打噴嚏或咳嗽時
應掩著口鼻
Cover your mouth and nose while coughing or sneezing

如出現呼吸道感染病徵，應佩戴口罩
Wear a surgical mask when having respiratory symptoms

使用枧液和清水洗手
Wash hands with liquid soap and water

正確棄置已染污的紙巾
Dispose of soiled tissue paper properly

Health Education Infoline of the Department of Health

Revised in October 2019

Maintain Cough Manners

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Department of Health