

## 咳嗽要講禮 Maintain Cough Manners



## 遮掩口鼻有禮

打噴嚏或咳嗽時要掩著口和鼻 Cover nose and mouth while sneezing or coughing



## 正確棄置有禮

呼吸道分泌物應用紙巾包好, 並棄置於有蓋垃圾桶内 Dispose of soiled tissue paper properly in a lidded rubbish bin



打噴嚏或咳嗽後應徹底洗手 Wash hands thoroughly after sneezing or coughing



佩戴口罩有禮

如有呼吸道感染,應佩戴口罩 Put on a surgical mask while having a respiratory infection

