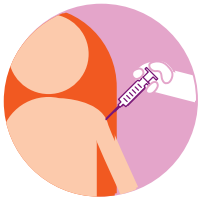


# Prevent Antibiotic Resistance

Parents and children



Ensure that vaccination of your children is up-to-date



Follow your doctor's advice when taking antibiotics



Do not demand antibiotics from your doctor



Practise frequent hand hygiene



Do not stop taking antibiotics by yourselves even if you are feeling better



90%

of upper respiratory tract infections\* and most gastroenteritis do not need antibiotics

\*such as common cold and influenza that are of viral origin



Centre for Health Protection



Antimicrobial Resistance  
Thematic Webpage,  
Department of Health



Department of Health

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