

加入規液 搓手20秒

Add soap Rub hands for 20 seconds

一個既簡單
且有效預防感染的方法
An **easy** and **effective** way to
prevent infection



當雙手沒有明顯污垢時
你可用酒精搓手液潔手
When hands are not visibly
soiled, you may clean
them with alcohol-based
handrub

