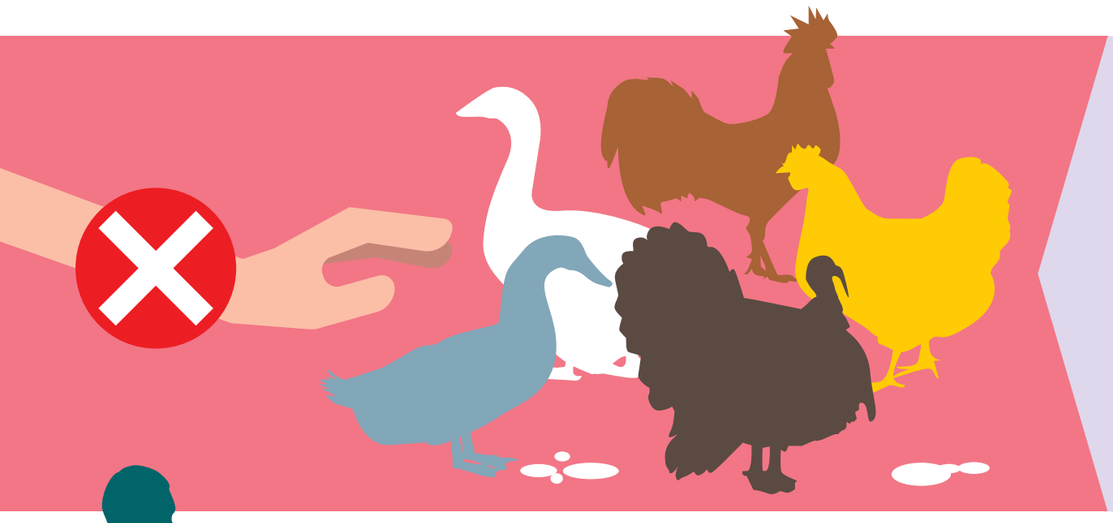
預防禽流感
Prevention of Avian Influenza



避免接觸
禽鳥或其糞便

Avoid contact
with poultry and birds, or their droppings

出外旅遊時
避免到訪
家禽市場及農場

Avoid visiting
poultry markets and farms when travelling

徹底煮熟
家禽和蛋類食物

Poultry and egg products
must be cooked thoroughly

保持
雙手清潔

Keep
hands clean

如有不適，
戴上外科口罩、
盡快求診
並告知醫生外遊紀錄

Wear a surgical mask,
seek medical advice promptly
and inform doctor of travel details if feeling unwell

衞生防護中心
Centre for Health Protection

禽流感專題網頁
Avian Influenza Thematic Webpage

衞生防護中心 Facebook 專頁 Centre for Health Protection Facebook Fanpage
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衞生署
Department of Health

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