Information Sheet on Deep Throat Saliva (DTS) Collection

- **DTS specimen must be submitted on the day it is collected and at designated collection points.** Please refer to https://www.coronavirus.gov.hk/eng/early-testing.html for the locations and opening hours of collection points.
- Do NOT eat, drink, brush your teeth or gargle within 2 hours before DTS collection.
- Please collect DTS at well ventilated space, and maintain at least 2-metre distance with others.
- Children or other persons in need should collect DTS under assistance. If they cannot follow the steps below, consider alternative specimen collection methods.

### Step 1 Preparation

1. Fill in the laboratory form. Do NOT drink or pour away the transport medium inside the specimen bottle.
2. Place the specimen bottle, paper cup funnel and two specimen bags on a clean surface. Cut off the tip of the funnel. Prepare tissue paper and open the sample collection bag so that later you can put the specimen bottle into the bag easily.
3. Clean your hands thoroughly with soap and water and then wipe dry. If you use alcohol-based handrub, remember to wait until your hands are completely dry.

### Step 2 Specimen collection

1. Take a breath and make "Kruuuna" sound from the throat to clear saliva from deep throat. **Repeat at least 3 to 5 times to get enough DTS.**
2. Spit saliva (around 4 ml) into the specimen bottle through the funnel to avoid contamination of the surface of the bottle.
3. Close the lid of specimen bottle tightly to ensure no leakage of saliva.

### Step 3 Specimen submission

1. Clean the surface of specimen bottle with tissue paper. Do NOT use alcohol swab to clean the bottle surface.
2. Put the specimen bottle into the 1st bag. Clean hands thoroughly, then seal the 1st bag carefully. Ensure the **bottle is upright** and without leakage. Squeeze out extra air from the bag.
3. Put the completed laboratory form and the 1st bag with specimen bottle into the 2nd bag. Clean your hands thoroughly with soap and water afterwards.