

治療感染的抗生素同時會殺死您身體內的正常細菌，增加耐藥性細菌滋生的風險。

為保障您與家人，您應該：

1. 時刻保持手部衛生
2. 食水和食物必須徹底煮沸及煮熟
3. 消毒及覆蓋傷口
4. 當有呼吸道感染徵狀時戴上口罩
5. 患病的幼童應減少接觸其他兒童



抗菌素耐藥性專頁



衛生防護中心
Centre for Health Protection



衛生署
Department of Health

Antibiotics to cure infection also kill the normal bacteria in your body and put you at risk of acquiring superbugs.

To protect you and your family, you should:

1. Practise frequent hand hygiene
2. Eat or drink only thoroughly cooked and boiled items
3. Disinfect and cover wounds
4. Wear mask when you have respiratory symptoms
5. Young children with illness should minimize contact with other children



Antimicrobial Resistance
Thematic Webpage