

I PLEDGE

TO USE ANTIBIOTICS RESPONSIBLY

The misuse of antibiotics is creating resistant “superbugs” that may leave you without effective treatment the next time antibiotics are needed.

You can make a difference by committing to some simple actions for using antibiotics responsibly.

Take the pledge today.

I, _____ pledge to:

1. Support judicious use of antibiotics.
2. Take antibiotics as prescribed by healthcare provider and always complete the full course of medication and never share them with others.
3. Use good hygiene practices to prevent the spread of germs and to limit the need for antibiotics.
4. Encourage my colleagues, friends and family to use antibiotics responsibly.
5. Consider accepting the influenza vaccination as recommended by healthcare professionals.