



首先，很感謝我能夠參與這個為期三年的項目。這次我不單是以一個歌手的身份，還是以過來人的身份參與這件事。我覺得特別有意思，因為能夠通過自己的經歷，可以幫助現在有情緒困擾甚至精神病患的人，對我來說是非常感動的。希望在整個過程中，可以有更多更正面的訊息和大家分享。

鄭秀文

「好心情@香港」計劃宣傳大使

First of all, it is my pleasure to participate in this three-year campaign. As a singer and someone who had gone through mental distress, I feel especially meaningful to help those who are facing emotional disturbance and even mental distress with my own experience. This is just so touching to me. Hopefully, there is a greater number of more positive messages to be shared with you all in the course of this event.

Sammi Cheng

Campaign Ambassador of "Joyful@HK"