

本署檔號 OUR REF: DH/ICB/AMR/1-150/2/6

13 April 2023

Dear Doctor,

**Stay vigilant against antibiotic resistance**

I would like to draw your attention to the latest findings of the Report on *General Public's Knowledge, Attitude and Practice Survey on Antibiotic Resistance 2022* (the Survey) published by the Centre for Health Protection (CHP), and enlist your support in combating antimicrobial resistance (AMR).

The territory-wide telephone survey was conducted in September to October 2022, aiming at examining the awareness and practice of the general public towards AMR in Hong Kong. Among other findings, the Survey revealed that:

- When a doctor's initial assessment indicated that antibiotics are not needed, the vast majority of respondents (96.4%) would accept the doctor's advice to observe for a few more days or to wait for the diagnostic test result before deciding whether to prescribe antibiotics or not.
- More than half (66.3%) of respondents replied that they wanted doctors to share decision making with them on antibiotics prescription.
- Majority (78.8%) of the respondents considered that advice from doctors when prescribing antibiotics were useful in terms of facilitating patients to take antibiotics according to instructions and complete the full course of antibiotics.

The Survey also found members of the public lack knowledge on AMR. For example, less than half of respondents (49.7%) correctly answered that (uncomplicated) cold and flu should not be treated by antibiotics. And, only 44.1% of the interviewees correctly answered that bacteria which were resistant to antibiotics could be spread from person to person. For details of the Survey



report, please visit CHP's Antimicrobial Resistance thematic website at <https://www.chp.gov.hk/en/static/106705.html>

While the CHP will continue enhancing education to the public, you are cordially encouraged to provide patient education on judicious use of antibiotics during clinical encounters, in order to preserve our valuable antibiotics together. You are most welcomed to order hard copies of health education materials by filling in the order form at **Annex** and distribute them in your clinics. In particular, you may wish to distribute the cue card which state the health advice that patients should follow when they take antibiotics. Please reinforce the following messages in order to prevent the spread of the resistant bacteria:

- Practise frequent hand hygiene
- Avoid eating raw or undercooked food
- Disinfect and cover wounds
- Wear mask when you have respiratory symptoms
- Young children with illness should minimize contact with other children

Besides, the CHP has also published guidance notes for family doctors and healthcare professionals as reference about treatments for different common infections and recommends treatment choices, doses and durations of antibiotics available at “Antibiotic Stewardship Programme in Primary Care” website at <https://www.chp.gov.hk/en/features/49811.html>. You may wish to take reference from these guidance notes in managing your patients for common infections.

Thank you for your unfailing support in control of antibiotic resistance in Hong Kong.

Yours faithfully,



(Dr Edmond MA)

for Controller, Centre for Health Protection  
Department of Health

**Request Form for Printed Health Education Materials on Antimicrobial Resistance**  
**Infection Control Branch, Centre for Health Protection, Department of Health**  
**衛生署衛生防護中心感染控制處印刷「抗菌素耐藥性」健康教育資源索取表格**

Please return the completed form by email, fax or post to the office

請將填妥的表格以電郵、傳真、或郵寄方式交回辦事處

Office Address	Email	Fax	Enquiry No.
辦事處地址	電郵	傳真	查詢電話
Antimicrobial Resistance Division, Infection Control Branch, Centre for Health Protection, Department of Health G/F, 147C Argyle Street, Kowloon, Hong Kong 香港九龍亞皆老街 147C 號地下 衛生署衛生防護中心感染控制處抗菌素耐藥性事務科	aco_icb@dh.gov.hk	3523 0752	2125 2912

We will inform you the arrangement for collection upon receipt of your request form.

我們收到你的索取表格後，會通知你領取的安排。

**Requesting Party 索取人**

Name 姓名：\_\_\_\_\_

Fax No. 傳真：\_\_\_\_\_

Organisation 所屬機構：\_\_\_\_\_

Email Address 電郵地址：\_\_\_\_\_


Contact No. 電話：\_\_\_\_\_

Date 日期：\_\_\_\_\_

**Notes to Applicants 申請者須知**

1. The Department of Health reserves the right to decide on the quantity of materials provided.  
衛生署保留決定所提供教材數量的權利。
2. No duplication or extraction is allowed for any materials provided without prior consent from the Department of Health.  
未經衛生署授權，不可複製或擷取教材內容。
3. All applied health education materials can only be used for non-profit making health promotion purposes.  
所有索取所得的健康教育資源只可作非牟利健康促進之用。
4. Corresponding health education materials can be viewed on the Antimicrobial Resistance Thematic Webpage at <https://www.chp.gov.hk/en/features/104147.html>  
相關健康教育資源可經「抗菌素耐藥性」專題網頁瀏覽（<https://www.chp.gov.hk/tc/features/104147.html>）。

Material Type 教材類別	Language 語言	Material Title 教材標題	Quantity 數量
Cue Card 提示卡	Bilingual 雙語	<p>Tips for Taking Antibiotic 使用抗生素注意事項</p>  <p>The card is divided into two columns. The left column is titled 'Antibiotics to cure infection also kill the normal bacteria in your body and put you at risk of acquiring superbugs. To protect you and your family, you should:' and lists five points: 1. Practise frequent hand hygiene, 2. Eat or drink only thoroughly cooked and boiled items, 3. Disinfect and cover wounds, 4. Wear mask when you have respiratory symptoms, 5. Young children with illness should minimize contact with other children. The right column is titled '治療感染的抗生素同時會殺死您身體內的正常細菌，增加耐藥性細菌滋生的風險。為保障您與家人，您應該：' and lists five points: 1. 時刻保持手部衛生, 2. 食水和食物必須徹底煮沸及煮熟, 3. 消毒及覆蓋傷口, 4. 當有呼吸道感染徵狀時戴上口罩, 5. 患病的幼童應減少接觸其他兒童. Both columns include QR codes and logos for the Centre for Health Protection and Department of Health.</p>	
Poster 海報	Bilingual 雙語	<p>Never take Antibiotics without a prescription Consult your doctor first 抗生素要處方 問醫生最妥當</p>  <p>The poster features a cartoon doctor character holding a sign that says 'Rx 傷風/感冒 Cold/flu Antibiotics X 抗生素'. Below the sign, it says '多喝水 Drink plenty of water' and '多休息 Have adequate rest'. A small panda character is also present. At the bottom, it states '抗生素只對治療細菌感染，對病毒感染（如傷風感冒）完全無效。 Antibiotics are effective against bacterial infections but not viral infections such as colds and flu.' Logos for the Centre for Health Protection and Department of Health are at the bottom.</p>	<p>A2 size: _____</p> <p>A3 size: _____</p>
Poster 海報	Bilingual 雙語	<p>Combat Antimicrobial Resistance Proper use of Antibiotics 應對耐藥性 正確使用抗生素</p>  <p>The poster is titled '應對耐藥性 正確使用抗生素 Combat Antimicrobial Resistance Proper use of Antibiotics'. It is divided into two main sections: '宜 Do's' and '忌 Don'ts'. The 'Do's' section includes: '只服用醫生處方的抗生素 Only take antibiotics prescribed by doctors' and '遵照醫生的建議服用抗生素 Follow doctor's advice when taking antibiotics'. The 'Don'ts' section includes: '向醫生要求抗生素 Demand antibiotics from doctor', '與他人共用抗生素 Share antibiotics with others', '病稍好便自行停用抗生素 Stop taking antibiotics by yourself when feeling better', and '服用剩餘的抗生素 Take leftover antibiotics'. Logos for the Centre for Health Protection and Department of Health are at the bottom.</p>	<p>A2 size: _____</p> <p>A3 size: _____</p>

Material Type 教材類別	Language 語言	Material Title 教材標題	Quantity 數量
Pamphlet 單張	Bilingual 雙語	<p>URTIs – Do you really need antibiotics? 上呼吸道感染 你真的需要抗生素嗎?</p> 	
Pamphlet 單張	Bilingual 雙語	<p>Be Smart! – What you should know about antibiotics 要精明! 抗生素知識你要知</p> 