

預防手足口病 Prevention of Hand, Foot and Mouth Disease

保持雙手清潔
Keep hands
clean



保持良好的個人
及環境衛生
Maintain good
personal and
environmental
hygiene



不要共用毛巾或
其他個人物品
Do not share
towels and
other personal
items



咳嗽或打噴嚏時應
用紙巾掩蓋口鼻
Cover nose and
mouth with tissue
paper when
sneezing or
coughing



當學校或院舍爆發手足口病期間，
避免集體活動

Avoid group
activities when
hand, foot and
mouth disease
outbreak occurs
in school or
institution



清潔和消毒常接觸的
物件，如傢俬和玩具
Clean and disinfect
frequently touched
objects such as
furniture and
toys



衛生防護中心
Centre for Health Protection



衛生防護中心網站 Centre for Health Protection Website

www.chp.gov.hk



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Health Education Infoline of
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