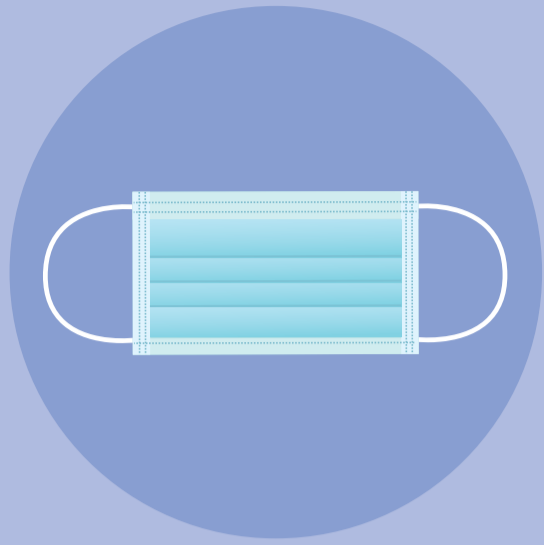


外科口罩 知多一點點

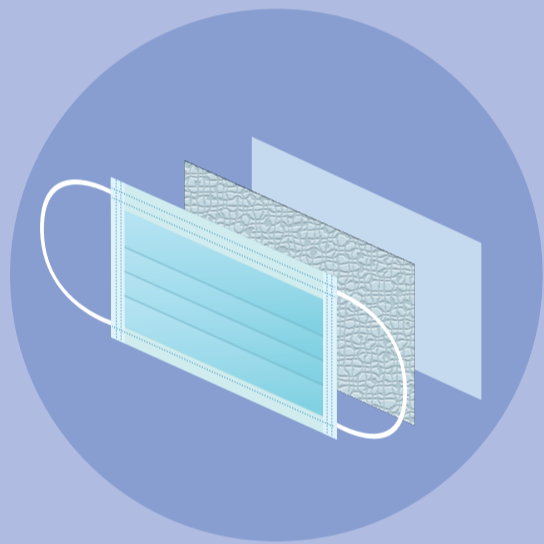
Know more about Surgical Mask



外科口罩是一種較常用的口罩
Surgical mask is a type of face mask commonly used



正確佩戴口罩是預防呼吸道感染的其中一個方法
(在沒有成人監管下，2歲以下幼兒不應使用口罩)
Wearing a mask properly is one of the measures to prevent respiratory tract infection
(Face mask is not recommended for children under the age of 2 years without supervision)



大部份口罩由三層物料組成，
外層防液體飛濺，中層作為屏障阻擋病菌，
內層吸收佩戴者釋出的濕氣和水分
Most masks adopt a three-layer design which includes an outer fluid-repelling layer, a middle layer serving as a barrier to germs, and an inner moisture-absorbing layer



N95口罩只適合醫護人員在特定情況下使用，並需要進行合適測試以決定型號，與及如何使用的訓練
The N95 mask is only suitable for use by medical personnel in specific situations. It requires prior fit test to determine the model and also training on how to use



要預防呼吸道感染，除了佩戴口罩外，
經常保持手部衛生及遵守咳嗽禮儀亦同樣重要
To prevent respiratory tract infection, apart from wearing a mask properly, it is also important to keep hands clean and maintain cough manners at all times



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