Prevent Antibiotic Resistance

Parents and children

Ensure that vaccination of your children is up-to-date

Follow your doctor's advice when taking antibiotics

Do not demand antibiotics from your doctor

Practise frequent hand hygiene

Do not stop taking antibiotics by yourselves even if you are feeling better

90% of upper respiratory tract infections* and most gastroenteritis do not need antibiotics

*such as common cold and influenza that are of viral origin

Centre for Health Protection

Antimicrobial Resistance Thematic Webpage, Department of Health

Department of Health

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