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衛生防護中心
Centre for Health Protection

Infection Control Branch

**Health Advice on Prevention of Coronavirus disease (COVID-19)
for returnees
(Interim)**

Please visit the following websites for disease information, affected areas and updated information related to COVID-19:

- (a) The Government's website on COVID-19
<https://www.coronavirus.gov.hk/eng/index.html>
- (b) Health quarantine arrangements on inbound travelers
<https://www.coronavirus.gov.hk/eng/inbound-travel.html>
- (c) Countries/areas with reported cases of Coronavirus Disease-2019
https://www.chp.gov.hk/files/pdf/statistics_of_the_cases_novel_coronavirus_infection_en.pdf

2. Health advice for returnees

The Department of Health (DH) advises all returnees should take the following precautionary measures to minimise the risk of contracting and spreading COVID-19:

- (a) Maintain good personal hygiene and adopt infection preventive measures when travelling outside Hong Kong.

- (b) Consult a doctor promptly in the place where you are if experiencing a fever, cough, sore throat, sudden loss of taste/smell or other symptoms. Do not continue traveling so as to minimize the risk to yourself and others.
- (c) Wear a mask in the airport and on board the aircraft as far as feasible, except where otherwise specified, such as for security checks.
- (d) Keep social distancing with other passengers if feasible.
- (e) If symptoms develop on the aircraft, inform the aircrew member. The aircrew member then notifies the ground control centre and the Port Health Division of DH according to the procedure. Staff from the Port Health Division would follow up the patient upon arrival.
- (f) Complete the health declaration form in detail and follow instructions from the Port Health Division after arrival.
- (g) Take a shower or bath and wash your hair after flight, and wash your clothes properly.
- (h) Within the 14 days of returning from the affected areas, observe for health condition, put on a mask and follow health quarantine arrangements on inbound travellers.
- (i) If develop a fever, respiratory symptoms or sudden loss of taste/smell during the quarantine period, call the hotline of DH immediately for advice. In case fever or respiratory symptoms develop after the quarantine period, consult a doctor promptly and tell the doctor any recent travel history.

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