Information Sheet on Deep Throat Saliva (DTS) Collection

- **DTS specimen must be submitted on the day it is collected and at designated collection points.** Please refer to https://www.coronavirus.gov.hk/eng/early-testing.html for the locations and opening hours of collection points.

- **Do NOT eat, drink, brush your teeth or gargle within 2 hours before DTS collection.**

- **Please collect DTS at well ventilated space, and maintain at least 2-metre distance with others.**

- **After DTS collection, seal all the used items, including the paper cup funnel, into a garbage bag, and dispose properly in covered rubbish bin. **DO NOT put the used paper cup funnel into the specimen bag.**

- **Children or other persons in need should collect DTS under assistance. If they cannot follow the steps below, consider alternative specimen collection methods.**

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**Step 1 Preparation**

- Fill in the laboratory form. Do NOT drink or pour away the transport medium inside the specimen bottle.
- Place the specimen bottle, paper cup funnel and two specimen bags on a clean surface. **Cut off the tip of the funnel.** Prepare tissue paper and open the specimen bag so that later you can put the specimen bottle into the bag easily.
- Clean your hands thoroughly with soap and water and then wipe dry. If you use alcohol-based handrub, remember to wait until your hands are completely dry.

**Step 2 Specimen collection**

- Take a breath and make "Kruuna" sound from the throat to clear saliva from deep throat. **Repeat at least 3 to 5 times to get enough DTS.**
- Spit DTS (around 4 ml) into the specimen bottle through the funnel to avoid contamination of the bottle surface.
- Close the lid of specimen bottle tightly to ensure no leakage of saliva.

**Step 3 Specimen submission**

- Clean the surface of specimen bottle with tissue paper. Do NOT use alcohol to clean the bottle surface.
- Put the specimen bottle into the 1st bag. Clean hands thoroughly, then seal the 1st bag carefully. Ensure the bottle is upright and without leakage. Squeeze out extra air from the bag.
- Put the first specimen bag with specimen bottle into the second specimen bag (specimen carrier bag) and seal up carefully. Place the completed laboratory form in the open section of specimen carrier bag. Clean your hands thoroughly with soap and water afterwards.

Note: Specimen bottles might look slightly different from the photo, but the same specimen collection instructions are applicable.