

加入規液 搓手20秒

Add soap Rub hands for 20 seconds

一個既簡單

且有效預防感染的方法

An **easy** and **effective** way to prevent infection

當雙手沒有明顯污垢時
你可用酒精搓手液潔手
When hands are not visibly soiled, you may clean them with alcohol-based handrub



搓手步驟
Step for hand washing

