

健康聯盟

HEALTHY LEAGUE



1

WE ARE REDADY!





A WORKOUT A DAY,
KEEPS CANCER AWAY!



JOY



SPORTY

OUCH!



OH!



3



4



DON'T PLAY WITH
YOUR MOBILE PHONE
WHILE WALKING, IT'S
DANGEROUS. INCREASE
YOUR AGILITY BY
EXERCISING REGULARLY.





1
GREENIE

PEOPLE SAY WE MAY BE
ABLE CAPTURE BIGFOOT
WHEN HIKING.

AIRY



TO ME, WE CAN
ENJOY FRESH AIR
WHEN HIKING.
FEEL MORE RELAXED
AND FLY HIGHER.



OK



AIRY! PLEASE FLY HIGHER AND
LOOK FOR BIGFOOT.



ER? THAT MAN LOOKS LIKE
PROFESSOR...



CAPTAIN AC

I LOVE YOU!

CAPTAIN AC, YOU LOOK BETTER
IN PERSON THAN ON TV!

WOW!
IT LOOKS BUSY!

AIRY

SIGN HERE PLEASE!

1

HEY, AIRY!
WHAT'S THE MATTER?

WHY?

SO CUTE!!!

3

CUZ SOMEONE HAS BEEN SMOKING OVER
THERE. MY WINGS WILL CHANGE COLOUR
WHEN TOBACCO SMOKE IS DETECTED.



4

REMOVE TOBACCO SMOKE?
IT'S EASY!



PROFESSOR H

YEAH!
I GOT IT FROM
ONLINE AUCTION
FINALLY!
HOHOHO...

1

2

GIANT ENTER KEY

3

CONNECTED.....

THE MOMENT OF GLORY!

4

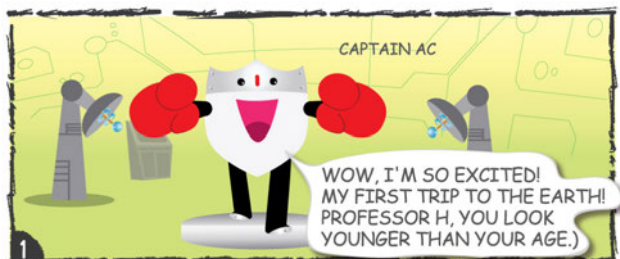
SISS~

SISS~

TRANSMITTING.....

CAPTAIN AC

TO BE CONTINUED.....



GREENIE



GREENIE'S BODY WEIGHT IS EQUAL TO TWO WATERMELONS! STANDARD!

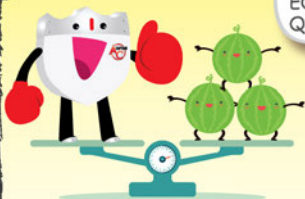
JOY



1

2

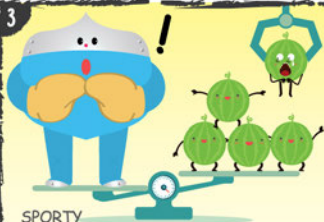
CAPTAIN AC



CAPTAIN AC'S BODY WEIGHT IS EQUAL TO THREE WATERMELONS! QUITE FIT AS WELL!



3



HAHAHA... HE MUST BE OVERWEIGHT!



SPORTY

4



CONSIDERING HIS HEIGHT, HE IS FIT TOO! SINCE YOU ARE ALL SO FIT, I'LL TREAT EVERYONE A WATERMELON!



COOOOOL!

GREENIE

1

2

WOW...!

BUDDY

3

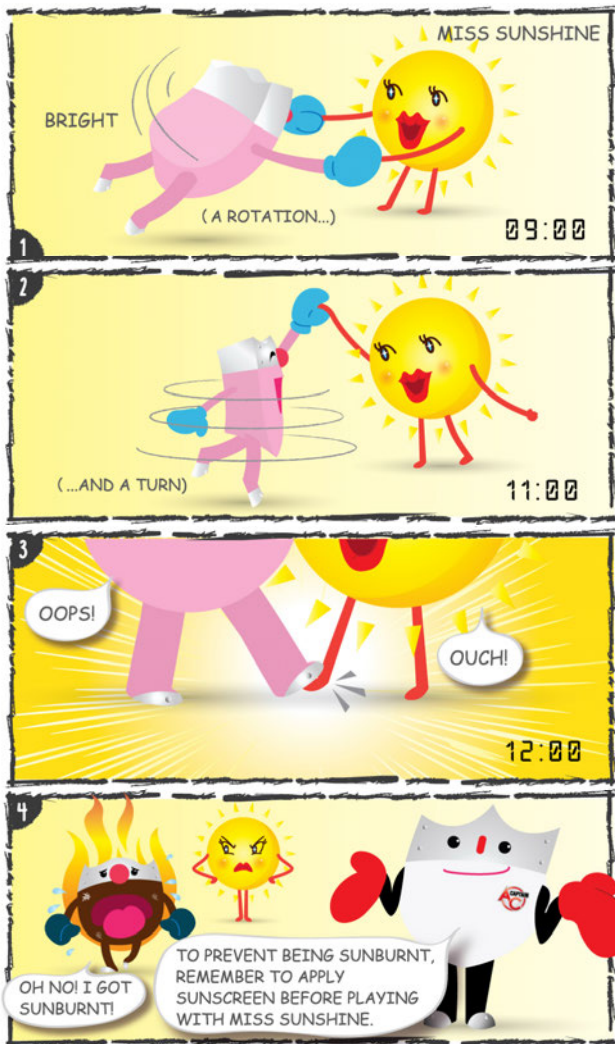
ONE MUST OWN
A MINI FAN TO
RELAX DURING
THE HOT
SUMMER
HOLIDAYS!

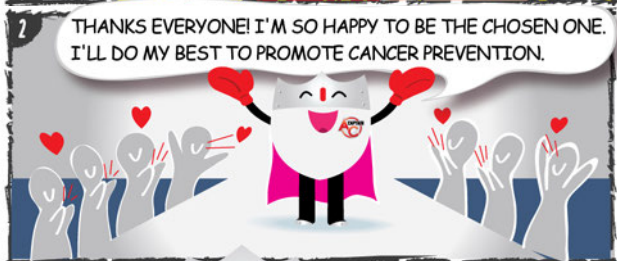
4

COME ON! PUT IT DOWN
AND DANCE SAMBA!

CAPTAIN AC

JOY





07:00

BUDDY

GOTTA
GET UP NOW!

JOY

2

TIME TO~GET
UP~THE NEW SCHOOL
YEAR IS COMING
SOON, WE NEED TO
REFRESH OURSELVES
AND BE PREPARED TO
PROMOTE CANCER
PREVENTION IN
SCHOOLS.

3

I KNEW YOU
WOULDN'T WAKE UP
THAT EASILY...BUT I
HAVE MY OWN
WAYS...

4

GOO..GOOD
MORNING
TEACHERS
AND FELLOW
STUDENTS!

1 GREENIE, JUST HEARD THAT YOU'VE MADE YOUR OWN FIBRE BED. MAY I COME OVER TO HAVE A LOOK?

SPORTY



2 GREENIE

HAHA...OF COURSE!

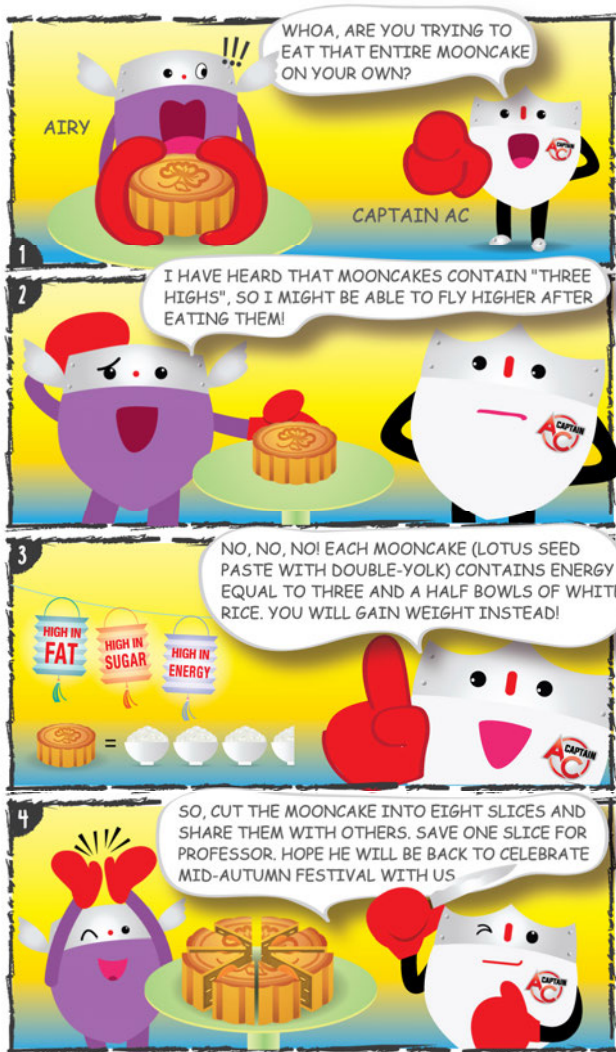


3 TA-DA!!!



4 WITH ALL THESE FRUITS AND VEGGIES, I REALLY ENJOY SLEEPING ON MY "DIETARY-FIBRE BED" HAHHAHA...









WE HAVE TO FINISH READING
ALL THESE BOOKS ON CANCER
PREVENTION TODAY.

AIRY

WE NEED TO ACTIVATE
OUR "HIGH-SPEED
READING MODE."

JOY

1

2

I SAW PROFESSOR USING
THIS SYMBOL BEFORE.

LOOK! THERE IS AN "HL"
SYMBOL ON THIS PAGE.

3

THE INK IS
STILL WET.

OH-NO! THE MARKING
IS STARTING TO DISAPPEAR!

4

IS PROFESSOR NEARBY?

HURRY UP,
LET'S GO AND LOOK FOR HIM!



YES, HE CAN READ ALL CANCER PREVENTION
INFORMATION IN JUST A SECOND.

HEY, SOMEONE
ONLINE SAID
CAPTAIN AC
IS VERY SMART!



1

2

BUS

AND THERE IS A REASON
WHY HE HAS SUCH BODY
SHAPE!

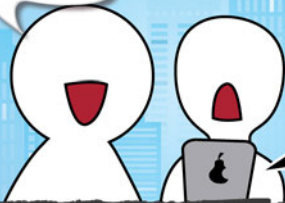


LIKE A SHIELD, TO
PROTECT OUR HEALTH!



3

WHERE IS HE FROM?



HUH?

THIS INFORMATION
IS NOT AVAILABLE...

4

CAPTAIN AC



DO NOT ASK WHERE
A HERO COMES FROM.



NUMBER 7 STRIKES THE BALL FROM MIDFIELD. UNFORTUNATELY, IT HITS THE CROSSBAR AND HERE GOES THE END OF THE FIRST HALF...

1

2

OH, NO! A GOALLESS FIRST HALF! HOW COME YOU STILL LOOK EXCITED?

ER... I'M JUST DOING SOME STRETCHES. LET'S DO SOME TOGETHER BEFORE THE SECOND HALF STARTS.



GREENIE

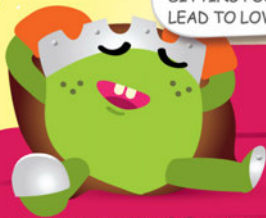


SPORTY

BUDDY

3

GREENIE, YOUR POOR SITTING POSTURE MAY LEAD TO LOW BACK PAIN.



4

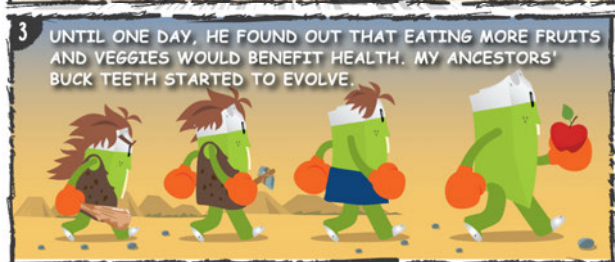


GO TO BED WHEN YOU FEEL SLEEPY. IT'S IMPORTANT TO GET ENOUGH SLEEP.



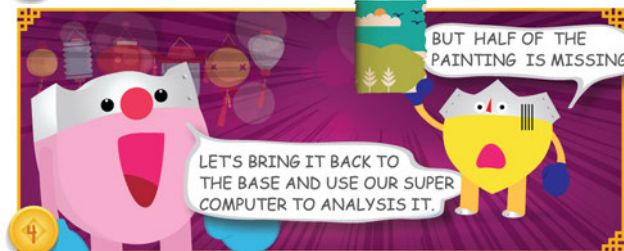












1
THANKS FOR COMING TO
TRY MY NEW MENU, JOY!

SPORTY

OF COURSE I HAVE TO COME,
IT'S A MEAL PREPARED BY YOU!
I ALSO BROUGHT SOME FRESH
VEGETABLES FOR TONIGHT.

JOY

2

TA-DAH! PAN-FRIED
LUNCHEON MEAT AND
SARDINES IN OIL!

HUH?!

3

WHY ARE YOU SERVING SO MUCH MEATS?
ALSO, CANNED FOODS ARE OFTEN HIGH
IN SODIUM AND FAT. THEY ARE NOT
HEALTHY AT ALL!

BUT THEY ARE
CONVENIENT TO COOK.

4

FOR THE SAKE OF OUR
HEALTH, LET ME PREPARE
DINNER WITH FRESH
INGREDIENTS.

07:00

SPORTY

ASLEEP?

1

12:00

GREENIE

STILL ASLEEP?

2

18:00

CAPTAIN AC

ARE YOU STILL SLEEPING? WAKE UP! WHY HAVE YOU BEEN SLEEPING FOR THE WHOLE DAY?

BUDDY

CUZ TODAY IS WORLD SLEEP DAY!

AHA! GETTING ENOUGH QUALITY SLEEP HELPS KEEPING YOUR MIND AND BODY HEALTHY. WE SHOULD GET ENOUGH SLEEP EVERYDAY RATHER THAN SLEEPING FOR THE WHOLE DAY LIKE YOU!

4

CAPTAIN AC



AIRY'S ANCESTOR

1 ONCE UPON A TIME, MEMBERS OF AIRY'S FAMILY USED TO WEAR A SET OF SMART AND CHIC UNIFORM.



2 DURING EVERY FLYING MISSION, THE CAPE WOULD CHANGE COLOUR WHEN TOBACCO SMOKE WAS DETECTED.



3 BUT ONE DAY, THE CAPE WAS BURNT BY A CIGARETTE BUD IN A MISSION...



AIRY

4 SINCE THEN, AIRY'S FAMILY MEMBERS INSTALLED THE TOBACCO SMOKE DETECTOR ON THEIR WINGS!

CAPTAIN AC

EXAM SEASON
HAS BEGUN!



EACH OF OUR MEMBERS WILL
REGULARLY PARTICIPATE IN
EXAMS TO TEST THEMSELVES.

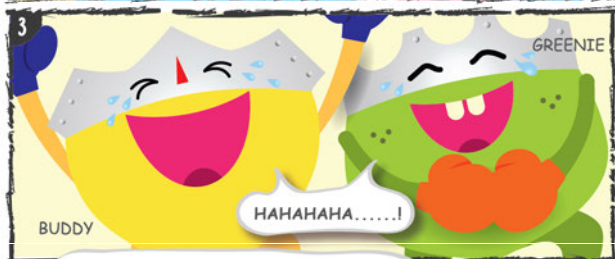
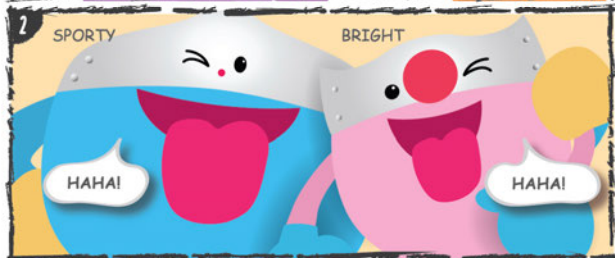
LOOK! BRIGHT IS
PREPARING FOR
AN EXAM.

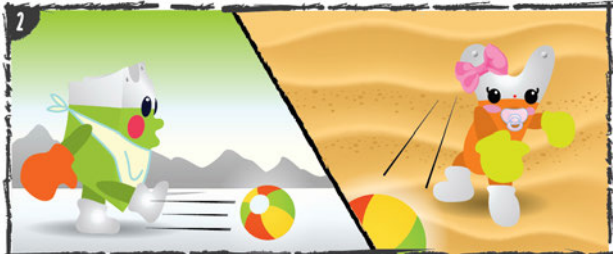
BRIGHT

HEY BRIGHT, REMEMBER
TO DO SOME STRETCHING
EXERCISES DURING
YOUR STUDY.

GET ENOUGH SLEEP
AND DON'T SLEEP
TOO LATE!

SURE! THAT'S WHY
I'M READING HEALTHY
LEAGUE'S COMIC BOOK
TO REDUCE STRESS.
HAHA!





SPORTY'S ANCESTOR

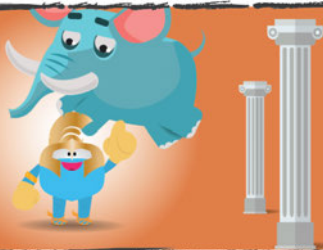


SINCE THE ANCIENT TIMES, SPORTY'S ANCESTORS WERE THE GOLD MEDALISTS OF MOST SPORTS.

1

2

GOLD MEDALIST IN
ELEPHANT LIFTING
USING ONE FINGER.



3

GOLD MEDALIST IN STRAW SANDAL
KICKING ROUND ABOUT THE EARTH.



4

INHERITING THE BEST GENES
FROM HIS ANCESTORS,
SPORTY IS ALSO AN
OUTSTANDING ATHLETE!



SPORTY