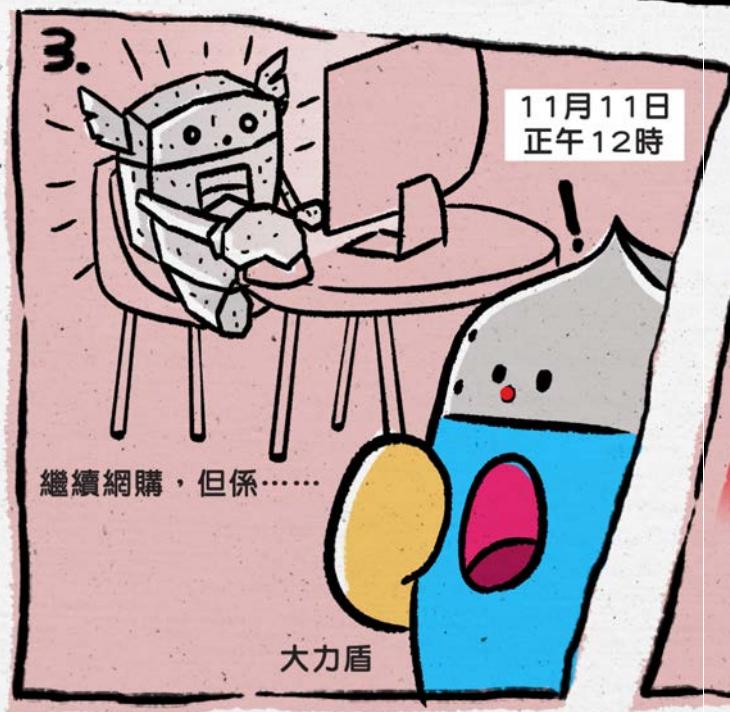
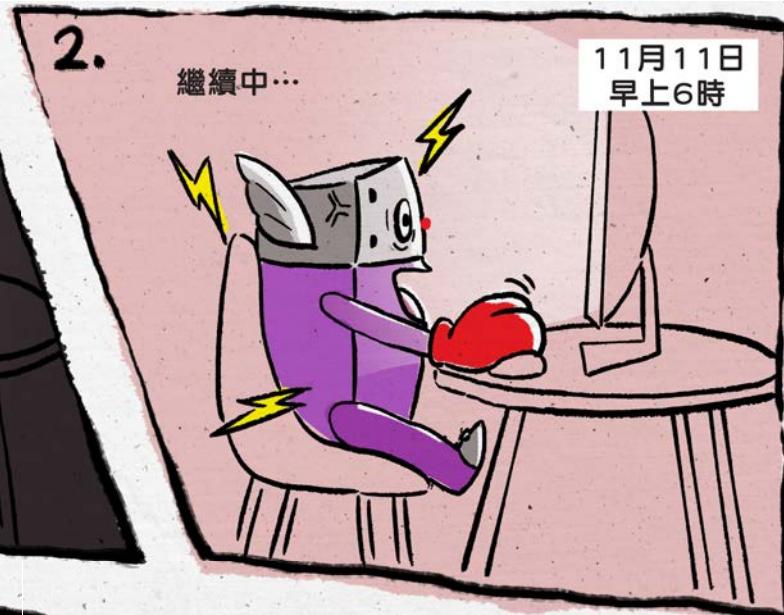




2 癌症要點預防呢？！

雙11瘋狂網購



加一個字

1.

不如我哋玩
「加一個字破壞一個餸名」吖！

好呀！

開心盾

2.

蝦仁炒壞蛋！

該煨番薯！

3.

老土魖蒸肉餅！

嗯…加一個字…
加一個字…加一個字…

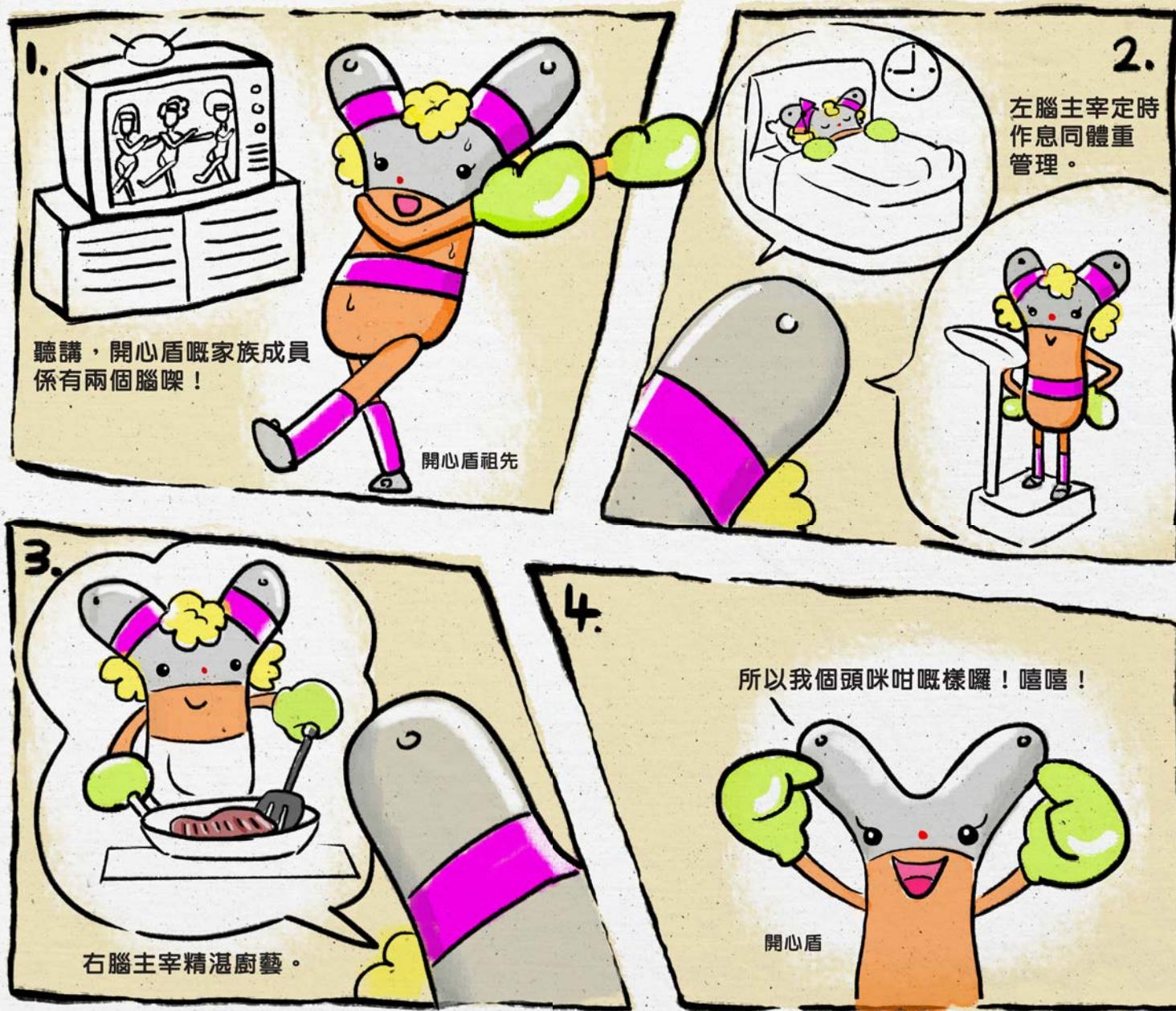
4.

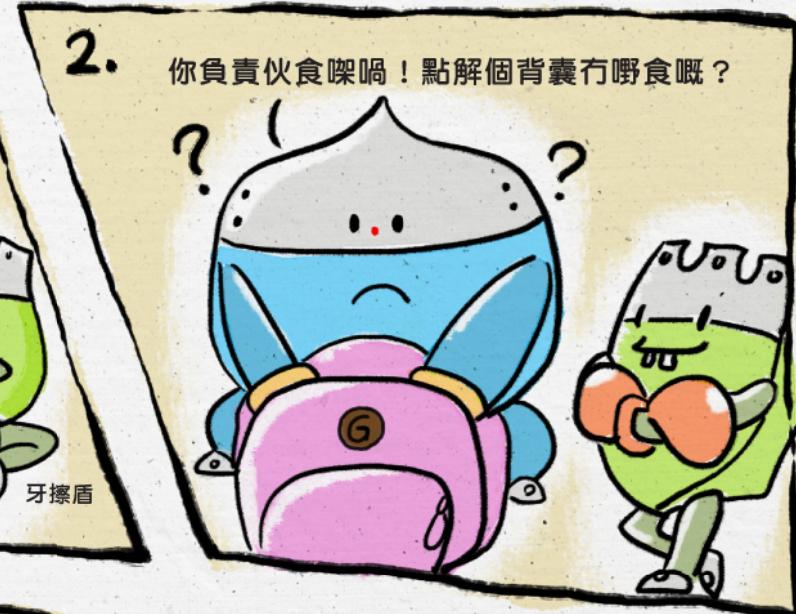
弊！掛住玩！
加多咗
三個字…

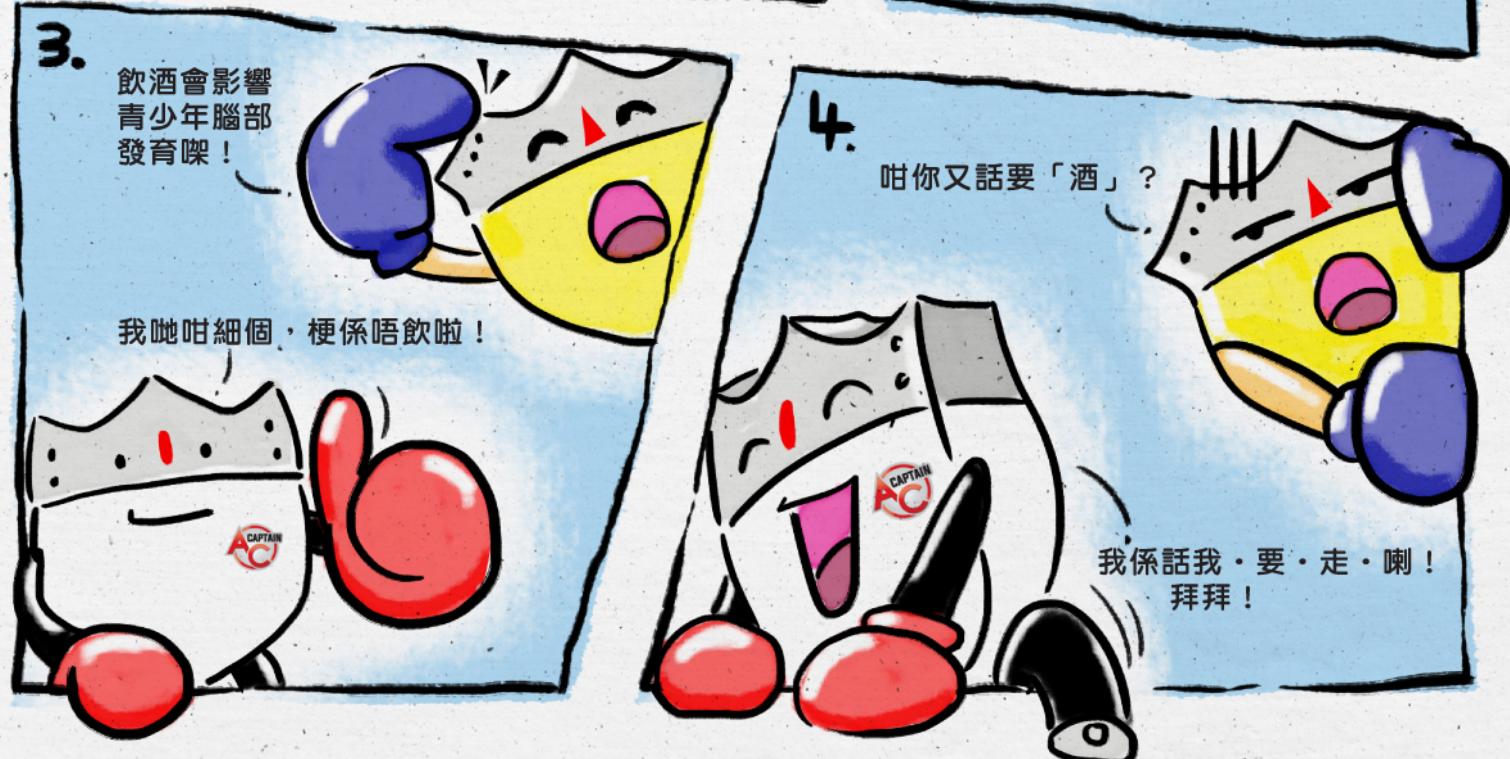
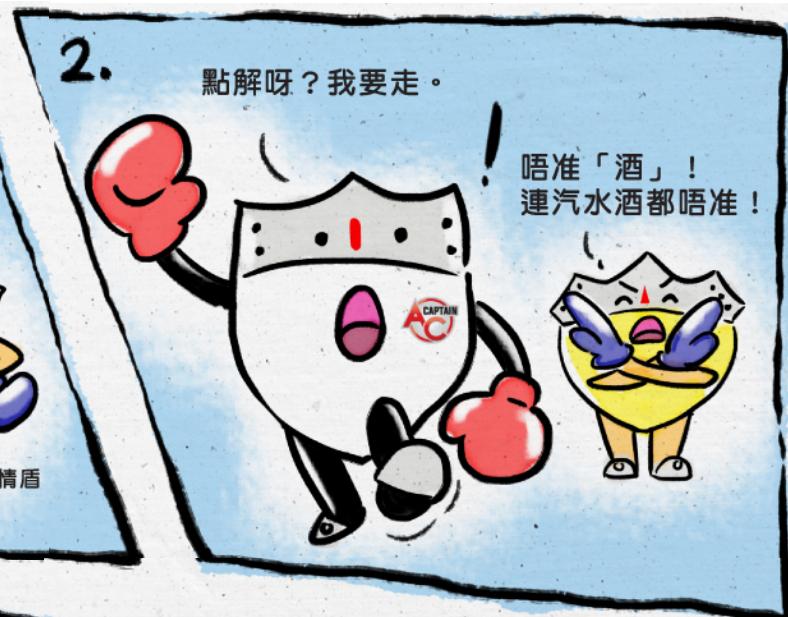
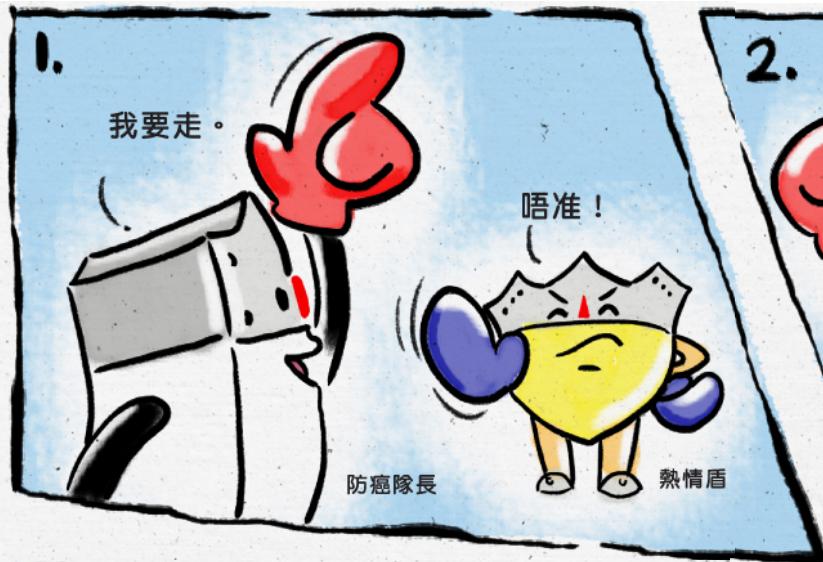
煮咁耐，破壞埋食物營養啦！

15.00

兩個腦袋

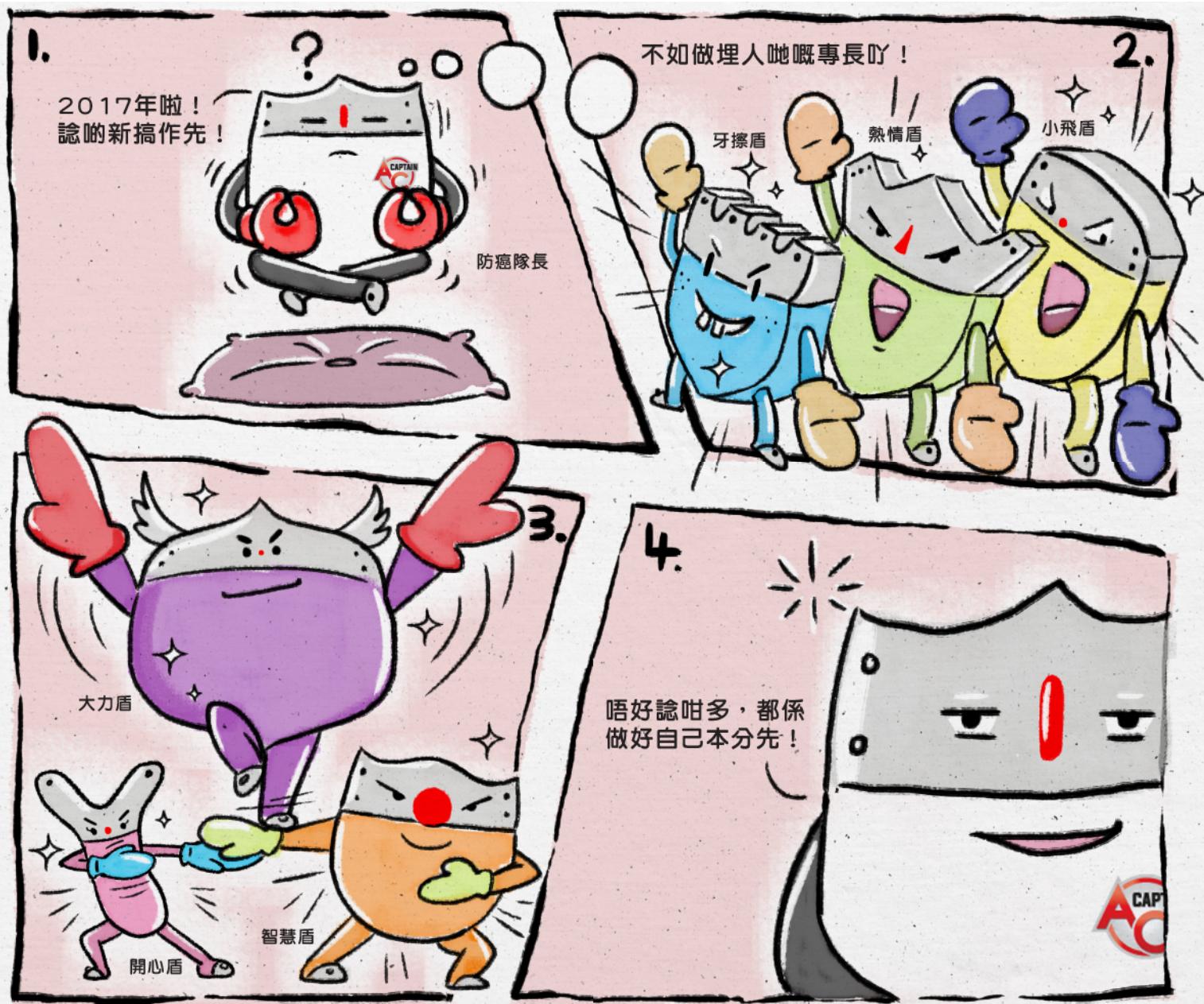


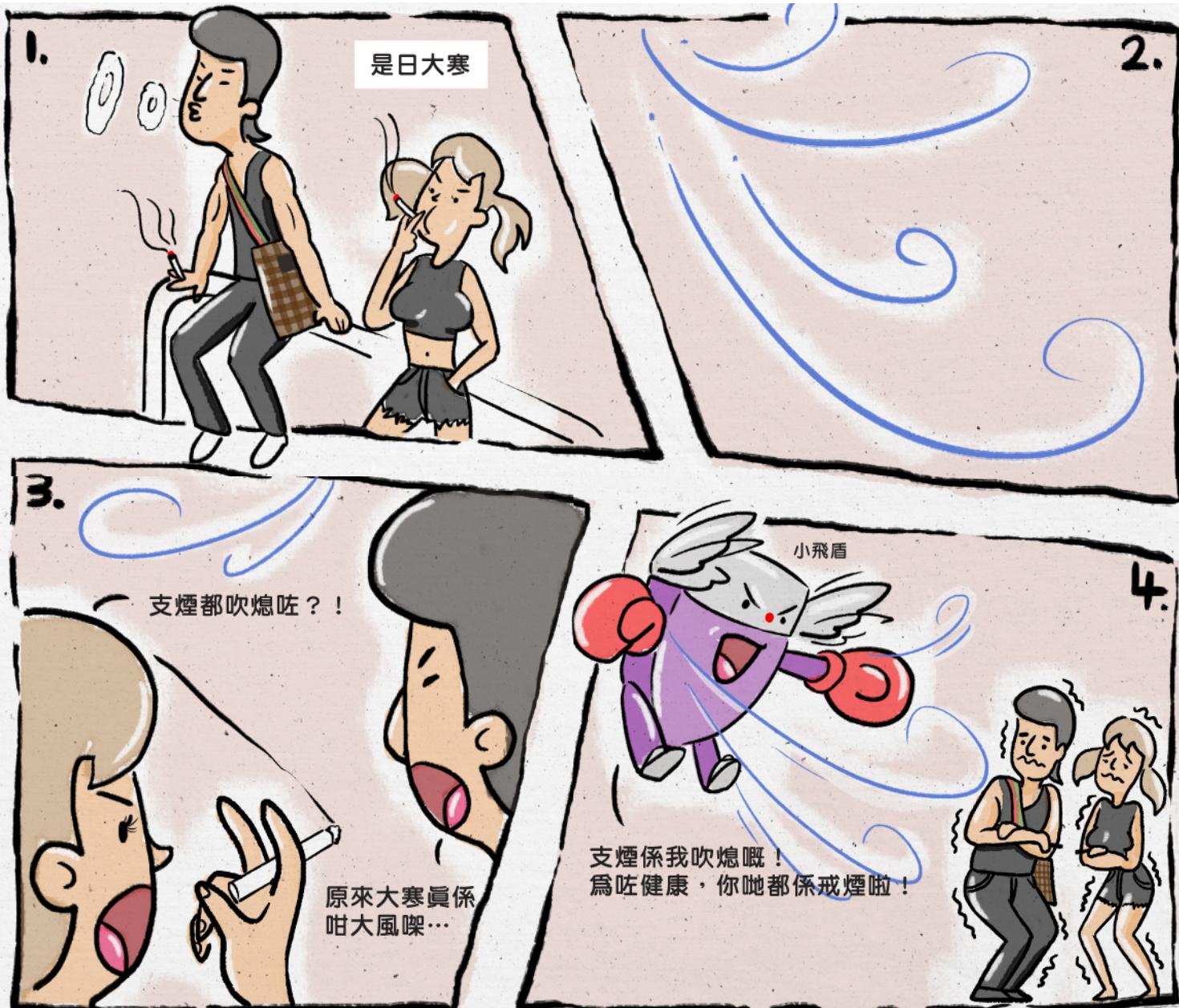






新一年新計劃





1.

博士返嚟一齊
食團年飯就好喇！

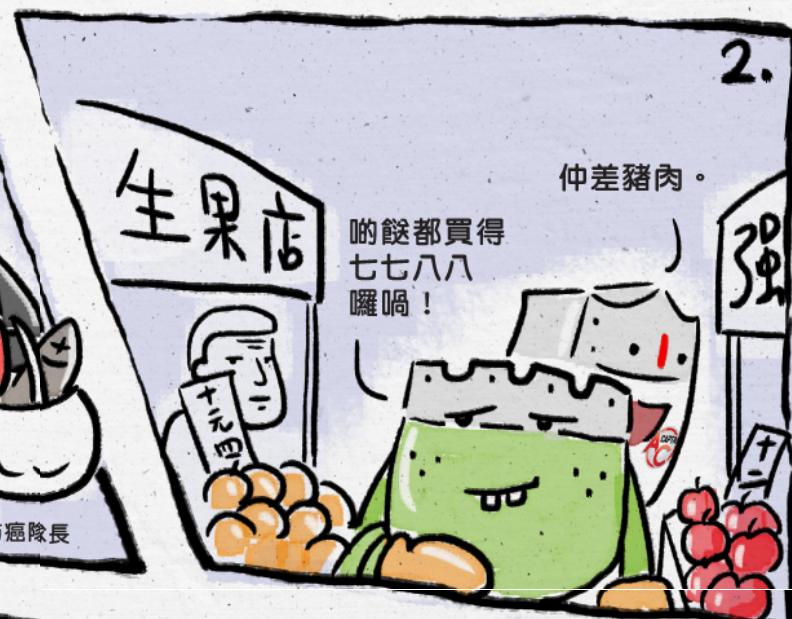
好掛住博士呀…



2.

仲差豬肉。

啲餸都買得
七七八八
囉喎！



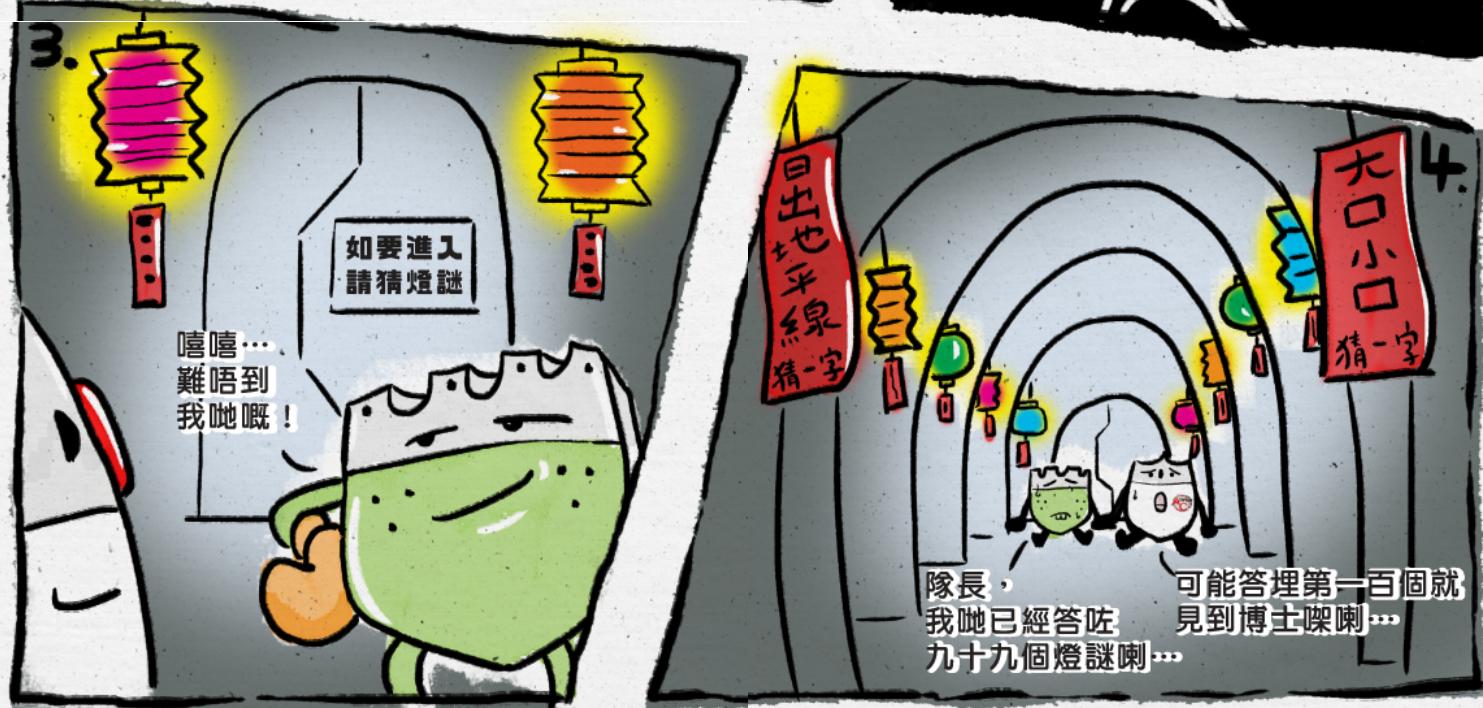
3.

前面個豬肉檔
新開㗎。

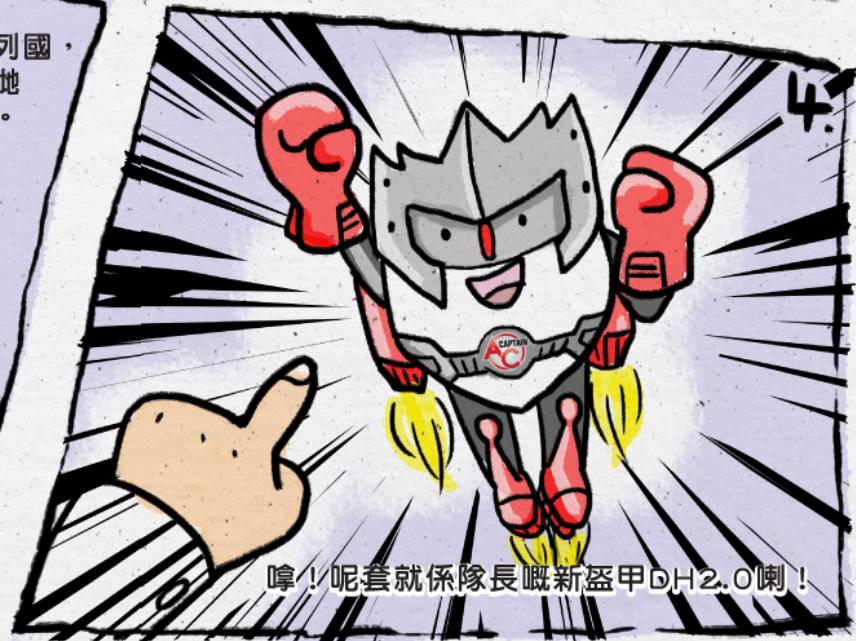
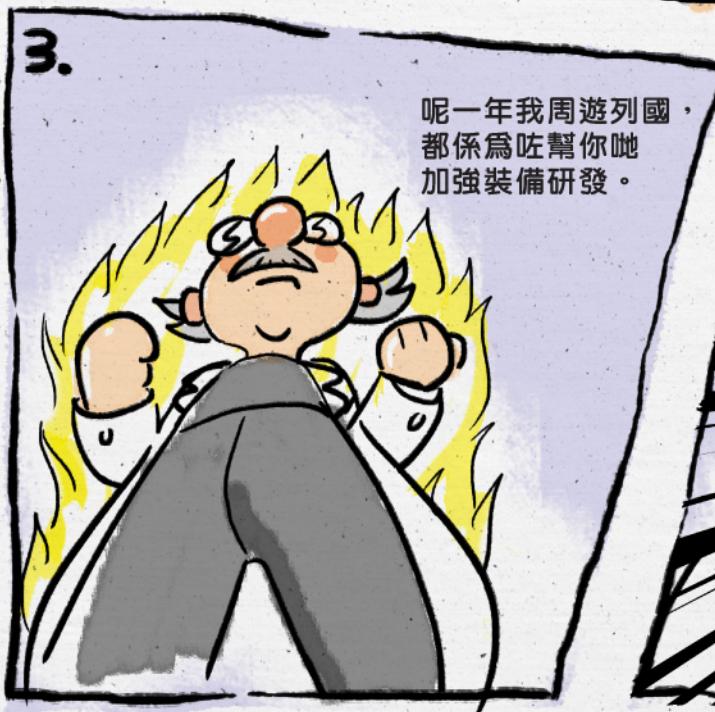
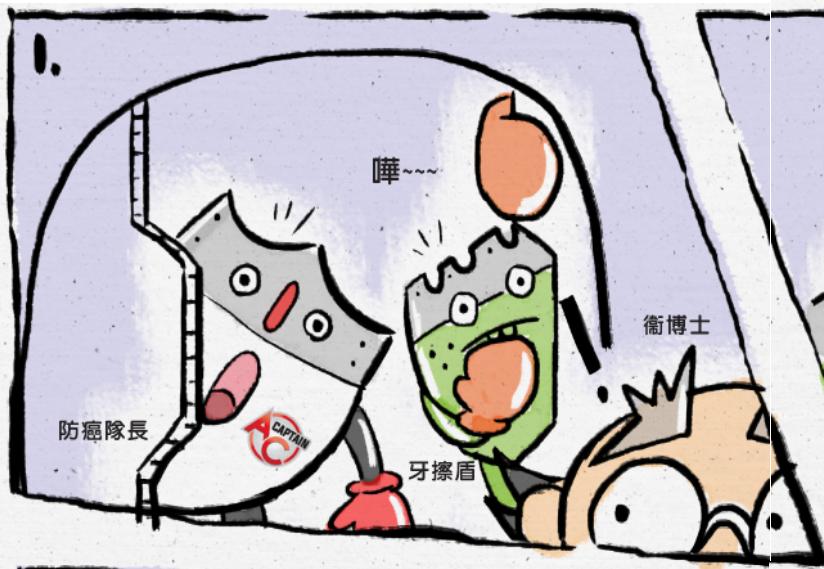


過去睇吓囉！

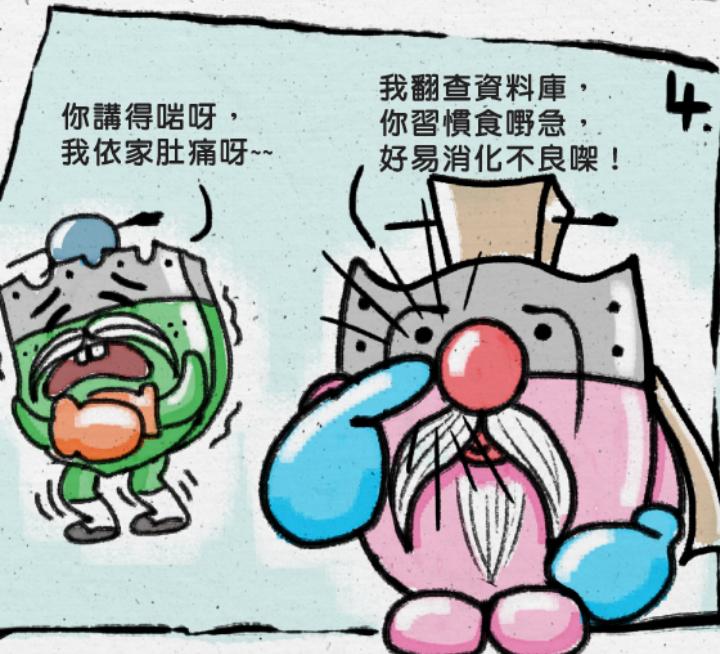
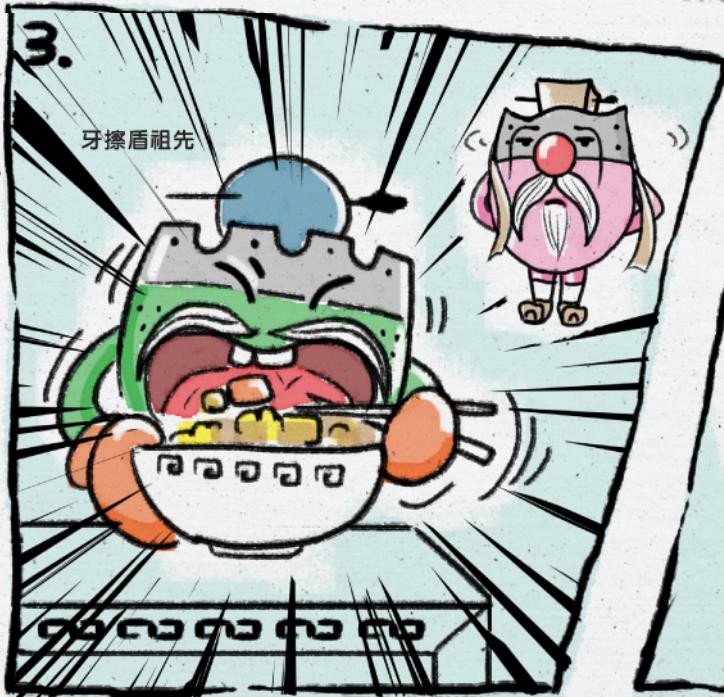




失蹤的原因



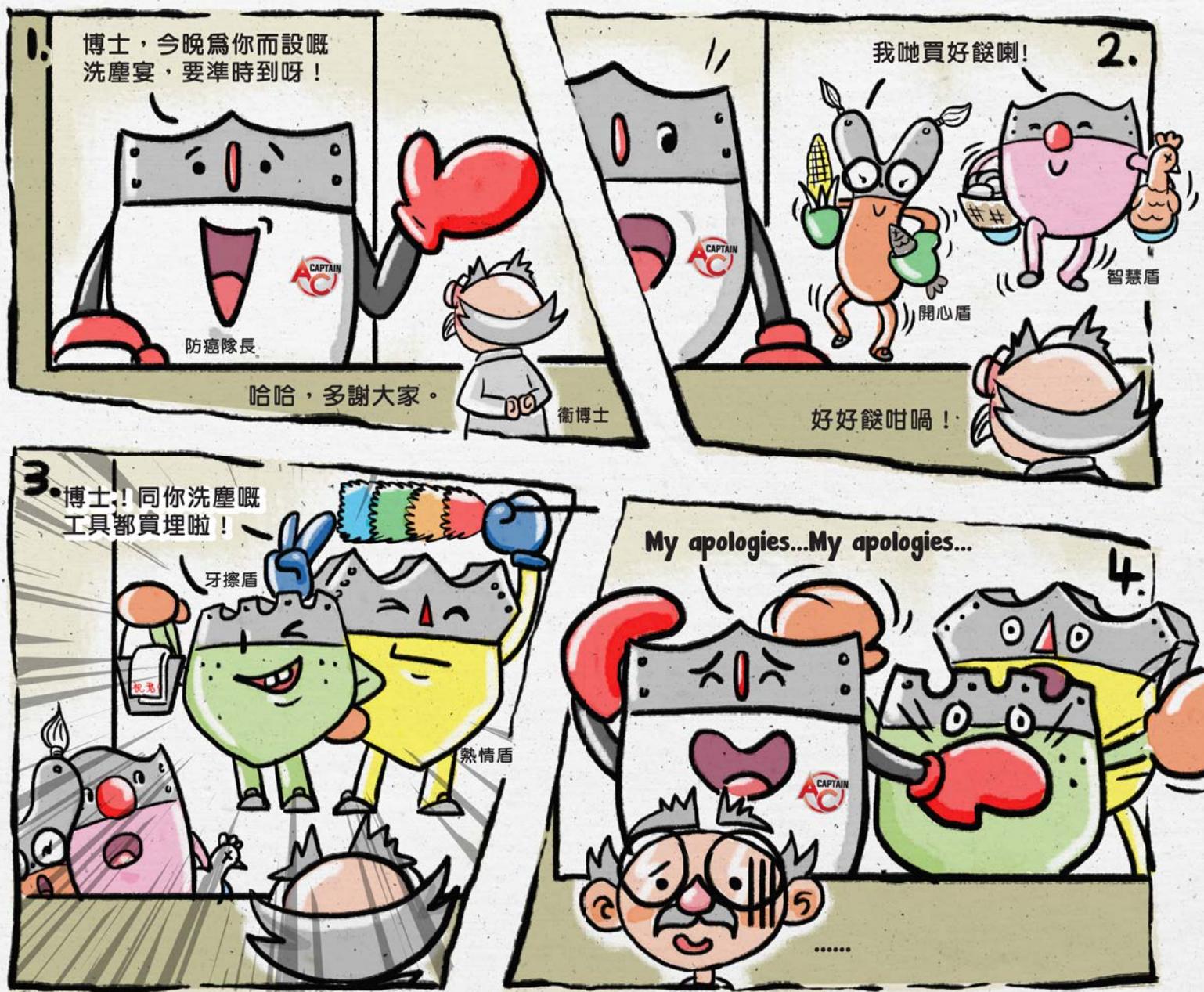
大數據鼻子

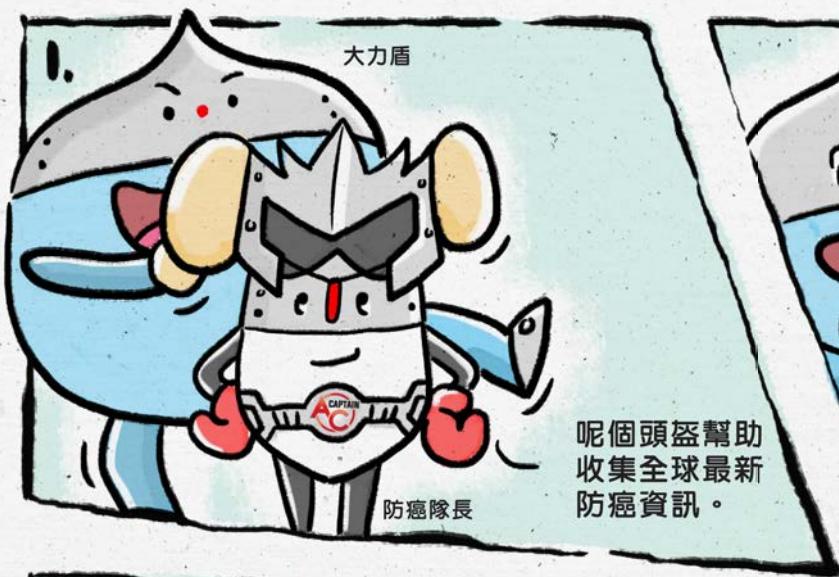


健康聯盟

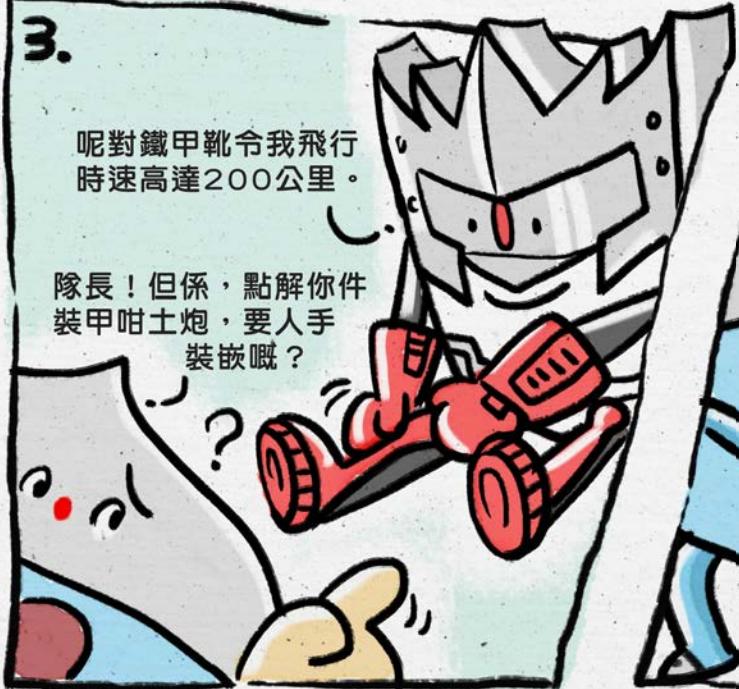
HEALTHY LEAGUE

洗塵

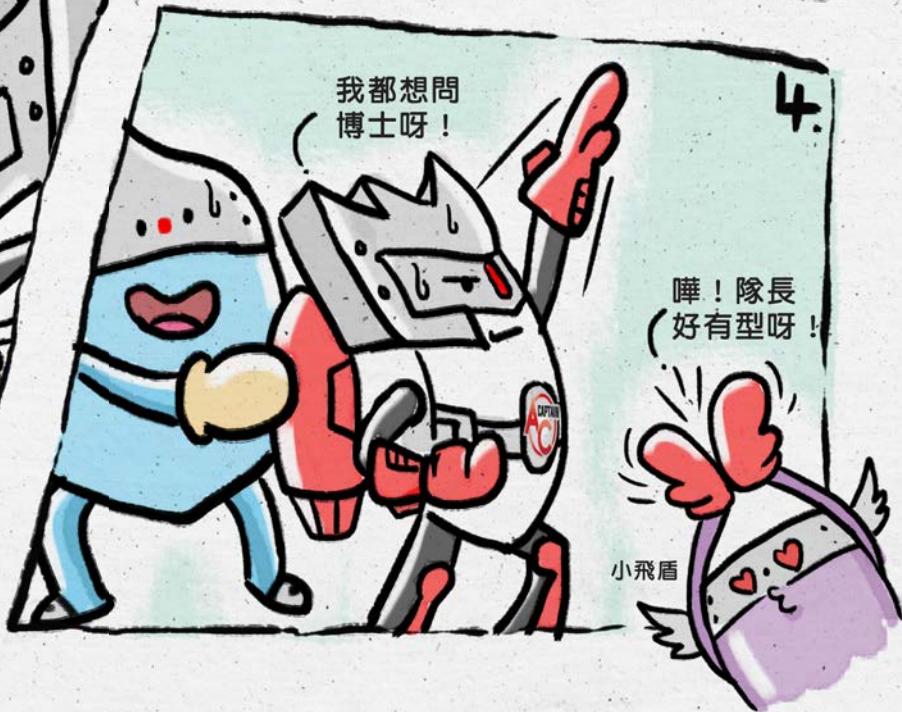


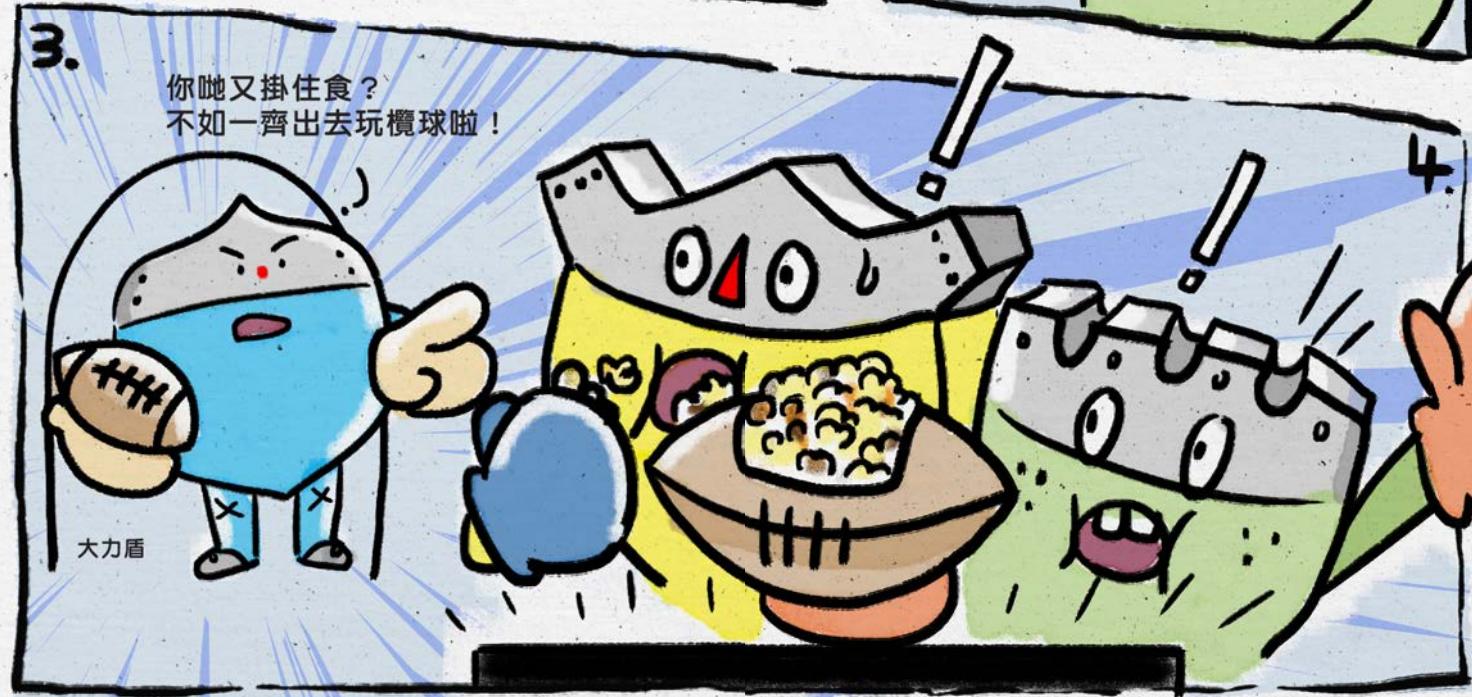
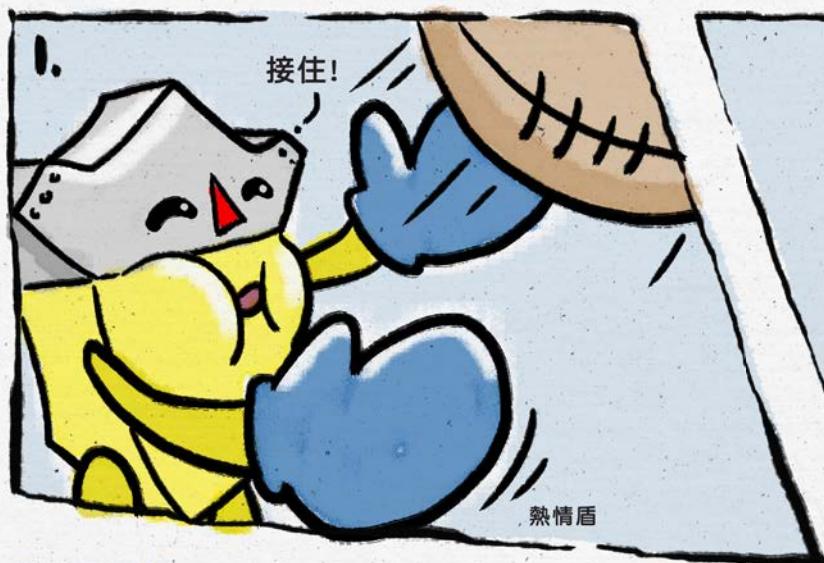


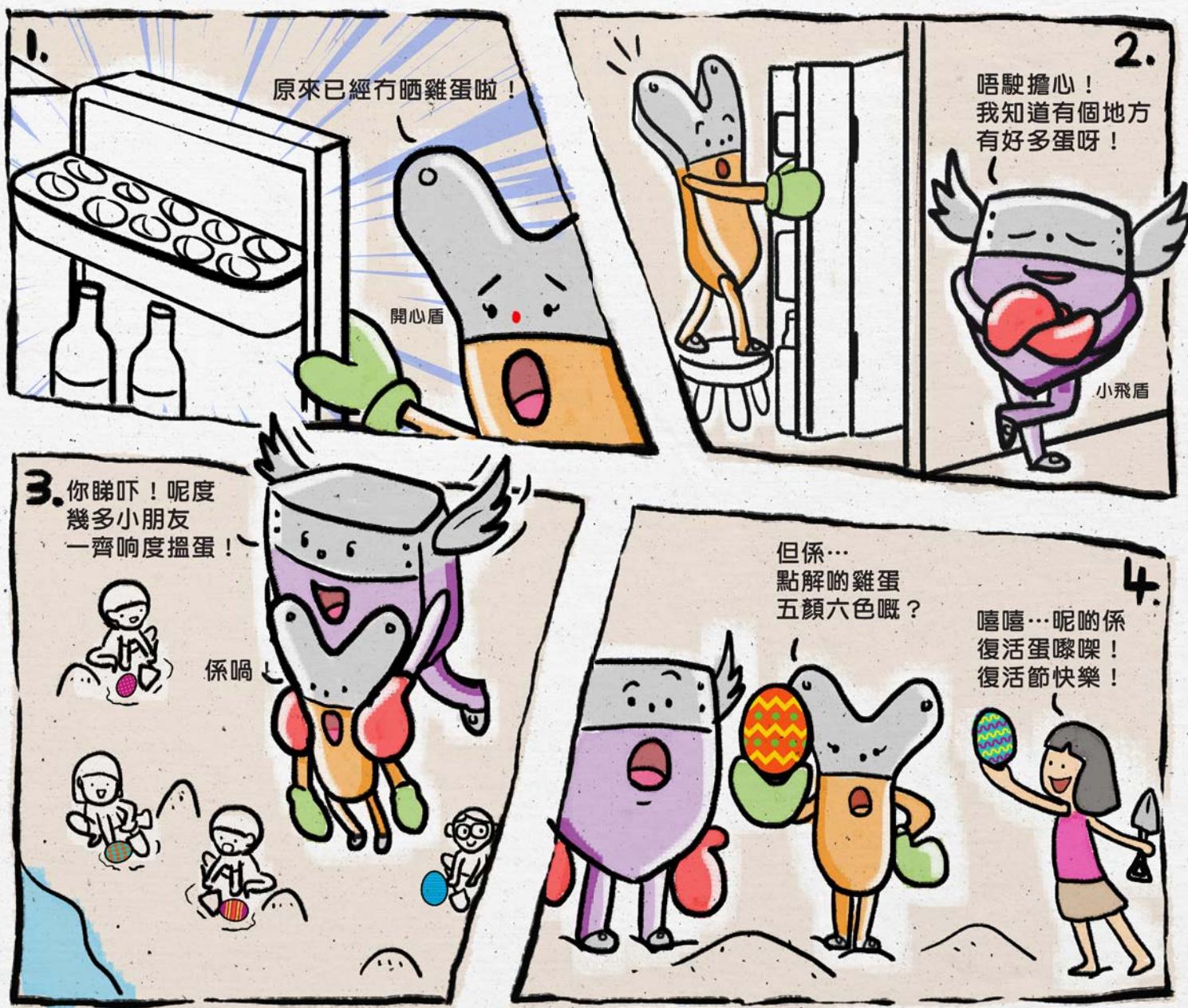
呢個頭盔幫助
收集全球最新
防癌資訊。



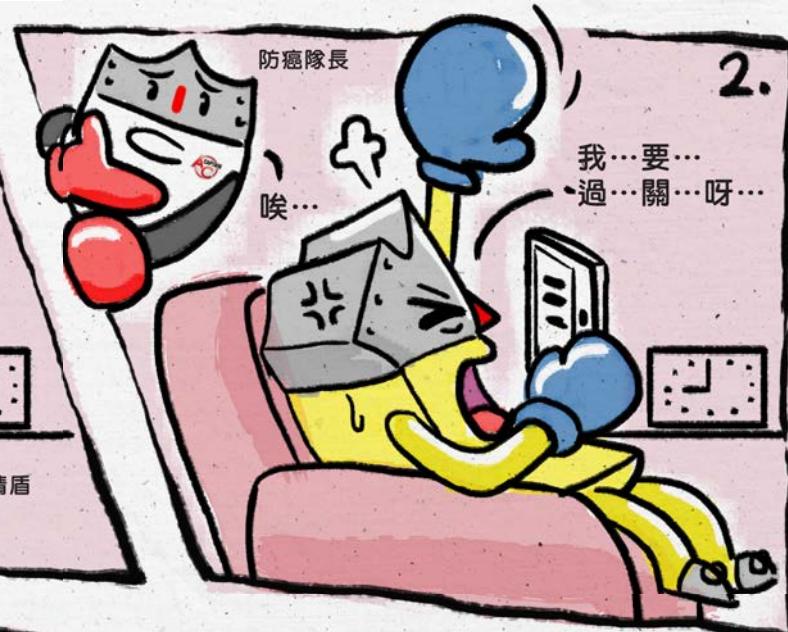
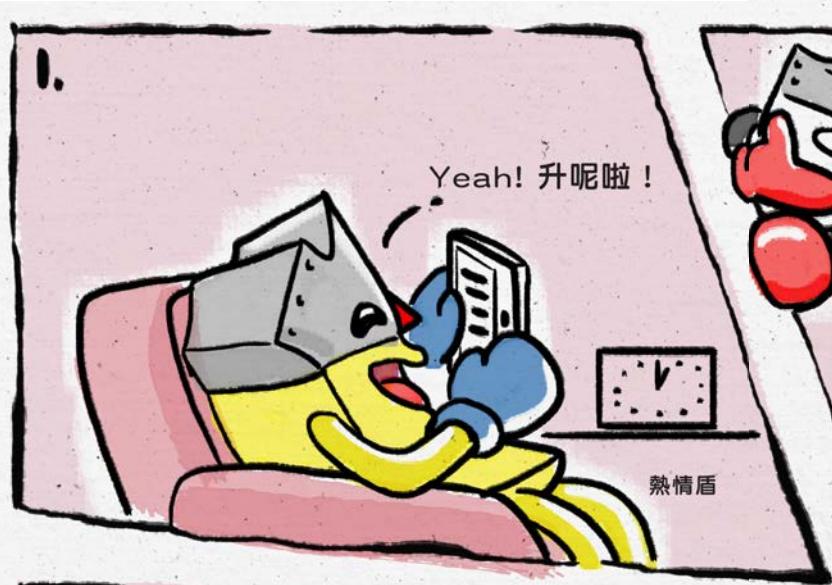
隊長！但係，點解你件
裝甲咁土炮，要人手
裝嵌噃？

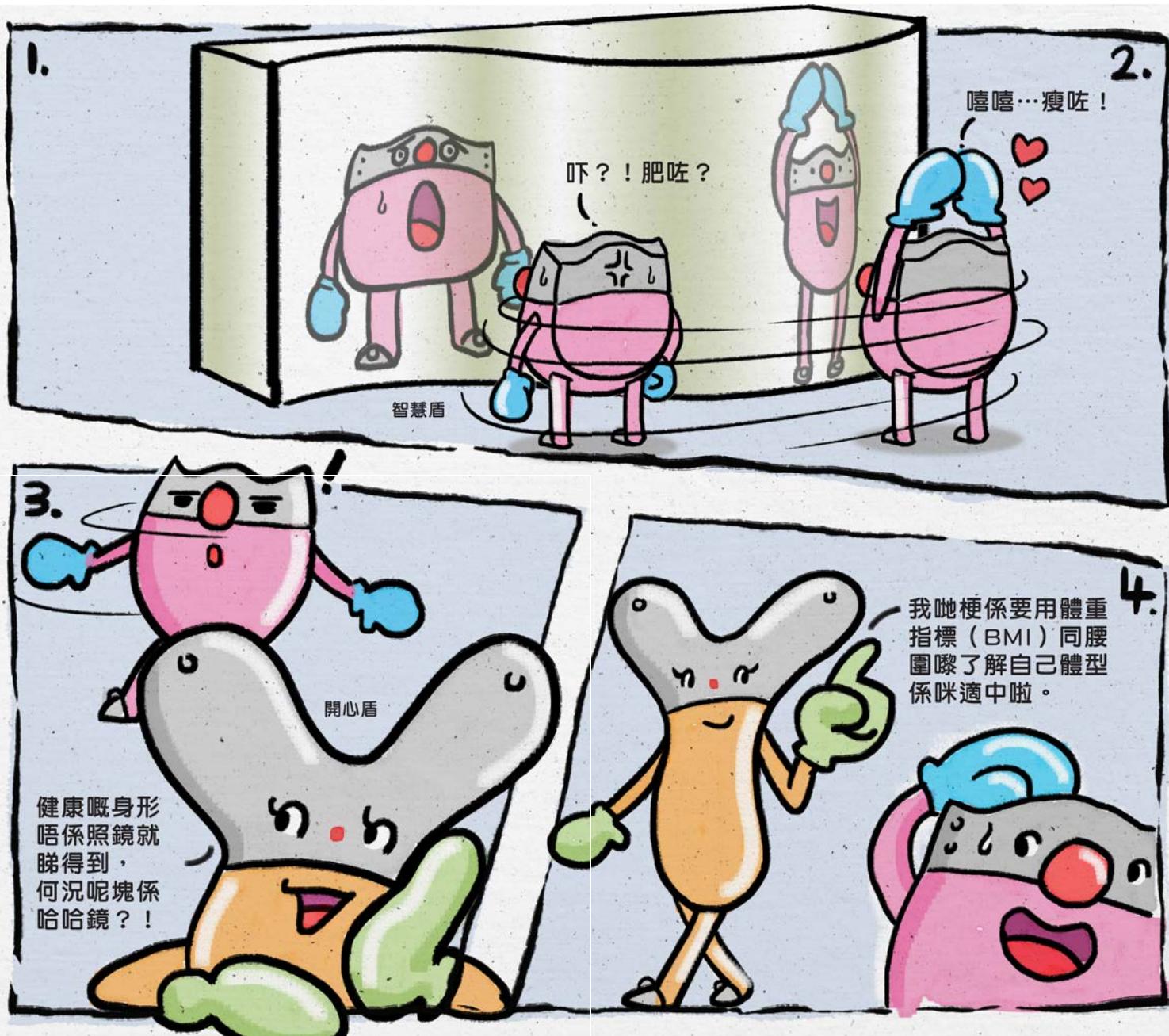






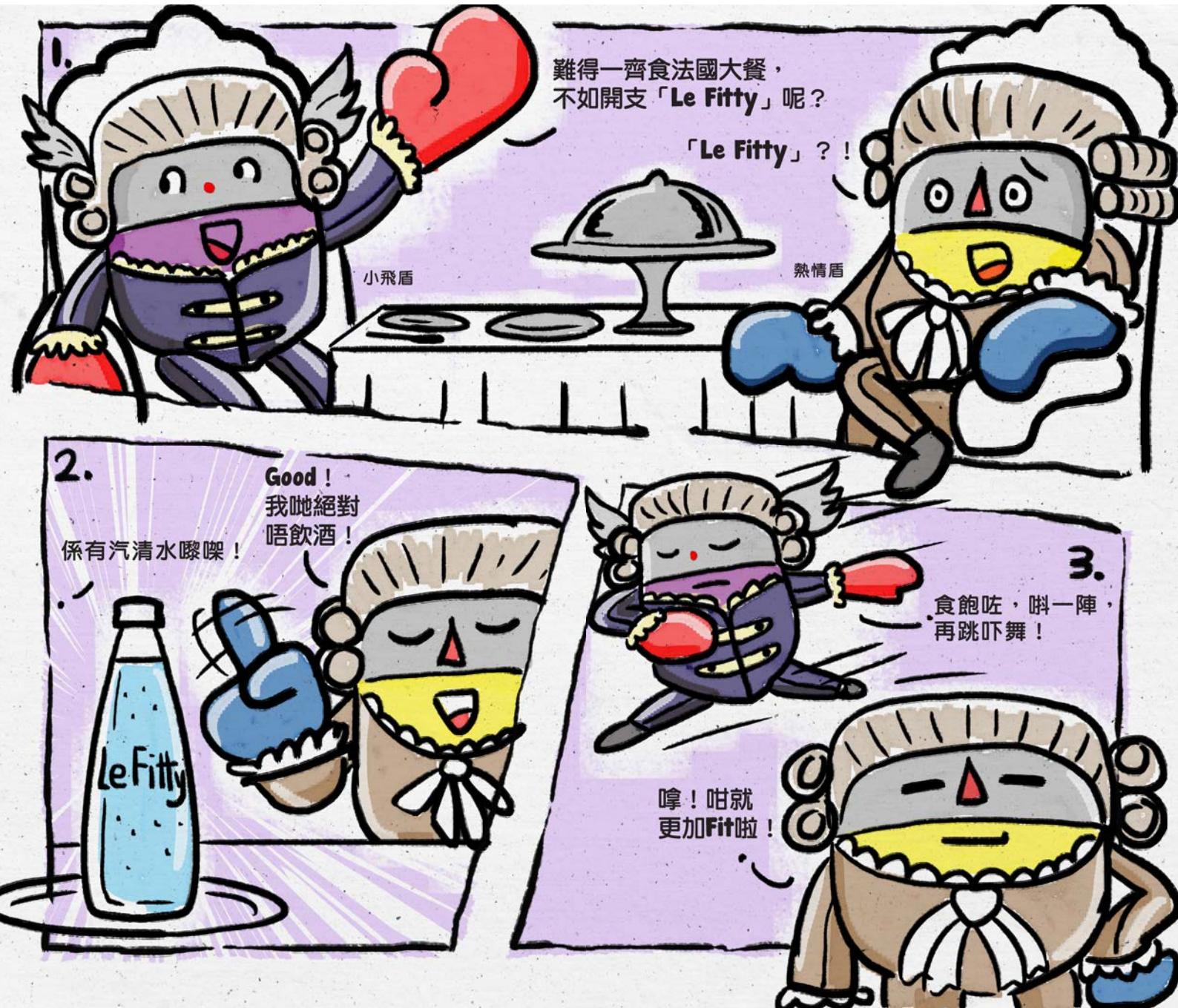
眼睛想休息



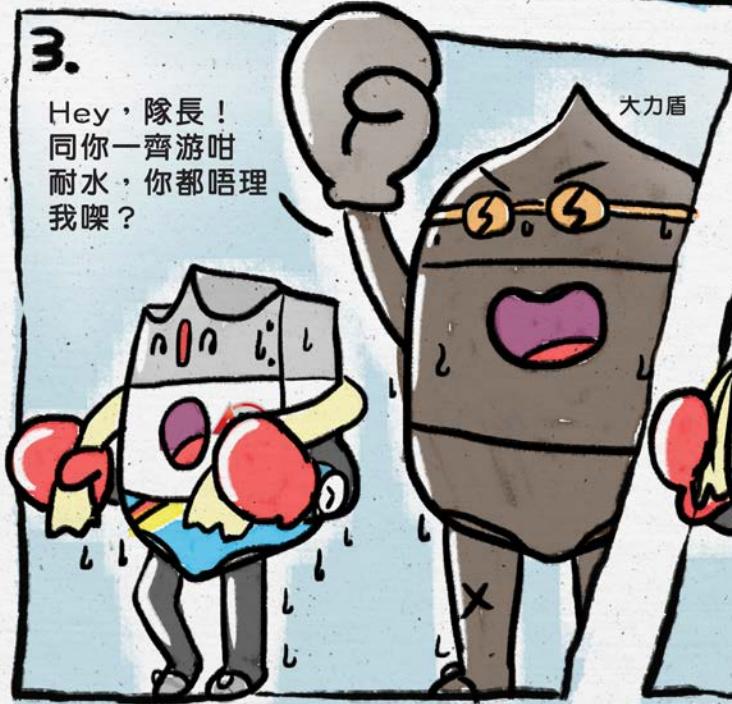


健康嘅身形
唔係照鏡就
睇得到，
何況呢塊係
哈哈鏡？！

我哋梗係要用體重
指標(BMI)同腰
圍嚟了解自己體型
係咪適中啦。



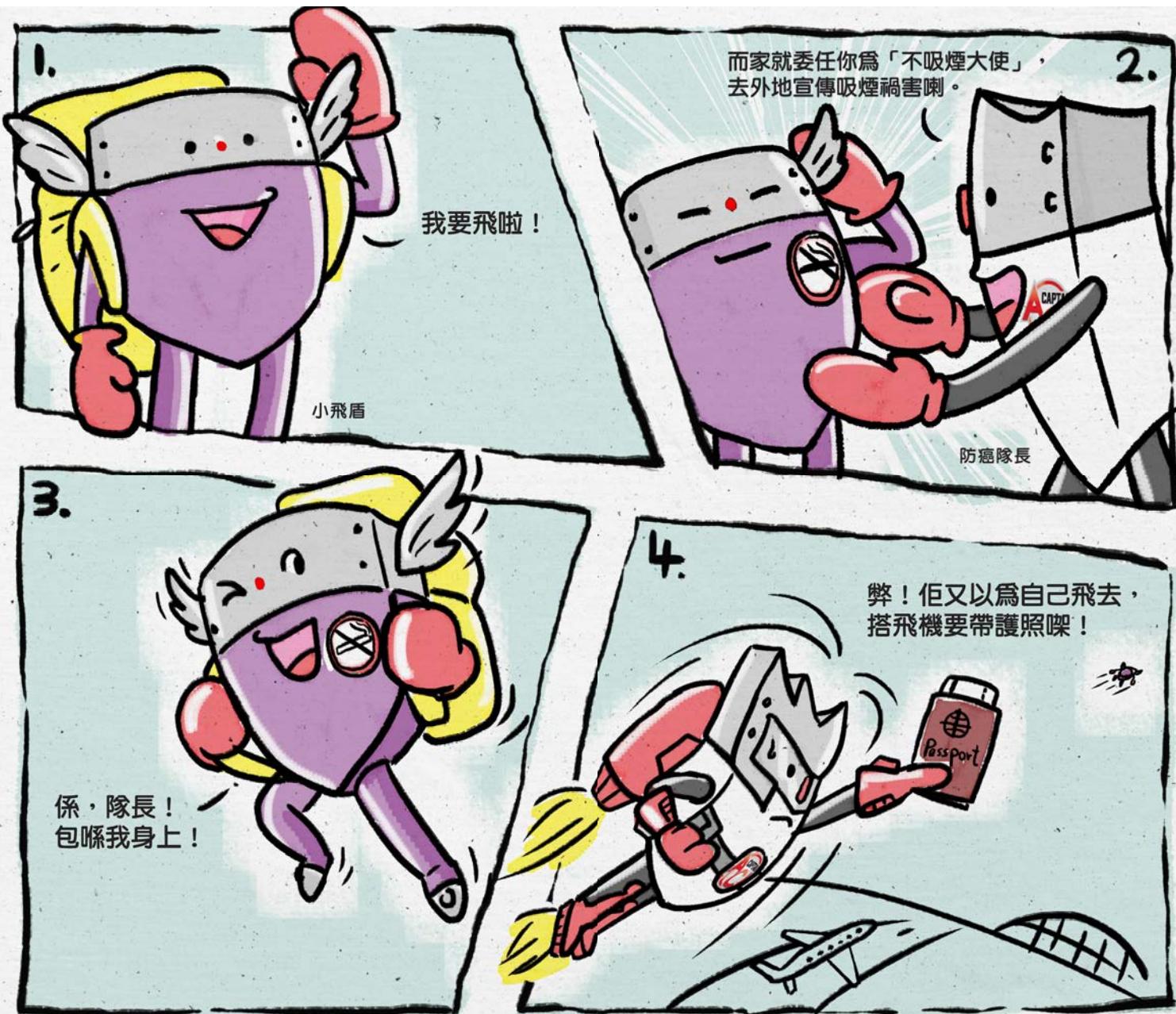
一早知你係大力盾啦！

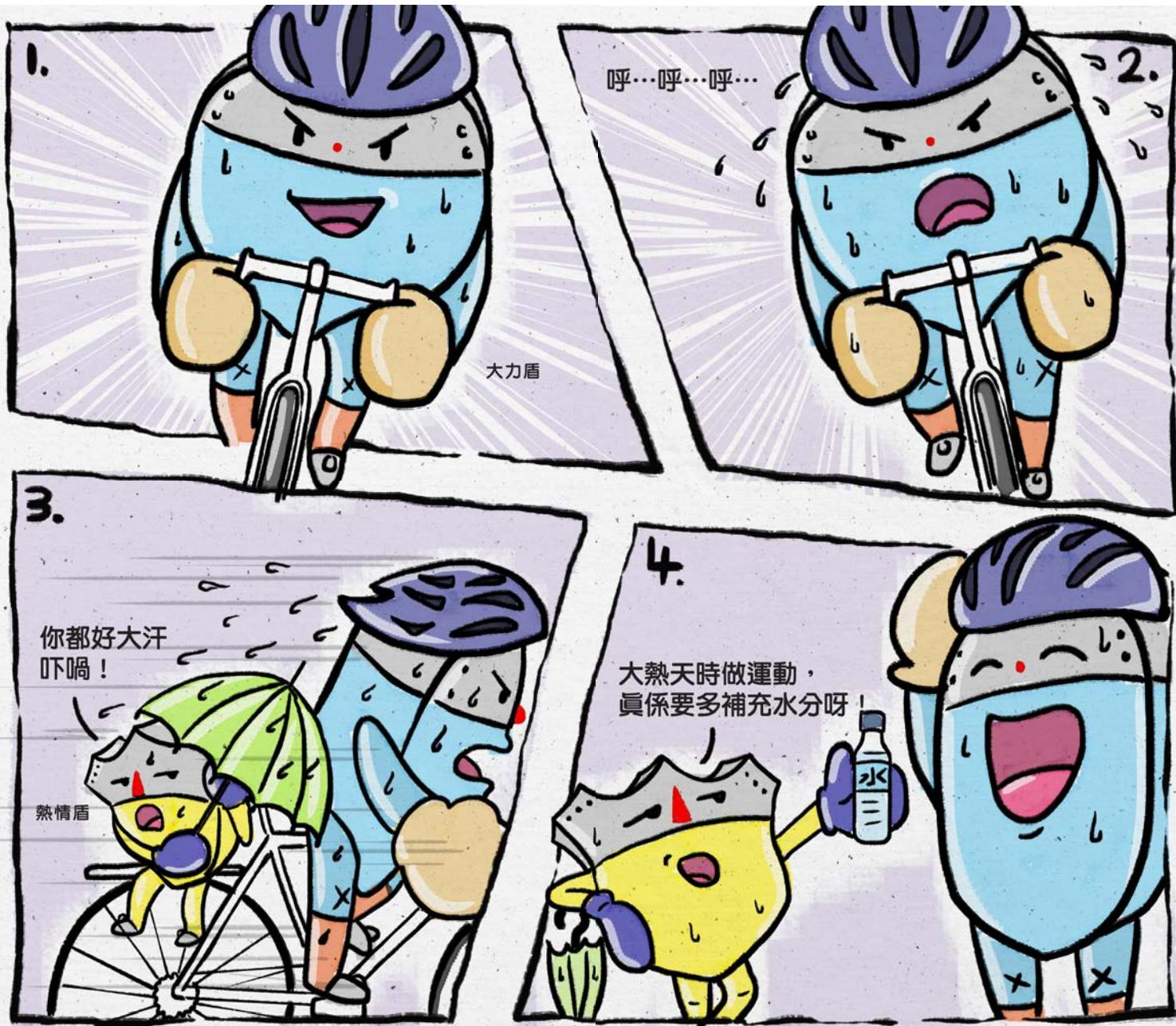


糉的熱量

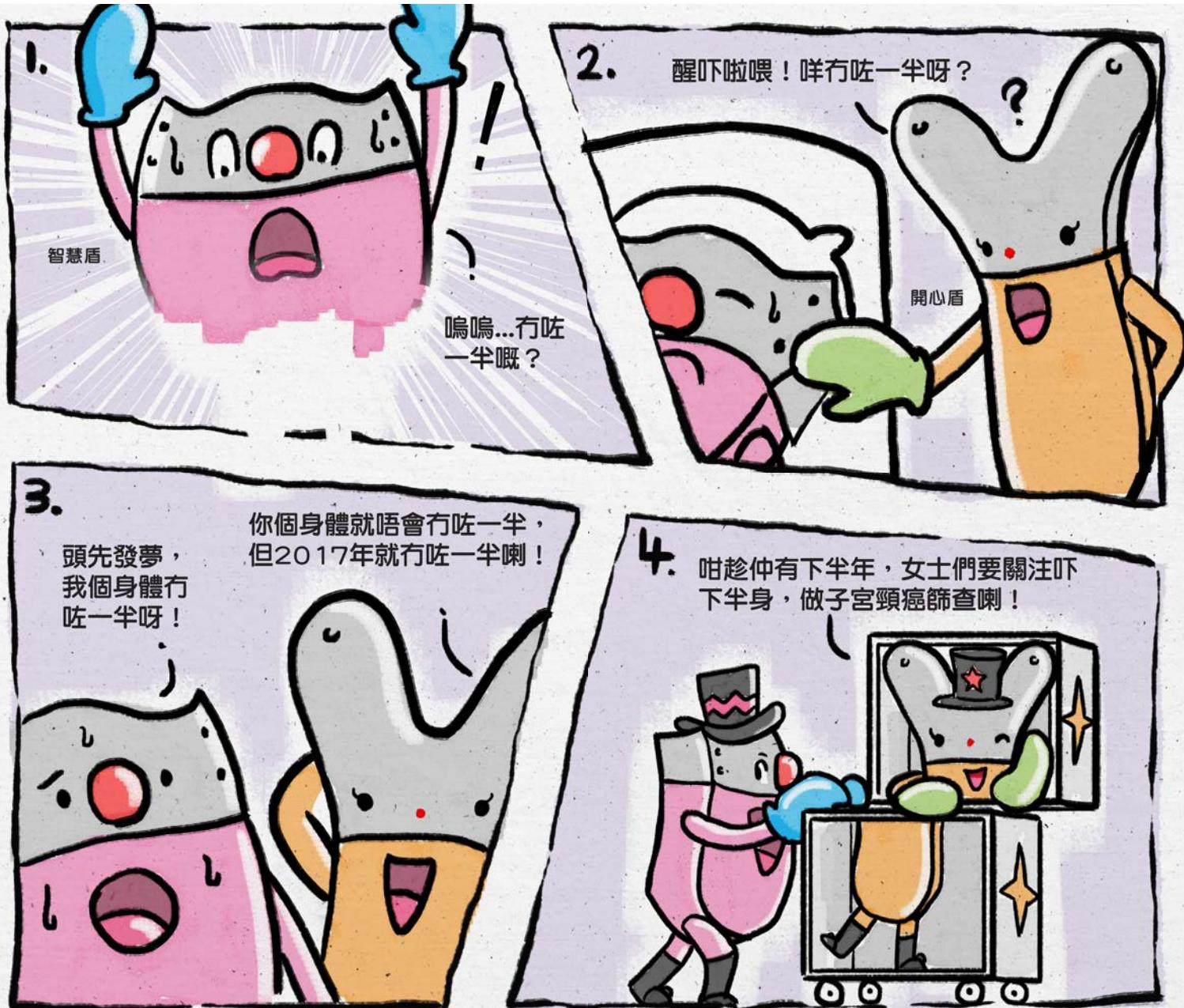


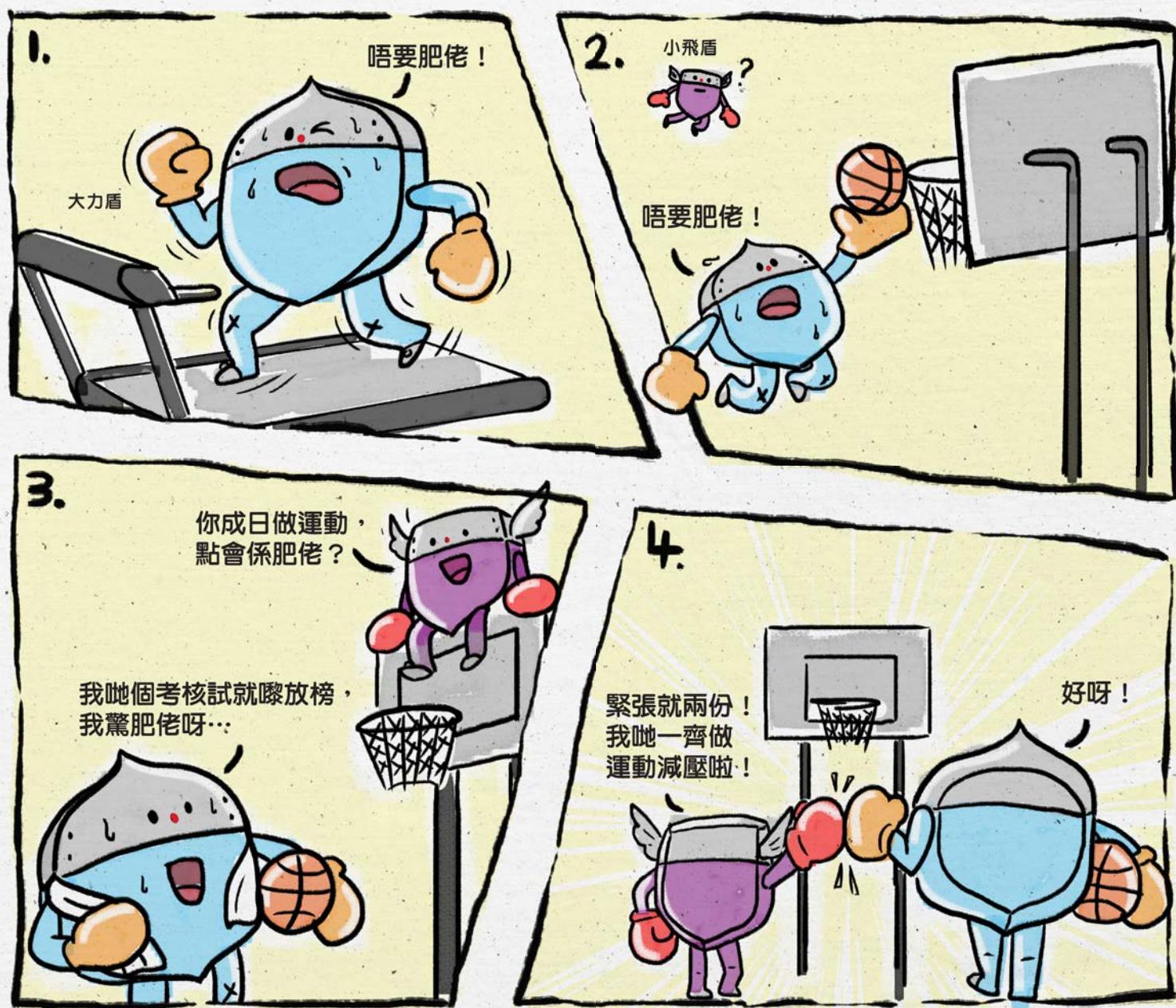
我要飛啦！

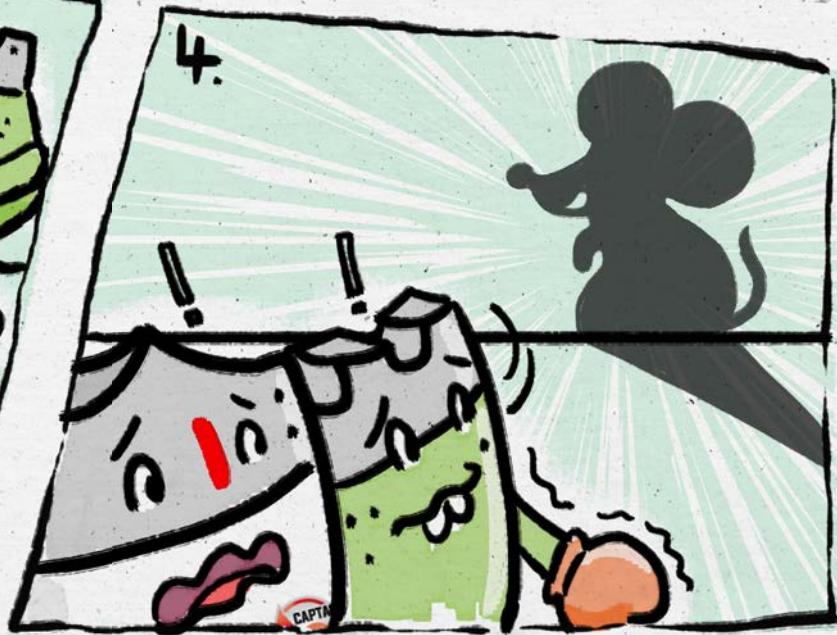


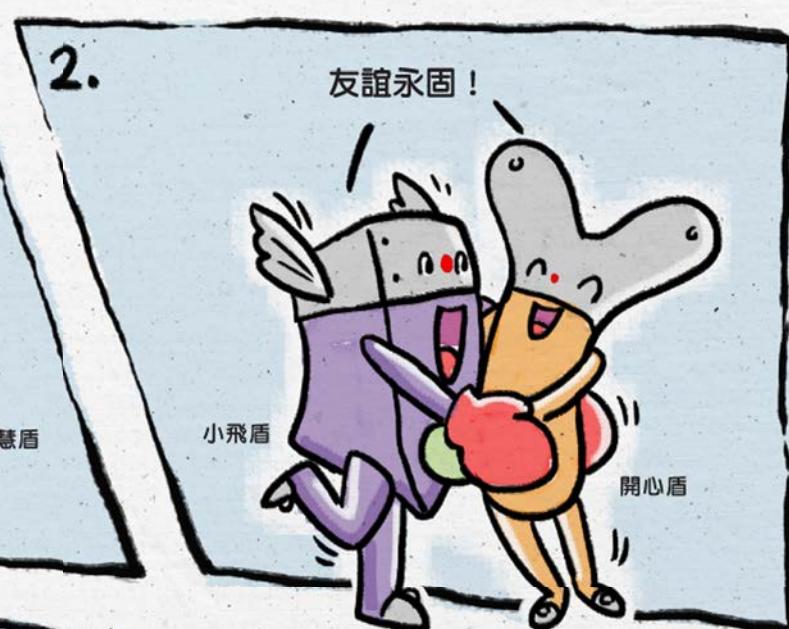
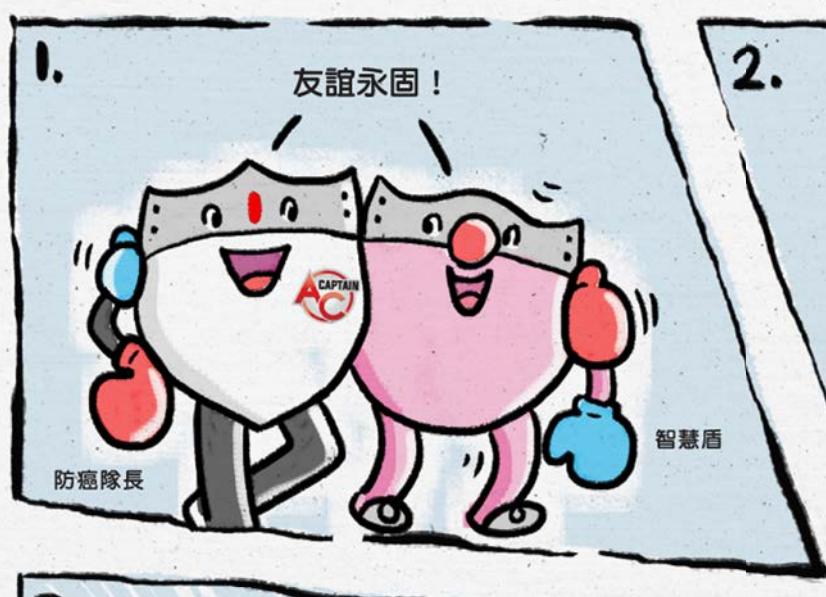


冇咗一半

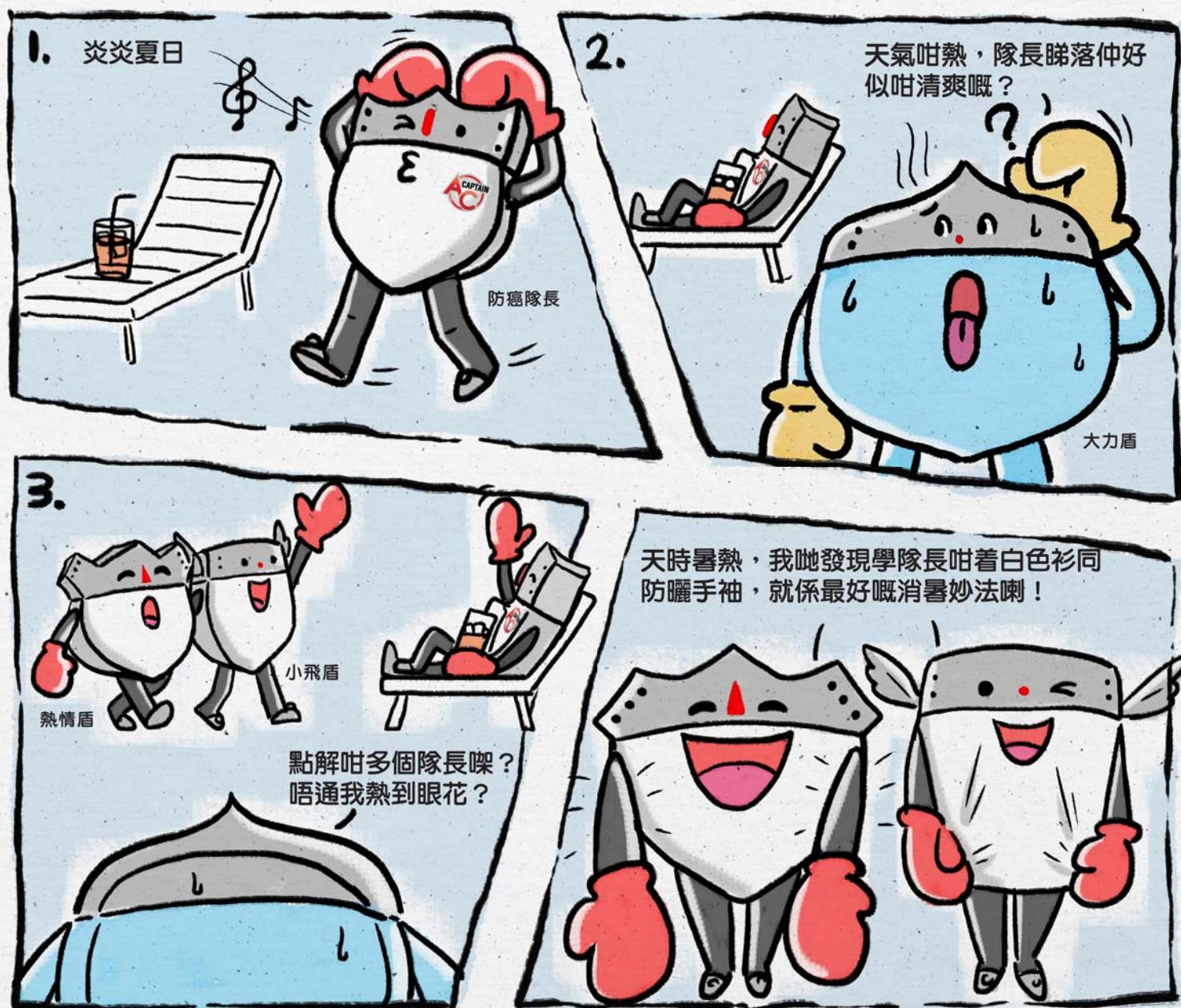




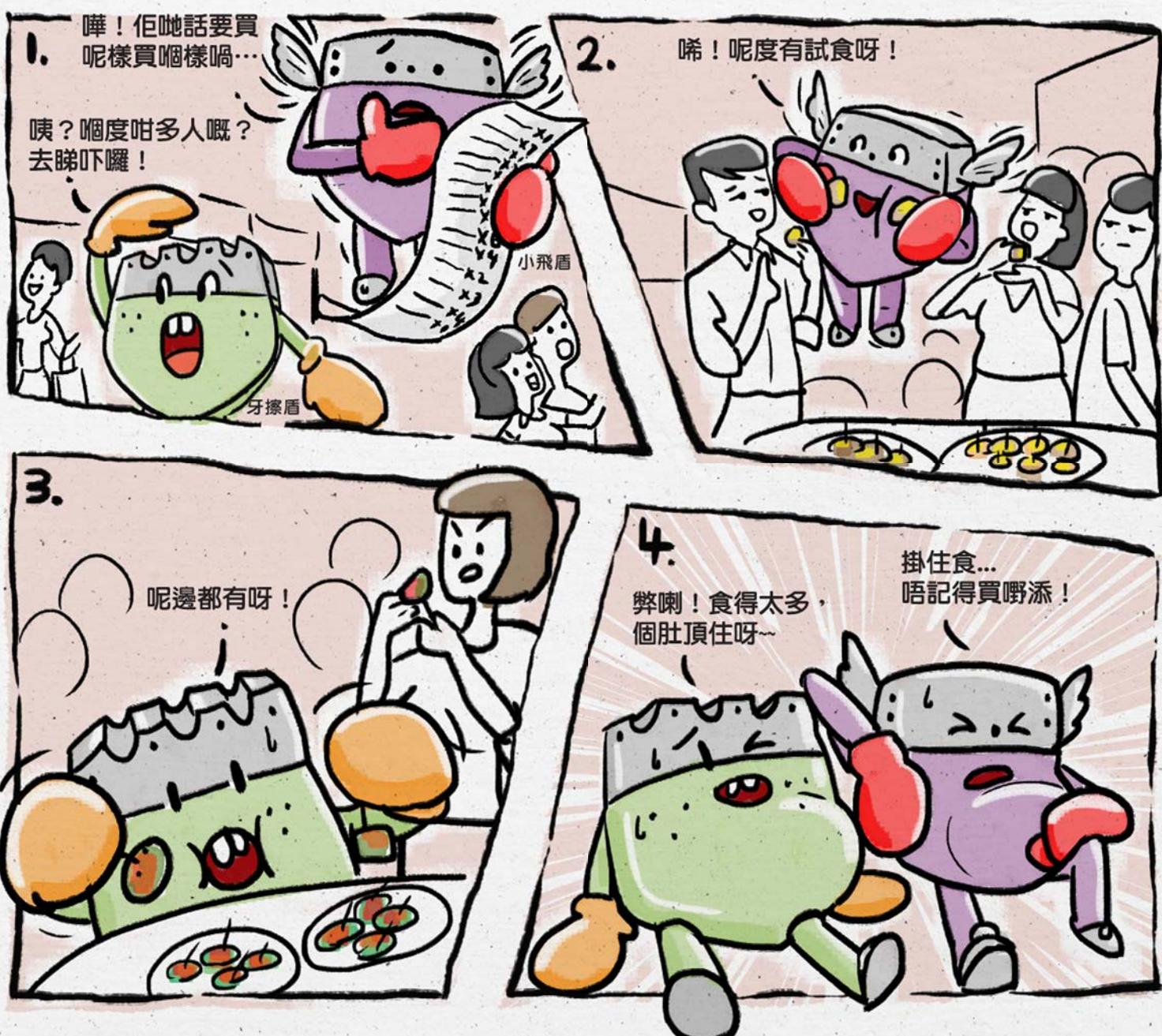




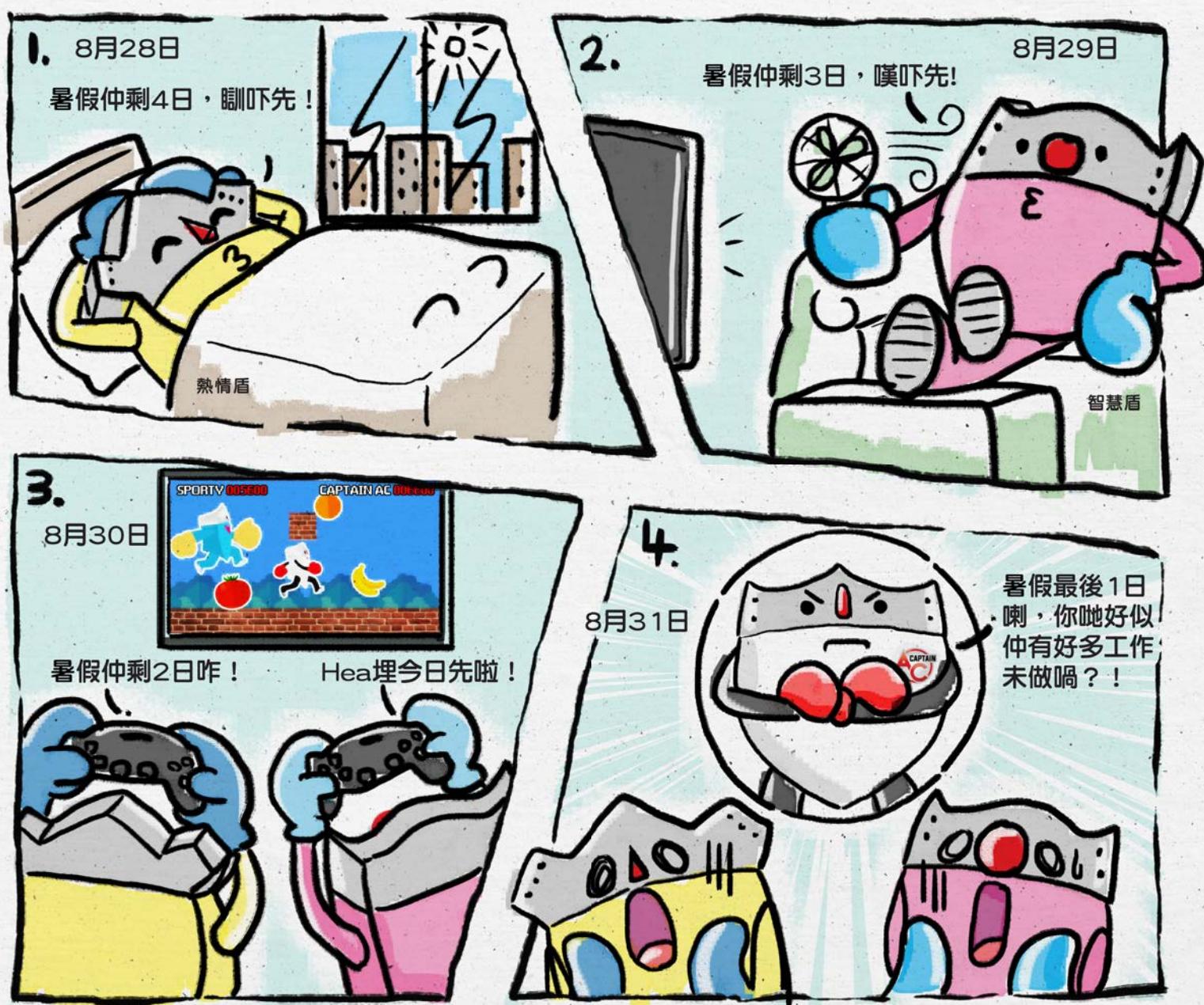
消暑妙法

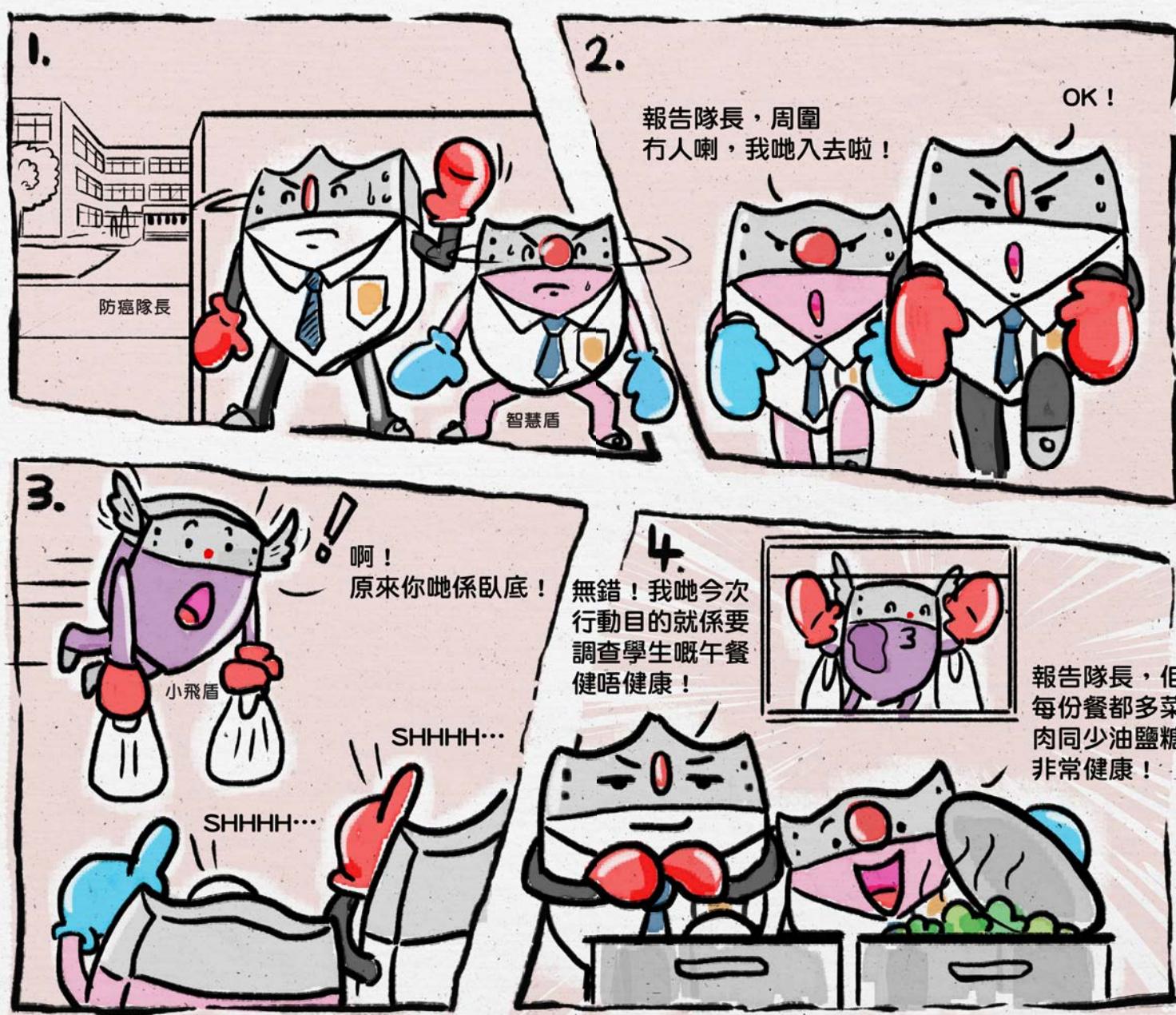


多吃壞肚皮



暑假快完了



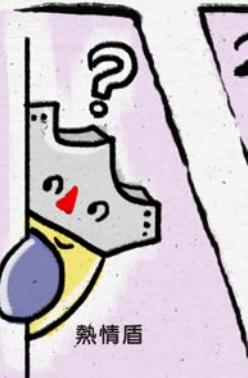


中秋節鬥大



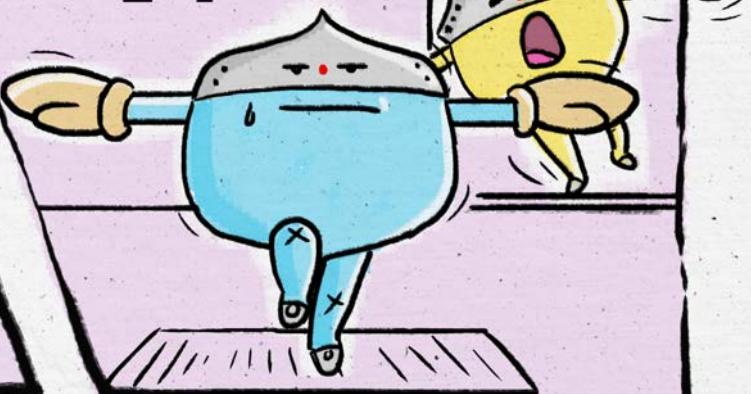
打風做什麼？

1. 呢排成日打風要留响屋企，
不如跟我做吓颱風操！



2.

T₁



3.

▲ 8



4.



唔好再匿埋後面學喇
，而家似係你啲手腳
打風多啲。哈哈~

洗手！洗手！洗手！

1.

隊長，乜咁啱呀？

係呀，博士！
今日係全球洗手日，
去完廁所，要記得
洗手喎。



2.

梗係記得啦！食嘅前，
都要洗手㗎！



3.

開好水喉，
仲要用埋番梶
或梶液嚟洗！



4.

喂！你唔記得
除手套洗手喎！



哼！呢個唔係手套！
我隻手係咁樣㗎！



早餐的選擇

1. 伙記，唔該兩份早餐A
要腸仔、火腿、米粉！

冇腸仔、
冇火腿喎！

開心盾

牙擦盾

伙記

咁冇冇五香肉丁？

冇五香肉丁喎！

2.

3.

咁冇冇
午餐肉？

冇午餐肉呀！
乜你哋真係咁鍾意
食醃製肉類咩？

防癌隊長

4.

早餐都係揀健康啲嘅嘅
番茄生菜雞肉三文治、牛奶
麥皮同雞蛋啦！

間中食吓都得啫…

CAPTAIN

