



食肉菌感染

Flesh-eating infection

創傷弧菌引致的壞死性筋膜炎

Necrotising Fasciitis caused by *V. vulnificus*

傳播途徑

透過外露傷口接觸到海水、處理生的海產時遭割傷，或進食生或未經煮熟的貝殼類海產

病徵

患者可能感到劇烈的疼痛
皮膚可能出現發熱及紅腫，並快速擴散
患處可能會有潰瘍、水疱或黑點

高危群組

患有肝病、癌症、糖尿病、地中海貧血、免疫系統疾病或接受免疫抑制治療的長期病患人士

預防方法

- 避免傷口接觸海水或生的海產
- 盡快清潔傷口，並用防水敷料妥善覆蓋傷口直至癒合
- 前往街市時，避免皮膚接觸污水
- 留意海產的尖刺部份，如魚鰭、蝦頭和蟹等以免被刺傷
- 在處理生的海鮮時，應戴上保護衣物(例如手套)及覆蓋所有傷口
- 徹底煮熟海產，避免進食生蠔或生的貝殼類海產



Mode of transmission

Acquired from exposure to seawater through an existing open wound or puncture wound caused by handling raw seafood, or through eating raw or undercooked shellfish

Clinical features

The patient may experience intense and severe pain, and the skin of the patient may be warm with a reddish swelling that spreads rapidly
There may be ulcers, blisters or black spots

High risk groups

People with underlying medical conditions such as liver diseases, cancer, diabetes mellitus, thalassemia, impaired immune response or receiving immuno-suppressing therapy

Prevention

- Avoid having wounds coming into contact with seawater or raw seafood
- Clean wounds immediately and cover properly with waterproof adhesive dressings until healed
- Avoid skin contact with dirty water when visiting wet market
- Be careful with sharp parts of seafood, such as fish fins, shrimp heads and crabs to prevent cuts
- Wear protective clothing (e.g. gloves) and cover all wounds when handling raw seafood
- Cook seafood thoroughly; avoid eating raw oysters or shellfish

