



“懇切呼籲孕婦和餵哺母乳的婦女接種新冠疫苗，以預防自身重症和所誕下嬰兒感染新冠病毒的風險 - 香港婦產科學會、香港兒科醫學會、澳門兒科專科醫學會、香港護理學院、香港助產士會、香港兒童免疫過敏及傳染病學會、香港兒科護理學院和香港兒科護士學會聯合聲明”

新型冠狀病毒變異病毒株 Omicron 確診數字最近屢創新高，除嬰幼兒和兒童之外，孕婦同屬於高風險群組。孕婦若不幸在懷孕期間感染新冠病毒，亦有機會對胎兒帶來不良後果，可引致小產、胎兒發育不良、夭折、和早產等嚴重問題，因此計劃懷孕的婦女和孕婦應儘快接種新冠疫苗。

未接種新冠疫苗的孕婦亦可在懷孕期接種，世界各地的科學數據已顯示懷孕期接種信使核糖核酸疫苗（香港和澳門特別行政區都採用復必泰疫苗）或滅活疫苗（香港特別行政區採用科興疫苗，澳門特別行政區採用國藥疫苗）都安全有效。懷孕期接種新冠疫苗不但能減低孕婦受感染後患重症的風險，而且孕婦產生的抗體更能經胎盤傳送給胎兒，保護胎兒和出生後的嬰兒，免受新冠病毒感染所帶來的嚴重後果。

我們強烈鼓勵接種了新冠疫苗的孕婦於分娩後餵哺母乳，亦強烈推薦正在餵哺母乳的婦女接種新冠疫苗，此舉不但不會傷害嬰兒，孕婦和餵哺母乳的婦女接種疫苗後的抗體更能夠通過母乳餵哺傳送到嬰兒體內，保護初生嬰兒免受感染後發生重症和併發症。切記接種新冠疫苗十四天之後才可產生足夠的抗體水平保護自己和胎兒，所以孕婦和餵哺母乳的婦女應考慮儘早接種新冠疫苗。

一般人或許會謬誤以為疫苗中的信使核糖核酸（mRNA）及其他成份會由胎盤進入胎兒或從母乳進入嬰兒體內，確切的答案是「不會」！所以孕婦和餵哺母乳的媽媽可以安心接種新冠疫苗。孕婦和餵哺母乳的婦女接種新冠疫苗後的輕微反應與一般成人無異，毋須擔心接種疫苗後出現嚴重反應。

香港婦產科學會、香港兒科醫學會、澳門兒科專科醫學會、香港護理學院、香港助產士會、香港兒童免疫過敏及傳染病學會、香港兒科護理學院和香港兒科護士學會謹在此發出聯合聲明，懇切呼籲每一位正在計劃懷孕的婦女，孕婦和餵哺母乳的婦女儘快接種新冠疫苗，以預防重症和保護下一代。

二零二二年九月九日

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