3%
35.0 – 39.9	179.1	5.8%	96.4	3.7%	275.5	4.8%
40.0 – 44.9	257.8	8.3%	161.0	6.3%	418.8	7.4%
45.0 – 49.9	425.2	13.7%	305.0	11.8%	730.2	12.8%
50.0 – 54.9	1 173.0	37.7%	1 101.8	42.8%	2 274.8	40.0%
55.0 – 59.9	536.9	17.3%	556.5	21.6%	1 093.5	19.2%
60.0 and above	53.7	1.7%	43.5	1.7%	97.3	1.7%
Unknown/Missing	202.7	6.5%	174.6	6.8%	377.4	6.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
Mean	48.6		50.4		49.4	
Median	51.4		52.4		51.8	
Standard Deviation	8.6		7.6		8.2	

**Table 3.1a: SF-12 scores by Gender (continued)**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Mental health summary scale</b>						
Below 35.0	267.3	8.6%	132.1	5.1%	399.4	7.0%
35.0 – 39.9	228.5	7.3%	133.3	5.2%	361.8	6.4%
40.0 – 44.9	297.7	9.6%	223.2	8.7%	520.9	9.2%
45.0 – 49.9	391.8	12.6%	290.4	11.3%	682.2	12.0%
50.0 – 54.9	713.9	23.0%	648.0	25.2%	1 361.9	24.0%
55.0 – 59.9	742.6	23.9%	753.3	29.3%	1 496.0	26.3%
60.0 and above	265.2	8.5%	219.1	8.5%	484.3	8.5%
Unknown/Missing	202.7	6.5%	174.6	6.8%	377.4	6.6%
<b>Total</b>	<b>3 109.8</b>	<b>100.0%</b>	<b>2 574.1</b>	<b>100.0%</b>	<b>5 683.9</b>	<b>100.0%</b>
Mean	49.6		51.2		50.3	
Median	52.0		53.3		53.1	
Standard Deviation	9.4		8.4		9.0	

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

Regarding the relationship between the scores and age, the physical health score showed a decreasing trend with increasing age. The median score was 38.3 for people aged 75 and above while it was 53.8 for those aged 15-24. In contrast, the mental health score showed a modest upward trend with age. People aged 75 and above achieved the highest median mental health score at 54.8 while people aged 25-34 had the lowest median mental health score at 51.7 (Table 3.1b).

**Table 3.1b: SF-12 scores by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Physical health summary scale</b>																
Below 35.0	8.1	0.9%	17.7	1.9%	37.5	2.9%	63.0	5.5%	74.2	11.7%	106.8	20.9%	109.3	39.4%	416.5	7.3%
35.0 – 39.9	17.9	2.0%	31.5	3.4%	47.4	3.6%	67.0	5.9%	44.6	7.0%	42.2	8.2%	25.0	9.0%	275.5	4.8%
40.0 – 44.9	48.0	5.3%	54.2	5.9%	69.2	5.3%	100.6	8.8%	63.9	10.1%	57.4	11.2%	25.4	9.2%	418.8	7.4%
45.0 – 49.9	97.7	10.9%	94.6	10.3%	168.1	12.9%	164.1	14.4%	96.3	15.2%	84.6	16.5%	24.7	8.9%	730.2	12.8%
50.0 – 54.9	367.8	41.0%	415.9	45.1%	596.4	45.8%	481.2	42.3%	223.3	35.1%	135.1	26.4%	55.0	19.8%	2 274.8	40.0%
55.0 – 59.9	279.2	31.1%	233.2	25.3%	276.8	21.3%	174.8	15.3%	74.7	11.7%	43.3	8.5%	11.5	4.1%	1 093.5	19.2%
60.0 and above	28.4	3.2%	21.2	2.3%	22.7	1.7%	15.9	1.4%	4.9	0.8%	4.1	0.8%	-	-	97.3	1.7%
Unknown/Missing	50.7	5.6%	52.9	5.7%	83.2	6.4%	72.4	6.4%	53.8	8.5%	38.0	7.4%	26.4	9.5%	377.4	6.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	52.7		51.8		51.1		49.4		47.1		43.9		38.2		49.4	
Median	53.8		53.5		52.5		51.4		50.4		47.1		38.3		51.8	
Standard Deviation	5.2		5.9		6.2		7.2		8.8		10.5		12.3		8.2	

**Table 3.1b: SF-12 scores by Age group (continued)**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>Mental health summary scale</b>																
Below 35.0	76.7	8.5%	72.7	7.9%	77.1	5.9%	83.4	7.3%	50.1	7.9%	24.8	4.8%	14.7	5.3%	399.4	7.0%
35.0 – 39.9	53.0	5.9%	76.1	8.3%	79.5	6.1%	60.5	5.3%	31.2	4.9%	41.6	8.1%	19.8	7.1%	361.8	6.4%
40.0 – 44.9	92.1	10.3%	98.1	10.7%	123.4	9.5%	104.4	9.2%	47.4	7.5%	32.8	6.4%	22.6	8.2%	520.9	9.2%
45.0 – 49.9	104.9	11.7%	111.1	12.1%	176.0	13.5%	155.9	13.7%	62.4	9.8%	48.5	9.5%	23.4	8.4%	682.2	12.0%
50.0 – 54.9	238.0	26.5%	228.8	24.8%	338.1	26.0%	277.2	24.3%	138.3	21.7%	92.5	18.1%	49.0	17.6%	1 361.9	24.0%
55.0 – 59.9	211.3	23.5%	227.5	24.7%	342.2	26.3%	297.2	26.1%	186.2	29.3%	162.3	31.7%	69.3	25.0%	1 496.0	26.3%
60.0 and above	71.1	7.9%	54.0	5.9%	81.7	6.3%	87.9	7.7%	66.4	10.4%	71.0	13.9%	52.2	18.8%	484.3	8.5%
Unknown/Missing	50.7	5.6%	52.9	5.7%	83.2	6.4%	72.4	6.4%	53.8	8.5%	38.0	7.4%	26.4	9.5%	377.4	6.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%
Mean	49.7		49.2		50.3		50.4		50.9		51.9		52.0		50.3	
Median	52.7		51.7		52.8		53.0		53.6		54.7		54.8		53.1	
Standard Deviation	9.2		9.0		8.3		8.9		9.5		9.0		9.4		9.0	

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

### 3.2 Self-Rated Health Status

In the interview, the respondents were further asked a single self-rated question to assess their present health condition on a five-category scale (“excellent”, “very good”, “good”, “fair” and “poor”). Overall, 58.7% of persons rated their health positively (i.e. “excellent”, “very good” or “good”), while 35.5% considered their present health condition as “fair” and 5.7% “poor”.

The proportion who considered their health condition as “excellent”, “very good” or “good” was larger among males (64.9%) than females (53.5%) (Table 3.2a). Analyzed by age, a greater proportion of people aged 15-44 (64.2% to 77.7%) and a lower proportion of people aged 45 and above (35.3% to 51.3%) rated their health status as “excellent”, “very good” or “good”, compared with the overall population (Table 3.2b).

**Table 3.2a: Evaluation of the health status by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Excellent	64.5	2.1%	89.5	3.5%	154.0	2.7%
Very good	539.7	17.4%	595.1	23.1%	1 134.8	20.0%
Good	1 058.3	34.0%	986.5	38.3%	2 044.8	36.0%
Fair	1 249.1	40.2%	769.4	29.9%	2 018.5	35.5%
Poor	193.4	6.2%	128.8	5.0%	322.2	5.7%
Unknown/Missing	4.7	0.1%	4.8	0.2%	9.4	0.2%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 3.2b: Evaluation of the health status by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Excellent	46.4	5.2%	28.7	3.1%	40.5	3.1%	22.2	2.0%	7.1	1.1%	6.6	1.3%	2.5	0.9%	154.0	2.7%
Very good	315.8	35.2%	225.8	24.5%	262.2	20.2%	179.8	15.8%	82.4	13.0%	50.8	9.9%	18.0	6.5%	1 134.8	20.0%
Good	335.8	37.4%	393.6	42.7%	532.8	40.9%	381.8	33.5%	197.7	31.1%	125.6	24.6%	77.4	27.9%	2 044.8	36.0%
Fair	180.8	20.1%	259.3	28.1%	425.0	32.7%	488.6	42.9%	282.6	44.5%	259.7	50.8%	122.6	44.2%	2 018.5	35.5%
Poor	18.0	2.0%	14.0	1.5%	37.7	2.9%	65.9	5.8%	64.4	10.1%	68.2	13.3%	54.1	19.5%	322.2	5.7%
Unknown/Missing	1.1	0.1%	-	-	2.9	0.2%	0.6	0.1%	1.6	0.2%	0.6	0.1%	2.6	1.0%	9.4	0.2%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

### 3.3 Limitation in physical activity

The respondents were further asked whether their current health status had limited them in performing moderate activities such as moving a table, pushing a vacuum cleaner, bowling or performing Tai Chi and climbing several flights of stairs during a typical day.

As a whole, 84.1% and 81.5% of people had no limitation at all accomplishing moderate activities and climbing several flights of stairs respectively. Males (87.5%) were more likely than females (81.3%) to have no limitation at all in accomplishing moderate activities. When it comes to climbing several flights of stairs, a larger proportion of males (86.1%) than females (77.7%) had no limitation at all (Table 3.3a).

Analyzed by age, the proportion of people who had no limitation at all in accomplishing moderate activities and climbing several flights of stairs decreased markedly with age from the respective 94.9% and 94.3% for people in the 15-24 age group, to 39.3% and 34.5% for people aged 75 and above respectively (Table 3.3b).

**Table 3.3a: Extent of limitation in accomplishing moderate activities and climbing several flights of stairs by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>To accomplish moderate activities</b>						
Yes, limited a lot	109.0	3.5%	62.2	2.4%	171.3	3.0%
Yes, limited a little	464.2	14.9%	250.2	9.7%	714.4	12.6%
No, not limited at all	2 529.0	81.3%	2 252.9	87.5%	4 781.9	84.1%
Unknown/Missing	7.6	0.2%	8.7	0.3%	16.4	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%
<b>To climb several flights of stairs</b>						
Yes, limited a lot	142.5	4.6%	74.3	2.9%	216.8	3.8%
Yes, limited a little	533.1	17.1%	264.3	10.3%	797.4	14.0%
No, not limited at all	2 417.5	77.7%	2 216.6	86.1%	4 634.0	81.5%
Unknown/Missing	16.8	0.5%	18.9	0.7%	35.7	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 3.3b: Extent of limitation in accomplishing moderate activities and climbing several flights of stairs by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
<b>To accomplish moderate activities</b>																
Yes, limited a lot	-	-	7.6	0.8%	18.8	1.4%	18.3	1.6%	27.3	4.3%	44.6	8.7%	54.6	19.7%	171.3	3.0%
Yes, limited a little	43.8	4.9%	46.7	5.1%	97.4	7.5%	131.6	11.6%	126.4	19.9%	158.8	31.0%	109.7	39.5%	714.4	12.6%
No, not limited at all	851.9	94.9%	866.9	94.1%	1181.0	90.8%	986.6	86.6%	479.5	75.4%	306.9	60.0%	109.1	39.3%	4 781.9	84.1%
Unknown/Missing	2.1	0.2%	-	-	3.9	0.3%	2.6	0.2%	2.5	0.4%	1.3	0.3%	4.0	1.4%	16.4	0.3%
<b>Total</b>	<b>897.8</b>	<b>100.0%</b>	<b>921.2</b>	<b>100.0%</b>	<b>1 301.2</b>	<b>100.0%</b>	<b>1 139.0</b>	<b>100.0%</b>	<b>635.7</b>	<b>100.0%</b>	<b>511.5</b>	<b>100.0%</b>	<b>277.4</b>	<b>100.0%</b>	<b>5 683.9</b>	<b>100.0%</b>
<b>To climb several flights of stairs</b>																
Yes, limited a lot	1.7	0.2%	7.5	0.8%	12.3	0.9%	24.9	2.2%	37.6	5.9%	62.2	12.2%	70.5	25.4%	216.8	3.8%
Yes, limited a little	43.5	4.8%	51.9	5.6%	130.8	10.1%	155.6	13.7%	144.2	22.7%	162.9	31.8%	108.6	39.2%	797.4	14.0%
No, not limited at all	846.7	94.3%	860.1	93.4%	1 148.5	88.3%	952.7	83.6%	448.4	70.5%	282.1	55.1%	95.6	34.5%	4 634.0	81.5%
Unknown/Missing	6.0	0.7%	1.7	0.2%	9.6	0.7%	5.9	0.5%	5.6	0.9%	4.3	0.8%	2.6	1.0%	35.7	0.6%
<b>Total</b>	<b>897.8</b>	<b>100.0%</b>	<b>921.2</b>	<b>100.0%</b>	<b>1 301.2</b>	<b>100.0%</b>	<b>1 139.0</b>	<b>100.0%</b>	<b>635.7</b>	<b>100.0%</b>	<b>511.5</b>	<b>100.0%</b>	<b>277.4</b>	<b>100.0%</b>	<b>5 683.9</b>	<b>100.0%</b>

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

### 3.4 Perception of Health

All persons were asked to evaluate their health condition compared with people of their age. In general, 58.5% thought that their health condition was more or less the same as people of their age; 30.0% considered their health condition better or much better than people of their age while 11.3% said otherwise. Subgroup analysis indicated that 33.7% of males and 26.9% of females perceived their health condition better or much better than their age-matched peers (Table 3.4a). The highest and lowest proportions of people perceived their health condition better or much better than people of their age were among people aged 75 and above (34.2%) and those aged 25-34 age group (25.7%) respectively (Table 3.4b).

**Table 3.4a: Perceived health condition of persons compared with people at their age by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Much better	95.5	3.1%	110.8	4.3%	206.4	3.6%
Better	742.3	23.9%	755.3	29.3%	1 497.6	26.3%
The same	1 839.2	59.1%	1 483.6	57.6%	3 322.8	58.5%
Worse	392.0	12.6%	185.8	7.2%	577.8	10.2%
Much worse	31.5	1.0%	31.8	1.2%	63.4	1.1%
Unknown/Missing	9.2	0.3%	6.7	0.3%	15.9	0.3%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 3.4b: Perceived health condition of persons compared with people at their age by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Much better	23.2	2.6%	16.3	1.8%	51.8	4.0%	51.9	4.6%	33.1	5.2%	20.1	3.9%	10.0	3.6%	206.4	3.6%
Better	232.4	25.9%	220.3	23.9%	345.7	26.6%	310.5	27.3%	163.0	25.6%	141.0	27.6%	84.8	30.6%	1 497.6	26.3%
The same	562.1	62.6%	586.4	63.7%	775.7	59.6%	654.6	57.5%	343.7	54.1%	272.2	53.2%	128.1	46.2%	3 322.8	58.5%
Worse	72.9	8.1%	92.7	10.1%	109.0	8.4%	109.3	9.6%	80.7	12.7%	68.9	13.5%	44.3	16.0%	577.8	10.2%
Much worse	6.1	0.7%	4.1	0.4%	17.2	1.3%	9.4	0.8%	12.2	1.9%	7.5	1.5%	6.8	2.5%	63.4	1.1%
Unknown/Missing	1.1	0.1%	1.6	0.2%	1.8	0.1%	3.3	0.3%	3.0	0.5%	1.8	0.4%	3.3	1.2%	15.9	0.3%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

Compared with past 12 months, 58.4% of all persons thought their present health was more or less the same as 12 months ago. While 18.0% of persons considered their health condition better or much better than 12 months ago, 23.0% reported their health condition worse or much worse. More males (19.1%) than females (17.0%) perceived their health condition better or much better compared with the past 12 months (Table 3.4c). Analyzed by age, people aged 15-24 were more likely to perceive that their present health condition was better or much better than 12 months ago, whereas people aged 75 and above were least likely to think so. In other words, this perception generally decreased with the increase in age (Table 3.4d).

**Table 3.4c: Health condition of persons compared with the past 12 months by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Much better	38.3	1.2%	30.0	1.2%	68.2	1.2%
Better	491.2	15.8%	461.6	17.9%	952.8	16.8%
The same	1 757.5	56.5%	1 564.7	60.8%	3 322.2	58.4%
Worse	754.2	24.3%	466.2	18.1%	1 220.4	21.5%
Much worse	50.6	1.6%	37.5	1.5%	88.1	1.5%
Unknown/Missing	18.0	0.6%	14.1	0.5%	32.2	0.6%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 3.4d: Health condition of persons compared with the past 12 months by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Much better	14.7	1.6%	10.7	1.2%	17.4	1.3%	11.1	1.0%	6.3	1.0%	5.3	1.0%	2.7	1.0%	68.2	1.2%
Better	232.5	25.9%	168.6	18.3%	204.8	15.7%	163.1	14.3%	104.5	16.4%	55.8	10.9%	23.6	8.5%	952.8	16.8%
The same	522.2	58.2%	592.7	64.3%	814.5	62.6%	641.7	56.3%	341.5	53.7%	278.1	54.4%	131.4	47.4%	3 322.2	58.4%
Worse	120.5	13.4%	140.5	15.3%	242.9	18.7%	295.4	25.9%	166.6	26.2%	151.7	29.6%	102.7	37.0%	1 220.4	21.5%
Much worse	4.6	0.5%	7.2	0.8%	16.0	1.2%	22.1	1.9%	11.5	1.8%	14.5	2.8%	12.2	4.4%	88.1	1.5%
Unknown/Missing	3.3	0.4%	1.5	0.2%	5.6	0.4%	5.7	0.5%	5.3	0.8%	6.2	1.2%	4.7	1.7%	32.2	0.6%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

All persons were further asked how they perceived their health in the 3 months preceding the survey. Overall, 80.9% perceived their health in the last 3 months as being “good” or “very good”; 17.7% reported “poor” and 0.8% said “very poor”. A larger proportion of males (85.6%) than females (77.1%) considered their health condition “good” or “very good” in the past 3 months (Table 3.4e). Analyzed by age, the proportion of people perceived their health “good” or “very good” in the past 3 months decreased with age, from 88.6% for those aged 15-24 to 62.1% for those aged 75 and above (Table 3.4f).

**Table 3.4e: Perceived health condition of persons in the 3 months preceding the survey by Gender**

	Female		Male		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Very good	116.7	3.8%	164.5	6.4%	281.2	4.9%
Good	2 279.5	73.3%	2 038.7	79.2%	4 318.2	76.0%
Poor	680.7	21.9%	327.8	12.7%	1 008.5	17.7%
Very Poor	18.1	0.6%	28.2	1.1%	46.3	0.8%
Unknown/Missing	14.8	0.5%	14.9	0.6%	29.7	0.5%
Total	3 109.8	100.0%	2 574.1	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

**Table 3.4f: Perceived health condition of persons in the 3 months preceding the survey by Age group**

	15-24		25-34		35-44		45-54		55-64		65-74		75 and above		Total	
	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%	No. of persons ('000)	%
Very good	81.1	9.0%	38.5	4.2%	73.6	5.7%	45.5	4.0%	22.3	3.5%	13.3	2.6%	6.8	2.5%	281.2	4.9%
Good	714.2	79.6%	754.0	81.8%	1 033.8	79.4%	868.3	76.2%	460.2	72.4%	322.2	63.0%	165.5	59.7%	4 318.2	76.0%
Poor	98.9	11.0%	125.2	13.6%	181.5	13.9%	214.8	18.9%	138.8	21.8%	161.7	31.6%	87.7	31.6%	1 008.5	17.7%
Very Poor	-	-	-	-	3.9	0.3%	7.1	0.6%	13.2	2.1%	10.4	2.0%	11.8	4.2%	46.3	0.8%
Unknown/Missing	3.6	0.4%	3.5	0.4%	8.5	0.7%	3.4	0.3%	1.2	0.2%	4.0	0.8%	5.5	2.0%	29.7	0.5%
Total	897.8	100.0%	921.2	100.0%	1 301.2	100.0%	1 139.0	100.0%	635.7	100.0%	511.5	100.0%	277.4	100.0%	5 683.9	100.0%

Base: All respondents.

Note: Figures may not add up to the total due to rounding.

## Reference

1. Ware JE, Kosinski M, Keller SD. SF-12: How to score the SF-12 physical and mental health summary scales. Boston, M.A.: The Health Institute, New England Medical Center, 1995.