Prevent Antibiotic Resistance

Patients

Practise frequent hand hygiene, especially before eating and taking medicine, and after going to the toilet.

Maintain cough etiquette, wear a mask if you have respiratory symptoms.

Follow your doctor’s advice when taking antibiotics.

Do not demand antibiotics from your doctor.

Ensure that your vaccination is up-to-date.

Centre for Health Protection Website
www.chp.gov.hk