Prevent Antibiotic Resistance

Patients

Practise frequent hand hygiene, especially before eating and taking medicine, and after going to the toilet

Maintain cough etiquette, wear a surgical mask if you have respiratory symptoms

Follow your doctor's advice when taking antibiotics

Do not demand antibiotics from your doctor

Ensure that your vaccination is up-to-date

Centre for Health Protection

Antimicrobial Resistance Thematic Webpage, Department of Health

Department of Health

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