



# 食肉菌感染

## *Flesh-eating infection*

創傷弧菌引致的壞死性筋膜炎  
Necrotising Fasciitis caused by *V. vulnificus*

### 傳播途徑

傷口接觸到海水、處理生的海產時遭割傷，及進食生或未經煮熟的貝殼類海產

### 病徵

四肢或軀幹疼痛或腫痛  
皮膚發熱及紅腫，並快速擴散

### 高危群組

患有肝病、癌症、糖尿病、地中海貧血、免疫系統疾病或接受免疫抑制治療的人士

### 預防方法

- 避免傷口接觸海水或生的海產
- 盡快清潔傷口，並用防水敷料妥善覆蓋傷口直至癒合
- 前往街市時，避免皮膚接觸污水
- 留意海產的尖刺部份，如魚鰭、蝦頭和蟹等以免被刺傷
- 在處理生的貝殼類海產或其他海鮮時，應戴上保護手套
- 徹底煮熟海產，避免進食生蠔或生的貝殼類海產

### Transmission

Exposure to seawater through a wound or puncture wound caused by handling raw seafood, or through eating raw or undercooked shellfish

### Clinical features

Pain or soreness of a limb or the trunk  
Warm skin with a reddish swelling that spreads rapidly

### High risk groups

People with liver diseases, cancer, diabetes mellitus, thalassemia, impaired immune response or receiving immuno-suppressing therapy

### Prevention

- Avoid having wounds coming into contact with seawater or raw seafood
- Clean wounds immediately and cover properly with waterproof adhesive dressings until healed
- Avoid skin contact with dirty water when visiting a wet market
- Be careful with sharp parts of seafood, such as fish fins, shrimp heads and crabs to prevent cuts
- Wear protective gloves when handling raw shellfish or other seafood
- Cook seafood thoroughly; avoid eating raw oysters or shellfish

