

# 如果接種 新冠疫苗後 懷疑有副作用，該怎麼辦？

## What to do if you suspect yourself to be experiencing COVID-19 vaccine side effects?



- 有關疫苗副作用的資訊，可以參閱「疫苗接種須知」或專題網站 (covidvaccine.gov.hk)。



- 一般而言，新冠疫苗常見的副作用通常輕微而且是暫時的。部份人士亦可能出現較嚴重，但一般較罕見的異常反應。

- 接種疫苗後，你將被要求在觀察區逗留15-30分鐘。

- 如要減輕注射部位疼痛和不適，可使用乾淨清涼的濕毛巾敷在該位置，稍微活動一下手臂。



- 多喝一點清水以減低輕微發燒引起的不適。

- 如出現以下情況，請徵詢你的醫生或其他醫護人員（例如，牙醫，藥劑師，護士和中醫師）：

- 接種24小時後注射部位的發紅或觸痛增加；或
- 你的副作用似乎不會在幾天內消失；或
- 你的副作用或徵狀使你擔心

- 在你就醫時，請確保將接種疫苗的詳情告知醫護人員，並向他們出示你的接種疫苗記錄卡（如有）。他們將提供建議，處理你的狀況並進行適當評估，以便向衛生署報告任何判斷為在醫學上需關注的疫苗接種異常事件。



- Information on side effects can be found on the vaccination fact sheet or thematic website (covidvaccine.gov.hk)

- In general, common side effects of COVID-19 vaccines are usually mild and temporary. Some may experience more severe, but in general rare, adverse effects.

- After receiving vaccination, you will be required to stay in observation area for 15-30 mins.

- To reduce pain and discomfort where you got the shot, you may apply a clean, cool, wet washcloth over the area. Gently exercise your arm.

- To reduce discomfort from mild fever, drink plenty of fluids.

- Seek advice from your doctor or other healthcare professionals (e.g. dentists, pharmacists, nurses and Chinese medicine practitioners) if:

- the pain or redness at the injection site increases after 24 hours from injection; or
- your side effects do not seem to be going away in a few days; or
- your side effects or symptoms are worrying you



- If you do seek medical attention, make sure you tell the healthcare professionals about your vaccination details and show them your vaccination record card if available. They will offer advice, manage your condition and make proper assessment for reporting to the Department of Health (DH) any adverse event following immunization that is deemed medically significant.



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ไทย



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বাংলা ভাষা



Tiếng Việt