

慎防一「叮」

防蚊防蟲我至醒

Beware of stings

Protect ourselves from
vector-borne diseases



穿著寬鬆、淺色的長袖上衣及長褲

Wear loose, light-coloured
long-sleeved tops and trousers



於外露的皮膚及衣服
塗上含避蚊胺 (DEET)
成分的昆蟲驅避劑

Use DEET-containing
insect repellent on
exposed parts of
the body and clothing

防止蚊蟲滋長
Prevention of
vector proliferation



出外旅遊，須做足預防措施
Take preventive measures for
vector-borne diseases
when travelling

