

預防病毒性腸胃炎

Prevention of Viral Gastroenteritis



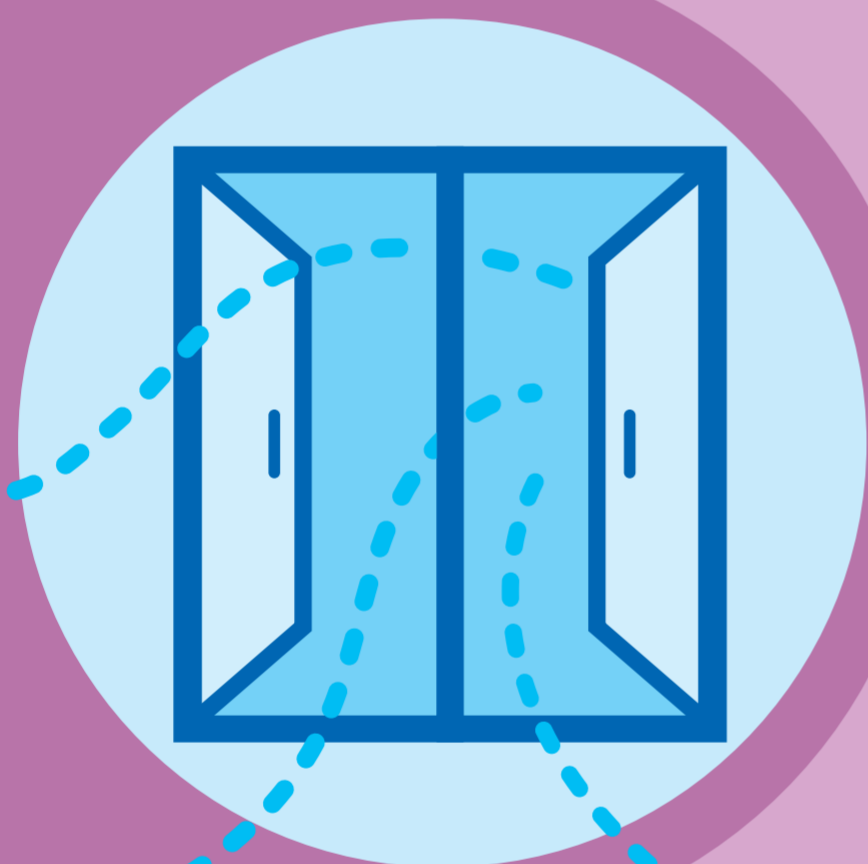
處理食物或進食前、
如廁後、處理嘔吐物、
糞便或更換尿片後應
徹底洗手

Wash hands thoroughly
before handling food or
eating, and after using
the toilet, handling
vomitus or faecal matter
or changing diapers



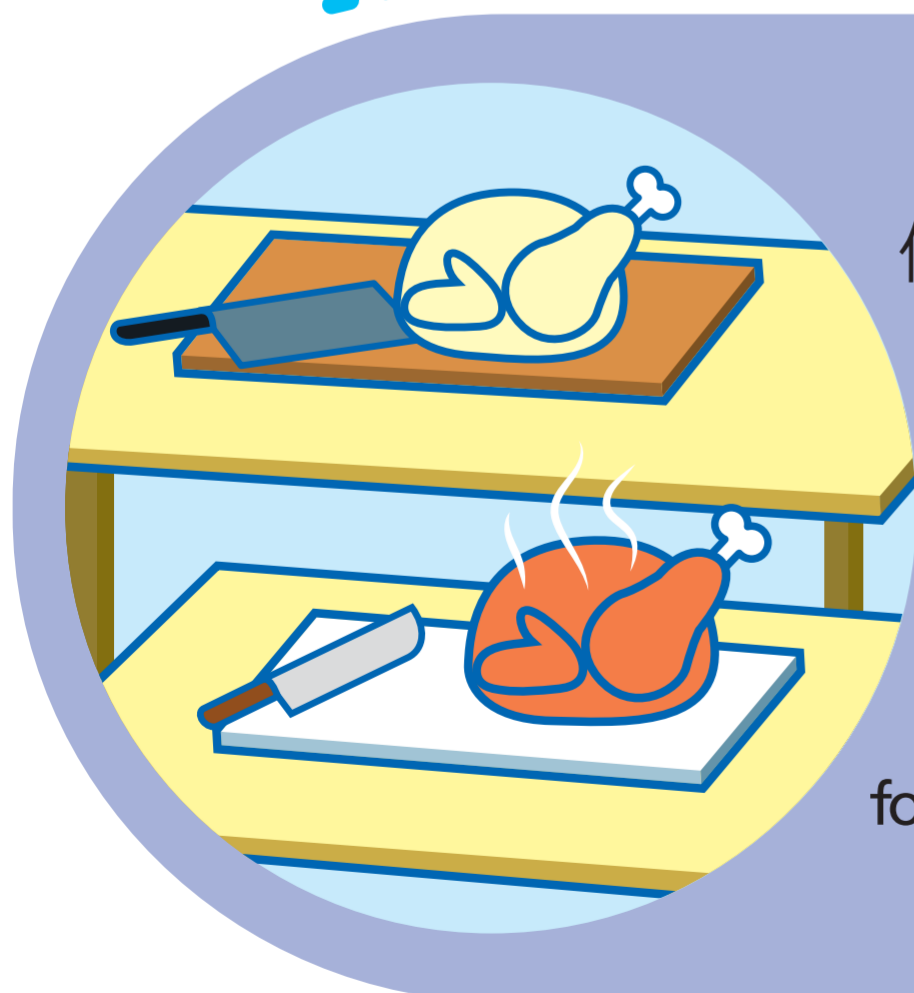
處理嘔吐物或
糞便時，須戴上
手套及外科口罩
Wear gloves
and a surgical
mask while
handling vomitus
or faeces

保持室內
空氣流通
Maintain
good
indoor
ventilation



以稀釋的家用漂白水(以一份
含 5.25%次氯酸鈉的漂白水
加 49份水)清洗和消毒受
污染的地方或物件

Clean and disinfect
contaminated areas or items
with diluted household
bleach (by adding one part
of bleach containing 5.25%
sodium hypochlorite to 49 parts
of water)



使用不同的
用具處理生
及熟的食物

Use separate
utensils to
handle raw
and cooked
food



食物(特別是貝殼類
海產)應徹底煮熟才可
食用

Cook food, particul ar
shellfish, thoroughly
before consumption



衛生防護中心
Centre for Health Protection



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衛生署健康教育專線
Health Education Infoline of
the Department of Health

2833 0111



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二零一九年十二月修訂
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