

Prevent Antibiotic Resistance

Patients



Practise frequent hand hygiene, especially before eating and taking medicine, and after going to the toilet



Maintain cough etiquette, wear a surgical mask if you have respiratory symptoms



Follow your doctor's advice when taking antibiotics



Do not demand antibiotics from your doctor



Ensure that your vaccination is up-to-date



Centre for Health Protection



Antimicrobial Resistance
Thematic Webpage,
Department of Health



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