

接種者／家長或監護人須知
人類乳頭瘤病毒疫苗 (HPV 疫苗) 接種後的反應

一般而言，HPV 疫苗是安全的，大多數學生在接種此疫苗後，都不會有嚴重反應。

常見的副作用與其他疫苗相似，包括：

- (1) 輕微而短暫情況，包括頭痛、頭暈、噁心、疲倦。
- (2) 接種部位疼痛或紅腫。
- (3) 發燒。

學生如何應對這些反應：

- (1) 接種疫苗後坐下或躺下 15-20 分鐘有助預防出現頭暈甚至跌倒或受傷的情況。
- (2) 可用冷敷以舒緩接種部位的疼痛或紅腫。

Advice to Vaccine Recipient/ Parents or Guardian of Student on Possible Reactions
after Human Papillomavirus (HPV) Vaccination

HPV vaccines are generally safe. Most students do not have serious reactions after receiving HPV vaccination. Common side effects are similar to those from other vaccinations, such as:

- (1) Mild and short-lasting side effects, including headache, dizziness, nausea and fatigue.
- (2) Soreness, redness or swelling at the injection site.
- (3) Fever.

These can be readily managed by:

- (1) Sitting or lying down (for 15-20 minutes) after vaccination, which can help to prevent fainting and even falls or injuries.
- (2) Applying cold compress to relieve soreness and swelling at the injection site.