

2025/26 季節性流感疫苗學校外展計劃

2025/26 Seasonal Influenza Vaccination School Outreach Programme (SIVSOP)

2025年6月
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衛生署
Department of Health

簡介會內容

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第一部分

Part 1

流感流行情況、 季節性流感疫苗簡介

**Overview on Situation of Influenza Activity &
Introduction to SIV**

本地流感流行情況 (截至5月8日)

Local Situation of Influenza Activity (as of May 8, 2025)

- 香港自今年一月初踏入冬季流感季節。

Hong Kong has entered winter influenza season since early January this year.

- 本地季節性流感活躍程度於一月下旬至二月上旬維持在最高水平，其後逐步回落，並於三月尾完結。

The seasonal influenza activity in Hong Kong has continued to increase and remained at the highest level from late January to early February and then gradually declined. The winter influenza season ended at the end of March.

- 共錄得10宗兒童流感相關之嚴重併發症個案，沒有兒童死亡個案。

10 paediatric cases of influenza-associated complications were reported this season, in which none of them were fatal.

- 大部份嚴重併發症個案(70%)沒有接種2024/25季節性流感疫苗。

Majority of paediatric cases with complications/ deaths (70%) did not receive the 2024/25 SIV

- 今次流感季節的重症和死亡個案偏低，相信是社會各持份者和大眾市民全方位努力不懈致力提高季節性流感疫苗接種率的成果。

The relatively low number of severe and death cases this season is believed to be the result of the concerted and comprehensive efforts of various stakeholders in the community and the public to increase the seasonal influenza vaccination (SIV) rate.

為何要接種季節性流感疫苗

Why receive seasonal influenza vaccination

- 接種季節性流感疫苗(流感疫苗) 有效**預防季節性流感及其併發症**，亦可減低因流感而入院留醫和死亡個案，亦能減少學生因病缺課的情況。

Seasonal influenza vaccination (Influenza vaccination) is an **effective means to prevent seasonal influenza**, its complications, and influenza related hospitalization and death, as well as to reduce school absenteeism.

- 研究發現在六個月至17歲的兒童中，未接種該季疫苗而其後感染流感並出現嚴重併發症或死亡的比率，是已接種疫苗兒童的**約3倍**(2至5歲: **約6倍**)。

In children aged between 6 months and 17 years, researches reveal that the rate of influenza-associated complication/death in those without vaccination are approximately **3 times higher** than their counterpart (2-5 years old: **6 times higher approximately**)

- 疫苗可預防疾病科學委員會建議年齡介乎**六個月至未滿18歲**的兒童及青少年為**優先接種**季節性流感疫苗的群組之一。

The Scientific Committee on Vaccine Preventable Diseases (SCVPD) suggested **children and adolescents aged six months to under 18 years** as one of the **priority groups** for receiving the seasonal influenza vaccine.

為何要接種季節性流感疫苗

Why receive seasonal influenza vaccination

- 流行的季節性流感病毒株可能會**時有不同**。季節性流感疫苗的成分每年會根據流行的病毒株而**更新**，以加強保護。

The circulating seasonal influenza strains may **change from time to time**, therefore the seasonal influenza vaccine composition is **updated every year** to enhance protection

- **兒童需要每年接種至少一劑**季節性流感疫苗。9 歲以下從未接種過季節性流感疫苗的兒童，則應接種兩劑季節性流感疫苗，而兩劑疫苗的接種時間至少相隔 4 個星期。

Children should **receive at least one dose of SIV per year**. For those under 9 years of age who have never received any seasonal influenza vaccination before are recommended to receive 2 doses of SIV with a minimum interval of 4 weeks.

流感疫苗的種類

Types of influenza vaccine

滅活季節性流感疫苗 Inactivated Influenza Vaccine (IIV)

- 注射模式接種
Given by **injection**
- 含有已滅活 (已死亡) 的病毒
IIV contains inactivated (**killed**) viruses
- 適用人士：6個月或以上人士 (除非有已知禁忌症)，包括健康人士、懷孕婦女及有長期健康問題的人士
Indications: **6 months or above** (except those with known contraindications), including healthy people, pregnant women and people with chronic medical problems.
- 不宜接種：對任何疫苗成分或接種任何流感疫苗後曾出現嚴重過敏反應的人士
Not suitable to receive the vaccine: people who have a history of **severe allergic reaction** to any vaccine component or a previous dose of any influenza vaccine

減活季節性流感疫苗 Live Attenuated Influenza Vaccine (LAIV)

- 噴鼻模式接種
Given by **intranasal spray**
- 含有已弱化的病毒
LAIV contains **weakened** viruses
- 適用人士：2-49歲的人士
LAIV can be used for people **2-49 years** of age.
- 不宜接種
 - 對任何疫苗成分或接種任何流感疫苗後曾出現嚴重過敏反應；
 - 正服用亞士匹林或含水楊酸鹽藥物的兒童和青少年；
 - 患有哮喘或在過去12個月內曾患上喘鳴的兩歲至四歲兒童；
 - 因任何原因導致免疫功能減弱的兒童及成人；
 - 免疫系統嚴重受抑制而需在受保護的環境下接受護理的人士之緊密接觸者和照顧者；
 - 懷孕；及
 - 在過去 48 小時曾服用流感抗病毒藥物
- **Not suitable:**
 - History of severe allergic reaction to any vaccine component or after previous dose of any influenza vaccine;
 - Concomitant aspirin or salicylate-containing therapy in children and adolescents;
 - Children 2 years through 4 years who have asthma or who have had a history of wheezing in the past 12 months;
 - Children and adults who are immunocompromised due to any cause;
 - Close contacts and caregivers of severely immunosuppressed persons who require a protected environment;
 - Pregnancy; and
 - Receipt of influenza antiviral medication within previous 48 hours



流感疫苗可能有的副作用

Possible side effects of influenza vaccines

滅活季節性流感疫苗

Inactivated Influenza Vaccine (IIV)

- 在接種處出現**痛楚、紅腫**外，一般並無其他副作用
Usually well tolerated apart from **soreness, redness or swelling** at injection site
- 部分人士可能在接種後六至十二小時內出現**發燒、肌肉疼痛、疲倦**等症狀，但通常會在兩天內減退
Some recipients may experience **fever, muscle pain, and tiredness** beginning 6–12 hours after vaccination and lasting up to 2 days
- 如出現風疹塊、口舌腫脹或呼吸困難等較為罕見的**嚴重過敏反應**，患者必須立即求醫
Immediate severe allergic reactions like hives, swelling of the lips or tongue, and difficulties in breathing are rare and require emergency consultation

減活季節性流感疫苗

Live Attenuated Influenza Vaccine (LAIV)

- 常見的副作用包括**鼻塞或流鼻水**（所有年齡人士）、**發燒**（兒童）和喉嚨痛（成人）
The most common adverse reactions following LAIV administration are **nasal congestion or runny nose** (in all ages), **fever** (in children) and sore throat (in adults).
- 5歲以下兒童患上反覆喘鳴或任何年齡的哮喘患者，在接種減活流感疫苗後可能會**增加喘鳴的風險**
Children aged below 5 years with recurrent wheezing / persons of any age with asthma may be at **an increased risk of wheezing** following administration.
- 如出現風疹塊、口舌腫脹或呼吸困難等較為罕見的**嚴重過敏反應**，患者必須立即求醫。
Immediate severe allergic reactions like hives, swelling of the lips or tongue, and difficulties in breathing are rare but require emergency consultation.



第二部分

Part 2

2024/25 季節性流感疫苗學校外展計劃 總結

Summary of 2024/25 SIVSOP

- 外展計劃可以為家長提供一個便利的選擇，讓學生集中在學校熟悉的環境中輕鬆接受醫護到校的接種服務，能有效加強學童免疫屏障。

School outreach could offer a convenient option for parents and allow students to receive outreach vaccination service by healthcare personnel in a familiar and relaxed environment at school, which effectively strengthen their immunity barrier.

- 根據本地經驗，學校參與外展計劃能顯著提高學童流感疫苗接種率逾一倍。流感疫苗可減少學童缺課率，以及減少社區傳播。

According to local experience, school outreach can double vaccination coverage rates, which effectively strengthen the immunity barrier of school children. SIV can reduce school absenteeism, and also lower influenza transmission in the community.

2024/25 季節性流感疫苗學校外展計劃 - 新措施

New measures under 2024/25 SIVSOP

- 為提升學童的疫苗覆蓋率，季節性流感疫苗學校外展計劃實施以下特別安排：

To boost the SIV coverage rate among schoolchildren, several new measures were implemented in the 2024/25 SIVSOP

- 幼稚園和幼兒中心可於同一或不同的外展活動自由選用注射式滅活和噴鼻式滅活流感疫苗。

Kindergarten-cum-child care centres are allowed to choose both IIV and LAIV for the same or different outreach vaccination activities.

- 作為先導計劃，噴鼻式滅活流感疫苗亦會提供予本季度早前表示希望接種噴鼻式滅活流感疫苗的中小學

As a pilot scheme, LAIV will also be provided to selected primary and secondary schools which indicated their preference for LAIV earlier this year

- 將未有參加學校外展活動的學校名單上載到衛生防護中心網站，呼籲家長安排兒童到家庭醫生接種疫苗。

To upload “List of Schools/child care centres not arranging SIV school outreach” on the CHP’s website, so as to remind parents to bring their children to receive SIV as soon as possible.

2024/25 季節性流感疫苗學校外展 - 學校參與率

School Participation Rate in 2024/25 SIVSOP

| | 2023/24 學校參與率 Participation rate in 2023/24 | 2024/25 學校參與率 (學校約數) Participation rate in 2024/25 (Approx. no. of schools) |
|---|---|---|
| 幼稚園 / 幼兒中心 Kindergarten / child care centre | 80% | 97% (1 020) |
| 小學 Primary School | 95% | 98% (640) |
| 中學 Secondary School | 70% | 98% (490) |

兒童季節性流感疫苗覆蓋率

SIV Coverage Rate in Children

| 目標群組 Target group | 接種疫苗人數 (佔該目標群組的百份比) The percentages of population with vaccine dose(s) (the proportion of that target group) | | |
|--|--|---------|--|
| | 2022/23 | 2023/24 | 2024/25 (截至2025年5月25日) (as of 25 May 2025) |
| 6 個月大至未滿 6 歲的兒童 (幼稚園/幼兒中心) Children of age 6 months to under 6 years (KG/CCC) | 37.8% | 48.8% | 55.0% |
| 6 歲至未滿 12 歲的兒童 (小學) Children of age 6 to under 12 years (PS) | 60.2% | 68.0% | 73.8% |
| 12 歲至未滿 18 歲的兒童 (中學) Children of age 12 to under 18 years (SS) | 19.3% | 40.9% | 56.3% |

疫苗學校外展嘉許計劃

SIV School Outreach Commendation Scheme

- 學生接種率高達70%或以上的學校將獲頒嘉許狀

Schools with 70% or above student vaccination rate will be awarded a Certificate of Commendation

- 得獎名單會上載於衛生防護中心網頁，以茲鼓勵

The list of awardees will be uploaded to the CHP's website as an encouragement

| | 獲獎學校數目 No. of awardees |
|--|---------------------------|
| 幼稚園 / 幼兒中心 Kindergarten / child care centre | 366 |
| 小學 Primary Schools | 385 |
| 中學 Secondary Schools | 50 |
| 總數 Total | 801 |

第三部分

Part 3

2025/26 季節性流感疫苗學校外展計劃

Introduction to 2025/26 SIVSOP

2025/26 季節性流感疫苗學校外展計劃重點

Highlight of 2025/26 SIVSOP

- 提供**噴鼻式滅活流感疫苗恆常化**，噴鼻式滅活流感疫苗將提供予所有學校，並允許學校均可於同一或不同的外展活動自由選用注射式滅活和噴鼻式滅活流感疫苗

DH will **regularize the supply of nasal spray type LAIV** to schools, and they are allowed to choose both IIV and LAIV for the same or different outreach vaccination activities (hybrid mode).

- 繼續將未有安排學校外展活動的學校**名單上載**到衛生防護中心網站，以便相關學校的家長另行安排子女接種季節性流感疫苗

DH will continue to **upload “List of Schools/child care centres not arranging SIV School Outreach”** on the CHP’s website, so as to remind parents to bring their children to receive SIV as soon as possible.

- **簡化參與衛生署各項疫苗計劃之程序**

To **simplify the application procedure** of different vaccination programme

- 推行**選擇退出(opt-out)**方式

Implementation of **“Opt-out” approach**

- 學校於**10-12月**進行疫苗接種活動

Outreach activities between **October and December 2025**

| | 政府提供疫苗模式 (前稱「季節性流感疫苗學校外展 (免費) 計劃」) Government Supply Vaccine Mode (Formerly called the “SIV School Outreach (Free of Charge) Programme”) | 醫生提供疫苗模式 (前稱「疫苗資助學校外展 (可額外收費) 計劃」) Doctor Supply Vaccine Mode (Formerly called the “Vaccination Subsidy Scheme (VSS) School Outreach (Extra Charge Allowed)”) |
|-------------------------------------|---|--|
| 可參與的學校 Eligible School | 所有中學、小學、幼稚園及幼兒中心 (包括特殊學校) All SSs, PSs, KGs/CCCs (including special school) | |
| 流感疫苗種類 Vaccine available | 注射式、噴鼻式、混合模式 IIV, LAIV or hybrid mode | |
| | (政府提供 By Gov) | (私家醫生提供 By Dr.) |
| 費用 Fee | 免費 Free | 可能會額外收費 May impose extra service charge |
| 醫生選擇 Selection of Doctors | 由衛生署配對或可自行選擇醫生 (根據醫生名單) By DH-matching or Self-selection of Doctors (according to “List of Doctors”) | 自行選擇醫生 (根據醫生名單) Self-selection of Doctors (according to “List of Doctors”) |

| | <p>政府提供疫苗模式 (前稱「季節性流感疫苗學校外展 (免費) 計劃」)</p> <p>Government Supply Vaccine Mode (Formerly called the “SIV School Outreach (Free of Charge) Programme”)</p> | <p>醫生提供疫苗模式 (前稱「疫苗資助學校外展 (可額外收費) 計劃」)</p> <p>Doctor Supply Vaccine Mode (Formerly called the “Vaccination Subsidy Scheme (VSS) School Outreach (Extra Charge Allowed)”)</p> |
|--|--|--|
| <p>醫生選擇 Selection of Doctors</p> | <ul style="list-style-type: none"> • 由衛生署配對或； • 可自行選擇醫生 (根據醫生名單 • By DH-matching or; • Self-selection of Doctors (according to “List of Doctors”) | <ul style="list-style-type: none"> • 自行選擇醫生 (根據醫生名單 • Self-selection of Doctors (according to “List of Doctors”) |
| <p>安排 (日期、時間等) Arrangement (e.g. date, time)</p> | <ul style="list-style-type: none"> • 由衛生署配對或； • 與醫生商討服務安排 • To be arranged by DH or; • Schools discuss with doctors | <ul style="list-style-type: none"> • 與醫生商討服務安排 • Schools discuss with doctors |
| <p>接種人士 Vaccine recipients</p> | <ul style="list-style-type: none"> • 學童 (免費) • 學校員工和學生家庭成員 (自費) • School children (free) • School staff and students' family member (self-payment) | <ul style="list-style-type: none"> • 學童 (資助) • 學校員工和學生家庭成員 (自費) • School children (subsidised) • School staff and students' family member (self-payment) |

- 為簡化學校參與衛生署各項疫苗計劃之程序（即季節性流感疫苗學校外展計劃、香港兒童免疫接種計劃），2025/26將**統一兩個計劃之參加程序**
To simplify the application procedures of different immunisation programmes (i.e. SIVSOP and Hong Kong Children Immunisation Programme (HKCIP), **the applications for SIVSOP and HKCIP will be combined into a single procedure in 2025/26 school year.**
- 香港兒童免疫接種計劃（小學適用）**
HKCIP (Applicable to Primary Schools):
 - 學童免疫注射小組每學年走訪全港小學進行兩次免疫接種運動，小組會提供到學校的時間
Each year, School Immunisation Teams (SIT) visit Hong Kong Primary Schools for two immunisation campaigns. SIT will provide the visit schedule later.
 - 按「香港兒童免疫接種計劃」為小一、小五(女學生)及小六學生接種疫苗
Provide vaccinations for P1, P5 (female) and P6 students according to the HKCIP

參加安排（續）

Enrollment arrangements (cont'd)

- 季節性流感疫苗學校外展計劃（所有學校適用）：

SIVSOP (Applicable to ALL Schools)

- 學校需回覆季節性流感疫苗學校外展計劃之安排

Schools need to reply their preferred mode of SIVSOP

- 政府提供疫苗模式 Government Supply Vaccine Mode
- 醫生提供疫苗模式 Doctor Supply Vaccine Mode
- 以其他外展模式為學童提供季節性流感疫苗（如院舍防疫注射計劃、學校自行與醫療機構安排非衛生署轄下外展活動）

Adopt another outreach mode to provide SIV for their schoolchildren (i.e. Residential Care Home Vaccination Programme (RVP), self-organised outreach activity by cooperating with doctors / medical organisations)

- 不參加（需提供原因） Not participating any school outreach vaccination (need to provide reason)
 - 學校需發出通告呼籲家長自行安排子女接種，但不能取代舉辦外展活動

Schools are required to **issue a parent letter** to appeal parents for the self-arrangement of SIV for their children. Nevertheless, issuing the parent letter **cannot** replace conducting the school outreach activity

- 學校需向衛生署提交其校的**疫苗覆蓋率**

Schools are required to complete a survey on collecting their **students' vaccination rate** near the end of the season.

參與衛生署各項疫苗計劃之已簡化程序以及便

Simplified application procedure and convenient arrangement of various vaccination programmes under DH



- 只需提交一次回覆便可參加季節性流感疫苗學校外展計劃及香港兒童免疫接種計劃

A single application procedure for joining both SIVSOP and HKCIP.

- 學校如選擇由衛生署配對醫生，可提供3個外展日期，衛生署會配對可提供服務之醫生予學校

For schools opt for DH-matching of Doctors, school could provide 3 available dates to facilitate our matching.

- 於舉行外展活動當日，醫生可另外自行提供疫苗讓學校員工和學生家庭成員自費接種。

On the date of school outreach, doctors can provide their own vaccines for school staff and students' family members, on self-payment basis.

2025/26 季節性流感疫苗學校外展計劃時間表

Timeline of 2025/26 SIVSOP

| 日期 Date | 事件 Event |
|-------------------------------|--|
| 2025年5月至6月 May – June 2025 | <ul style="list-style-type: none">邀請學校和醫生參加學校外展計劃 Invitation to Schools and Doctors/HMO for SIVSOP enrollment連繫持份者（舉行簡介會介紹來季安排）如學校、辦學團體、學校議會、家教會等 Communication with schools, SSBs, major school councils, PTAs, etc. (Arrange online briefing session) |
| 2025年7月 July 2025 | <ul style="list-style-type: none">公布醫生配對結果 Announcement of matching result與教育局合作跟進仍未回覆/不參加之學校 Follow up enrollment status of non-participating / non-responsive schools with EDB conjointly |

2025/26 季節性流感疫苗學校外展計劃時間表

Timeline of 2025/26 SIVSOP

| 日期 Date | 事件 Event |
|--|--|
| 2025年8月 August 2025 | <ul style="list-style-type: none">未有參加學校外展活動的學校名單上載到衛生防護中心網站 <p>Upload the list of schools that do not participate in SIVSOP to the CHP's website</p> <ul style="list-style-type: none">舉行簡介會予參加學校（講述學校在疫苗接種日前、當天和之後所需的工作、相關指引） <p>Briefing for participating schools (talk about the preparation work before, on and after vaccination day, and related guidelines)</p> |
| 2025年10月至12月 October to December 2025 | <ul style="list-style-type: none">學校舉行流感疫苗學校外展活動 <p>Schools to conduct SIV outreach activities</p> |
| 2026年4月至5月 April to May 2026 | <ul style="list-style-type: none">疫苗覆蓋率調查（不參加/參加其他計劃*之學校） <p>Vaccination coverage rate survey for non-participating schools / schools that join another vaccination programme*</p> <ul style="list-style-type: none">派發「疫苗學校外展嘉許計劃」嘉許狀 <p>Send out the Certificate of Commendation for awardees in the "SIV School Outreach Commendation Scheme"</p> |

*其他計劃如院舍防疫注射計劃、學校自行與醫療機構安排非衛生署轄下外展活動

*Other modes include Residential Care Home Vaccination Programme (RVP), self-organised outreach activity by cooperating with doctors / medical organisations)

第四部分

Part 4

疫苗接種活動安排

Vaccination Activity Arrangement



疫苗接種活動流程表

Workflow of Vaccination Activity

接種前的準備

Preparation Before Vaccination

- 確定接種日期和接種方式
Confirm the dates and type of vaccination
- 派發及收集「同意書」
Distribution and collection of Consent Forms
- 接種活動的開始時間、流程及預計結束時間
Starting time, logistics and the expected completion time of the vaccination activity

- 人手配合 - 老師、家長義工
Manpower - Teachers, Parents volunteers

- 場地佈置 - 提供足夠空間及設施
Venue setup - provide adequate spacing and facilities

接種日

On the Vaccination Day

- 預先安排場地、物資和人手
Confirm the venue, resources, and manpower are ready

- 接收疫苗
Receiving the vaccines

- 協助安排學生接種
Assist in arranging the students to have vaccination

需要學校的配合 **Require School's Support**

- 與接種隊合作 Co-operate with the vaccination team
- 保持緊密的聯繫 Keep close contact
- 協商可行的方案 Negotiate and work out possible solution

詳情請參閱學校指引

Details please refer to the Schools' Guide

完成接種後

Upon Completion of Vaccination

- 「季節性流感疫苗接種卡」
Seasonal Influenza Vaccination Card

- 收集醫療廢物的安排
Arrangement on the Collection of Clinical Waste

- 學生接種記錄報告
Student vaccination report

- 接種季節性流感疫苗(流感疫苗) 有效預防季節性流感及其併發症，亦可減低因流感而入院留醫和死亡個案，亦能減少學生因病缺課的情況。

Seasonal influenza vaccination (Influenza vaccination) is an effective means to prevent seasonal influenza, its complications, and influenza related hospitalization and death, as well as to lower the non-attendance rate due to illness.

- 學校外展接種活動可以提高覆蓋率，為兒童提供保護

School outreach vaccination activities can increase the coverage rate and provide protection to children.

- 要提高學童接種流感疫苗率需要學校、家長和醫護界的共同努力和支持。

Boosting student's vaccination rate of SIV requires the collaborating effort and support of schools, parents and health care sector.

更多資訊 More Information

衛生防護中心網頁 The Centre for Health Protection website

中文版:

English Version:

<https://www.chp.gov.hk/en/features/100634.html>

聯絡我們 **Contact Us**

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謝謝
Thank you

