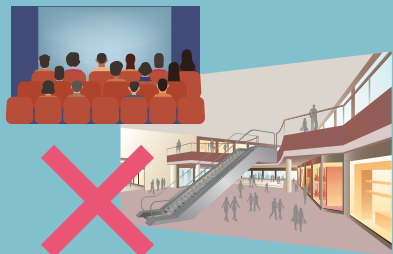


All Round Prevention Guide for Office Staff

Holiday



Minimise or eliminate visits to crowded or enclosed places such as movie theatres, malls, sporting events or large scale gatherings



Avoid family, friend, religious and meal gatherings



Wash hands more frequently and discard used masks properly



Find a quiet and less-crowded place to enjoy fun



Wear a mask when staying in a crowded place in all circumstances