Remind Elderly to Wear a Surgical Mask Properly

1. Perform hand hygiene before wearing a mask.

2. The coloured side / the side with folds facing downwards should face outwards with the metallic strip uppermost.

3. Extend the mask to fully cover the mouth, nose and chin.

4. Mould the metallic strip over nose bridge. The mask should fit snugly over the face.

5. Avoid touching the mask afterwards.